

## Alumnus learned value of exploring while at Lab

**BY TALIA GOERGE-KARRON**  
EDITOR-IN-CHIEF

After drawing a standing ovation from U-High as an alumnus speaker last fall, 1990 graduate Dr. Howard-John Wesley will return to speak to the Class of 2017 at commencement June 8. For Dr. Wesley, this is not only an honor but also a chance to return to the place where he developed confidence for any learning environment.

“Afterwards, when I was in contact with people who did not have the benefit and blessing of the rigorous education I had, I began to realize how very confident I was in any environment,” Dr. Wesley said. “I could walk into any classroom and believe that: one, I was not going to be the dumbest one in there, and two, that what was shared I had the capacity to learn. I’m not saying that everything came easy, but there was a confidence of knowing that if I put my best effort forward that I would be able to conceive whatever was being taught.”

Dr. Wesley is working toward a Ph.D. in African-American Preaching and Sacred Rhetoric from the

Christian Theological Seminary in Indianapolis. Today, Dr. Wesley works as a pastor at the Alfred Street Baptist Church in Alexandria, Virginia, which has over 7,000 constituents. Dr. Wesley sees his role as a pastor, friend, educator and leader.

He said U-High English teacher Darlene McCampbell left the greatest impact on him as a person. She taught him to love Shakespeare and helped him refine his analysis of texts, which he does every week as he creates sermons and studies the Bible.

“That’s what I do as a pastor,” Dr. Wesley said. “I read sacred texts and help people understand the meanings and the implications for their lives. It was Darlene McCampbell that exposed me to that ability. To read between the lines, to be analytical, to be able to write correctly.”

At Duke University, Dr. Wesley initially studied biomedical engineering, but later decided to follow his calling and went to theological seminary. Dr. Wesley wants students to realize that what they are good at doing is not necessarily



PHOTO COURTESY OF ALFRED STREET BAPTIST CHURCH

**STUDYING TO INSPIRE.** Howard-John Wesley studies a text in the library at the Alfred Street Baptist Church in Alexandria, Virginia. He credits his ability to analyze texts to U-High English teacher Darlene McCampbell.

their path in life.

“One piece of advice I will share in the commencement speech is that you have to explore,” Dr. Wesley said. “You have to see the

world, and you have to try different things. Don’t allow yourself to be locked and limited into one set gift because that may not be the one that brings you the greatest

**Biography:**

**High-School:** Graduated from U-High in 1990.

**College:** Attended Duke University to study biomedical engineering, but later chose to attend a theological seminary.

**Career:** Currently works as a pastor at the Alfred Street Baptist Church.

**Higher Education:** Working toward a Ph.D. in African-American Preaching and Sacred Rhetoric from the Christian Theological Seminary.

joy.”

In his commencement speech, Dr. Wesley said he wants to impart to seniors that the greatest achievement is one’s impact on others.

He said he will have several pieces of advice for graduates. He said, “The biggest would be the greatest joy they’re going to experience will never be by what they achieve, but rather by what they give.”

## Principal starts advisory group

**BY TALIA GOERGE-KARRON**  
EDITOR-IN-CHIEF

Students can apply to join a new committee to advise Principal Stephanie Weber next year. In a post on Schoology, Ms. Weber said she wants the Principal’s Advisory Council to increase student involvement and to create



Stephanie Weber

a dialogue between students and adults.

“I don’t know what it is like to be a high school student here,” Ms. Weber said. “I never will. Everything we (administrators) do is about designing the student experience, so without input from students who are living that experience, I don’t have a full picture, which is important to understand.”

Members of the council will include the All-School President Elizabeth Van Ha and the class

vice presidents. The council will also include grade-level representatives who have to apply before being accepted.

The application deadline is tomorrow, June 2, and decisions will be announced June 7.

The council will meet twice a month and use discussion groups to further consider other topics.

To apply, students must answer the questions about community, transparency and Lab values, and explain topics that should be a priority for the committee.

## Director candidate visits school

**BY SAMIRA GLAESER-KHAN**  
NEWS EDITOR

After a tumultuous year searching for a new director, the Search Advisory Committee took the next steps toward hiring by inviting finalist Charlie Abelmann to Lab on May 18 and 19. However, no announcement had been made as of May 30.

The committee described Mr. Abelmann as “especially promising and keenly interested in Lab” in an official notice posted on the school’s website.

As a result of the availability of the other finalists, the school is planning to have a new director begin work at the latest by summer 2018. Interim Director Beth Harris has agreed to stay throughout next year if need be. However, Dr. Abelmann stands out because he would be available to start work this summer.

Dr. Abelmann has a bachelor’s degree from Duke University and received both M.Ed. and Ed.D. from the Harvard University Graduate School of Education.

He was previously the head of the Barrie School in Maryland.

“The things that strike me as being great about this school are the sense of voice and acceptance,” Mr. Abelmann said.

After his visit to the school, Mr. Abelmann has already developed a vision for Lab.

“I think the connection with the university can go a lot deeper. The best partnerships are reciprocal, so my framework is what can the university do for Lab, and what can Lab do for the university?”

### MITES OF MAY



MIDWAY PHOTO BY SAM FLEMING

**BUILDING COMMUNITY.** Juniors Madeleine Ward-Schultz and Isabella Light prepare a booth at the Rites of May, which took place on May 20. Besides having indoor booths, there were also outdoor games and ethnic food.

## Labstock helps relieve stress from finals, fosters community

**BY SAM FLEMING**  
CHICAGO LIFE EDITOR

Labstock, U-High’s annual student music festival, will return this year on June 2 in Kenwood Mall. Students are invited to gather and listen to performances by their fellow classmates, while members of Student Council grill and the Prom Committee sells food.

Labstock is supposed to create a relaxed and fun environment for students and offers

a break from end-of-the-year stress.

“Labstock allows students to come together and hang out in a chill environment, which I feel is always a relief, especially while preparing for finals,” All-School Cultural Union Vice President Florence Almeda said.

She also reinforced the need for performers this year. A Google form has been posted to class Facebook pages so that students can sign up to perform, and performance ap-

plications will be accepted until the end of May.

Since Labstock was such a big success last year, Student Council saw little need to change much, but All-School Cultural Union President Florence Almeda thinks the event only needed a few changes to make it a little better.

“One thing that’s a little different is we might put out a few yard games on the side for in between performances,” Florence said.

**Perform at Labstock:**

To be part of the event, submit to this form or contact Megan Moran or Florence Almeda.

**Google form:** [tinyurl.com/ybjqhql7](https://tinyurl.com/ybjqhql7)

**Deadlines:** Applications will be accepted through the end of May

**Time and location:** June 2 on Kenwood Mall

### INSIDE

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# With May Project, seniors follow passions

BY NATALIE GLICK  
DEPUTY EDITOR

Fashion, internships and travel are just some of the opportunities that seniors chose to partake in during May Project, the time-honored tradition where U-High seniors get the chance to leave the halls of Lab and take a step into the real world. Each student picks their own way to spend the month, and the opportunities are almost endless.

Seniors will present their projects to the school community today from 12:30-3 p.m. and 6-8 p.m. in Upper Kovler Gym.

Ariel Toole chased her fashion-loving side, choosing to design and make clothes.

“Fashion is a really big part of my life,” she said, “and because school and my other extracurricular activities take up so much time I decided to focus on my passion, fashion, for the month of May.”

In order to both experience travel and explore a career option, Kendra Nealey and Alex Rodman volunteered at an animal hospital in the Caribbean island nation of Trinidad and Tobago.

“I picked the project because I have a strong interest in medicine and being some sort of doctor in the future,” Kendra said. “I’ve never had a job before, so working in the clinic really opened my eyes to what it’s like to be a part of a professional job.”

Danny Rubin also chose to ex-

*“Being creative and being able to relax is the best part of May project. It’s nice to take a step back from school and see how much my skills have grown.”*

— Ariel Toole

plore a profession. Danny stayed close to home by working with the Chicago Bulls through BMO Harris Bank.

“I always knew I wanted to explore the business aspects behind sports industry,” Danny said, “so I reached out to someone at BMO, and they offered to have me do a project for them within their social media and corporate sponsorship field.”

He is exploring different types of social media and suggesting ways the bank can use their assets and partnership with the Bulls to expand in certain areas and create more recognition of the bank.

For Ariel, the best aspect of her project is being able to look back and see how far she has come with her skills as a designer.

“Being creative and being able to relax is the best part of May project,” Ariel said. “It’s nice to take a step back from school and see how much my skills have grown through the years.”

Danny has enjoyed meeting and



MIDWAY PHOTO PROVIDED BY KENDRA NEALEY

**LEARNING FROM PROFESSIONALS.** Kendra Nealey listens to the heartbeat of a dog for her May Project at an animal hospital in the Caribbean island nation of Trinidad and Tobago. Other students’ projects were as varied as fixing a car, hiking in Olympic National Park and making a podcast.

animals during dental surgeries looking at heart rate, oxygen saturation, blood pressure and breaths per minute,” Kendra said “I Also monitored animals during much more challenging surgeries such as neuters and spays. We’d chart these different numbers and look for any abnormalities while the doctor performed the surgery.”

Kendra has been able to broaden her knowledge of medicine and animals through tasks like cleaning cages, holding pets and keeping them calm while they receive shots. She has even been able to assist in surgery.

“I have been able to monitor

## Clubs select new leaders

### Quiz Bowl

New Quiz Bowl leaders include student coaches **Derek de Jong**, **David Pan** and **Dheven Unni**.

“My plans for next year is to ‘expand’ the club,” Derek said, “because we have like no one on the team, and more people is always good. This year we went on one tournament. My goal is really to try and like expand the program, go to more tournaments, and be better in general.”

### Spectrum

New Spectrum leaders include **Charlotte Goldberger**, president; **Z VanderVelde**, vice president; **Emma Meyers**, treasurer; and **Eva Griffin-Stolbach**, public relations.

“We haven’t completely finalized our plans,” Charlotte said, “but we were considering making, in the first quarter a potluck to let allies know that they are the most welcome to our club as well. In the second quarter, we were planning on making perhaps like a school dance for LGBT people with another school, and the last quarter, we were considering making a little get-together picnic at the Point.”

### Finance Club

New Finance Club leaders include **John Grissom**, president; and **Ethan Tyler**, vice president. The rest of the board includes **Otto Brown**, **Ben Cifu**, **Gabe Fioramonti-Gorchow**, **Roxanne Nesbitt** and **Dheven Unni**.

— GRACE ZHANG

### Jewish Students' Association

Officers include **Jonathan Ruiz**, president; **Nathan Appelbaum**, vice-president; **Leah Edelson**, treasurer; **Annie Billings**, secretary; and **Jason Coe**, member at large.

### Asian Students' Association

Officers include **Victoria Gin**, president; and **Chantalle Dupont**, vice president.

“My goal for next year is to make ASA a safe space where people can talk about personal experiences relating to their identity and culture,” Victoria said. “Additionally, I hope to work with middle school ASA on some of their events. I was also president last year as well. I think ASA has improved tremendously from last year and I am excited to work again with the board and the club as a whole.”

### Muslim Students' Association

Officers include **Sahar Siddiqui** and **Matt Atassi**, co-presidents; **Nolan Issa**, publicist; and **Henry Cassel**, treasurer.

“Really our main goal is to educate the student body, staff and parents about the beauty and humility of Islam and its culture. Especially in recent times, certain, often negative, portrayals of Islam have become popular. Our goal is to show how admirable and inclusive Islam is in its true form” Matt, said.

— IVÁN BECK

### Black Students' Association

Officers include **Saige Porter**, president; **Jordyn Mahome**, vice president; **Destiny Strange**, secretary; **Robert Coats** and **Soundjata Sharod**, public relations; and **Lea Runesha**, Liaison.

“BSA plans to be even more active in student body activities. We will collaborate with other cultural clubs in an effort to make a better connection with them”, Saige, a sophomore, said.

— KATERINA LOPEZ

# Three girls recognized for computer science

BY ABBY SLIMMON  
MIDWAY REPORTER

Three U-High students won awards from the National Center for Women & Information Technology for their interest and involvement in computer science.

Junior Helena Abney-McPeck won an honorable mention at the national level and sophomores Roshni Padhi and Ruxi Nicolae won honorable mention at the regional affiliate level. Roshni, Ruxi and Helena are all involved in Code@Lab.

“It’s not an achievement award,” computer science teacher Daniel Wheadon said. “It’s more about the essay that they write and how they express their desires to go into computer science. Winning the award helps them pursue their passion.”

Ever since Helena took Intro to Computer Science as a freshman, she has always gotten some satisfaction out of programming.

“I can’t pinpoint exactly what it is, but I have always gotten a cer-

tain type of joy out of using a programming language. There’s something about it that has always fascinated me and drawn me in,” Helena said. “I think that in a lot of cases, like mine, the pro-women mindset is a result of the love of computer science and grows out of our experiences as women who love computer science.”

For all three girls, it’s impossible to be a female computer scientist without being conscious of the fact that they are some of the only ones.

“I think this is what tends to drive away girls from computer science, as well as math, and other STEM fields in general, at the middle school and early high school levels” Helena said.

All three girls applied for the aspiration in computing award with



Roshni Padhi



Ruxi Nicolae



Helena Abney-McPeck

an online application which was due in November. The results were announced in February.

“The award is basically about encouraging girls in STEM and especially in computer science. It connected me to a community of women that have similar interests and experiences,” Roshni said.

For Ruxi, winning an award from the National Center for Women & Information Technology has opened doors in computer science and has introduced opportunities.

“After you win an award you enter a community of other previous winners. There’s a Facebook group,

and you get a ton of scholarship opportunities. They can trust you because you won an NCWIT award,” Ruxi said.

Ruxi is the director of finance for a nonprofit called Girls Make Apps. She got the opportunity to apply for this position because she won an award from NCWIT.

“Currently we are making a hackathon, which is a mix between different coding classes and a coding competition,” Ruxi said.

NCWIT also has a program called AspireIT where high school girls teach younger girls about coding and serve as role models for them.

Helena said that due to her win, she was invited to join AspireIT as a mentor.

By that time, Helena had already founded her own program similar to AspireIT, called CoderGals.

It’s a program all about teaching third through fifth grade girls how to code along as well as discuss female scientists and their contributions.

## NEWS IN BRIEF

### Students qualify for National History Fair

AT United States History students who placed in the Illinois State History Day competition will compete on June 11-15 at the history fair nationals in Maryland. Drawing inspiration from the year’s theme, “Taking a Stand in History,” U-High students presented their research in the form of either a paper or a documentary.

Winners include Jennifer Wang and Nikki Han, who placed first and second respectively in the paper writing division, and Zoe Goldberger, James Dill, Briana Garcia, Emma Meyers and Katya Edwards who took first place with their documentary about Jane Addams.

Nikki explained that she wrote her paper on William H. McNeill, a Lab School alumnus. To prepare for nationals, she has strength-

ened her paper by proofreading several more times and expanding her resources. Briana is excited to compete against other states and is working hard to prepare for nationals. Judges will consider how well the film it fits the theme and will ask questions about the content and production process.

“We’re expecting the questions to be much harder, so we have to make sure to know our topic well, so that we’re able to answer the questions to the best of our ability,” Briana said. “Of course I’m hoping that our group can win or get a place ... and I’m looking forward to hearing what the judges have to say about our documentary.”

— KATERINA LOPEZ

### Midway wins again

The U-High Midway was again named best print publication and best overall publication for smaller

schools in Illinois by the Illinois Journalism Education Association. The paper placed first in 22 of 23 categories entered, and earned 40 total individual or team awards, within their division. The stories submitted to the contest ranged from March 2016 to March 2017.

The Midway also placed first for best use of social media and best overall design.

— NATALIE GLICK

### End of year will be busy

With finals, graduation celebrations and awards presentations for both academic and athletic achievements, the last week of school will be packed with activities. Students have Prom, May Project presentations, graduation and Labstock to look forward to.

Prom will be Saturday, June 3, at the Peggy Notebaert Nature museum. Tickets cost \$120, and include a full dinner.

Faculty members will join se-

niors one final time before graduation, at a luncheon next Wednesday, June 8, from 11:30 a.m. to 1 p.m. in Ida Noyes Hall. Graduation will be next Thursday, June 8, at Rockefeller Chapel from 2-4 p.m. A reception in honor of the Class of 2017 will be held immediately following the graduation ceremony until 7 p.m. at the Summer Garden at the Booth School of Business across Woodlawn Avenue from Rockefeller Chapel.

There will be a special schedule for the last week of school. On Monday all classes will meet for 40 minutes, advisory will meet for 10 minutes and lunch will go until 1:10 p.m. The science finals will be on Tuesday, and the math finals will be on Wednesday. No other classes will meet on Tuesday or Wednesday.

Grade reports will be available in PowerSchool June 12 after 3 p.m.

— MAX GARFINKEL



# Tuition a heavy factor to weigh for college

## College applicants must recognize financial diversity

BY JACOB POSNER  
FEATURES EDITOR

As current sophomores and juniors enter into a more college-intensive phase of their high school careers — beginning to weigh their post-graduation options — many will worry about yet another aspect of their college decision: price.

According to the Lab School's website, approximately 10 percent of Lab students receive some sort of need-based aid. Students with a parent who works for the Lab Schools or in some positions at the University of Chicago receive a substantial discount on tuition.



Al Dines

However, college counselor Melissa Warehall estimated that around 20-30 percent of Lab graduates typically receive some form of need-based college financial aid.

For example, the Federal Work-Study aid package awards undergraduate and graduate students with part-time jobs. Students can work at the checkout desk at the library, in the admissions office as a tour guide, at the reception desk in dorm lobbies, or for the college's food services, to name a few. According to Ms. Warehall, students usually earn \$1,500-\$3,000 per year.

Even though Lab has such a high



MIDWAY PHOTO BY SOPHIE HINERFELD

**MEETING WITH COLLEGE DEANS.** In a joint breakout group between U-High and U. of C. Charter School Woodlawn May 18, junior Kendall Cunningham writes about her fears and excitements for colleges in an activity. All the juniors then attended the Day With the Deans presentation with college deans from Denison University, the Ohio State University, Reed College and Tufts University.

tuition, it is not as financially homogeneous as one might assume, college counselor Patty Kovacs said. "It's easier to paint the community with broad brush strokes — financially and academically. Our diversity is much deeper than people want to try to understand," Ms. Kovacs said.

Some students do not even know their family's financial situation until they sit down with their

parents and college counselor for the first time, Ms. Warehall said.

Ms. Warehall has also worked with Lab students who must base their college choice almost entirely on price — where they get the largest scholarship.

Despite the diversity of U-High students' financial situations, sophomore Al Dines said it seems like most students do not judge others based on family income.

Al said that she and her parents came to the decision about five years ago that she would have to pay the majority of her college tuition by taking out loans, using her savings and applying for financial aid. She said her parents would pay for books.

Al works at her father's electrical generator company for about five hours per week during the school

*"It's easier to paint the community with broad brush strokes — financially and academically. Our diversity is much deeper than people want to try to understand,"*

— Patty Kovacs, college counselor

year and 20 hours per week over the summer. She saves most of her earnings for college. She said she hopes to transition to a full-time job along with her part-time job this summer — waitress, cashier, camp counselor, whichever earns her the most money.

Al may not have noticed any judgments based on family income, but Ms. Kovacs said there is a potential at Lab for unintended financial competition. Some students and their families may go on fancy, expensive vacations over spring break, while other students will say they are spending time with their families. They may not want to reveal to peers that they must stay home to work.

"People are going to develop that kind of public story," Ms. Kovacs said.

Al said she harbors no resentment toward her parents for leaving the tuition to her.

"It's really expensive, and we've already discussed the fact that you have to learn responsibility some way," Al said. "So if they're helping you, at least you're getting some of it paid for, but you're also learning the responsibility of the real world and paying off your own debts, and not relying on everyone else to pay your way."

# Nearly 1 in 5 graduates bound for Ivy League

BY MICHAEL RUBIN  
MANAGING EDITOR

With this academic year coming to a close, graduating seniors have all finalized their college decisions and are headed for a broader range of schools than last year, with five students leaving the country in pursuit of their higher education.

Nearly one in five seniors is bound for an Ivy League institution, more than double the number of students last year. At least two students will attend each Ivy League institution, except for Harvard University.

The most popular schools chosen by seniors include University of Chicago, 12; University of Michigan, 7; Yale University, 5; Cornell University, 4; Northwestern University, 4; Stanford University, 4; and University of Pennsylvania, 4.

University of Michigan surged in popularity this year as well. This trend is not new to Lab. When Ms. Kovacs first joined the Lab community in fall 1998, U. of M. was one of the most popular schools attended by Lab School graduates.

"Michigan, when I first came here, for the first 10 years, was in either the top one, two or three of the schools Lab school students went to, and then all of a sudden there was a downswing in the students who chose to go there," college counselor Patty Kovacs said. "I think that this year, students who really wanted to accept Michigan did a better means of demonstrating that interest, and that helps. Plus, many of them were admitted to the elite programs within Michigan."

International schools have piqued the interest of more Lab School students than in the past two years.

"We have France, we have Spain, we have Canada, and that's a trend that is nationwide," Ms. Kovacs said. "More and more students are choosing international. There's some real interesting reasons why in terms of global perspectives and educating for a global society. It's also really interesting financially — because it's a lot cheaper."

With no students attending the Massachusetts Institute of Technology or California Institute of Technology, Ms. Kovacs attributes this change to a nation-wide change in post-college mindsets.

"One thing that is happening worldwide is that there is a generation of students who are very concerned about having a job after leaving college," Ms. Kovacs said. "So they kind of want a good rate of return on their college education with a career in STEM, computer science or business. So with MIT, CalTech and U of I, their applicant pools are glutted, there's more potential applicants than ever and the supply hasn't changed in terms of the freshman spots."

College counselors provided a list of post-graduation plans for the Class of 2017, current as of May 24, withholding those of students who did not provide permission to share.

- Barnard College**, Annandale-on-Hudson, New York: Asha Futterman, Zora Navarre  
**Beloit College**, Beloit, Wisconsin: Zachary Volchenbom  
**Berklee College of Music**, Boston: Alexandria du Buclet, Elie Wise  
**Brown University**, Providence, Rhode Island: Liza Edwards-Levin, Ilana Emanuel, Malika Ramani  
**Carleton College**, Northfield, Minnesota: Nicholas Woodruff  
**Case Western University**, Cleveland:

- Rhea Peddinti  
**Colorado College**, Colorado Springs, Colorado: Shoshana Holt-Auslander, Allie Kreitman, Frederick Stein  
**Columbia University**, New York: Alex Gajewski, Nigel Telman  
**Columbia University and Sciences Po Dual BA Program**, New York and Paris, France: Jacob Mazzarella  
**Cornell University**, Ithaca, New York: Tobias Ginsburg, Joshua Kaplan, Kendra Nealey, Christos Nikas  
**Dartmouth College**, Hanover, New Hampshire: Alexander Kaplan, Emma Raffkin  
**Emory University**, Atlanta: Sarah Qadir, Jacqueline Walker  
**Georgetown University**, Washington, D.C.: Andrew Pomposelli  
**Goucher College**, Baltimore, Maryland: Averie Miller  
**Hofstra University**, East Garden City, New York: Reese McCormick  
**Indiana University**, Bloomington, Indiana: Nicholas Telman, Mia Waggoner  
**Johns Hopkins University**, Baltimore: Dhanya Asokumar  
**Kenyon College**, Gambier, Ohio: Eamonn Keenan  
**Lawrence University**, Appleton, Wisconsin: Eliana Whitehouse  
**Mount Holyoke College**, South Hadley, Massachusetts: Becky Wah  
**New York University**, New York: Alexandra Abbey, Kara Coleman, Pria Parsad  
**Northwestern University**, Boston: Wilson King  
**Northwestern University**, Evanston, Illinois: Daniela Garcia, Marissa Martinez, Aran Mehta, Nikita Menta  
**Oberlin College**, Oberlin, Ohio: William Curry  
**Occidental College**, Los Angeles: Charles Marks, Lauren Parks

- Ontario College of Art and Design**, Toronto, Ontario: Charlie Flocke  
**Pepperdine University**, Malibu, California: Andrew Beach  
**Pitzer College**, Claremont, California: Ana Pachicano  
**Princeton University**, Princeton, New Jersey: Isabella Khan, Jonathan Kutasov  
**Reed College**, Portland, Oregon: Simone Einhorn  
**Rice University**, Houston: Athena Chien  
**Scripps College**, Claremont, California: Lucy Ordman  
**Skidmore College**, Saratoga Springs, New York: Lilia Wilson  
**Spelman College**, Atlanta: Alexis Porter  
**St. John's College**, Annapolis, Maryland: Alexander Tyska  
**Stanford University**, Stanford, California: Gabriella Conforti, Jonathan Lipman, Benjamin Wittenbrink, Wanqi Zhu  
**Syracuse University**, Syracuse, New York: Noah Weber  
**Tufts University**, Medford, Massachusetts: Owen Lasko  
**United States Military Academy**, West Point, New York: Brian Brady  
**Universidad Carlos III de Madrid**, Getafe, Spain: Zoe Rebollo Baum  
**University of Arizona**, Tucson, Arizona: Ariel Toole  
**University of California, Los Angeles**: Charlie Sowerby  
**University of Chicago**: Alexander Azar, Pascale Boonstra, Ajay Chopra, Jingyi Jiao, Eui Chan Kim, Sarah Markovitz, Hazel Martello, Hyder Mohyuddin, Tomohiro Sawada, Clyde Schwab, Amar Shabeeb, Katherine Zhang  
**University of Colorado Boulder**, Boulder, Colorado: Wayne Robert Hannah IV, Jacob Silverstein  
**University of Illinois at Chicago**: Adrian Castaneda, Ojus Khanolkar  
**University of Illinois at Urbana-Champaign**: Alexandra Brown,

- Jason Chang  
**University of Michigan**, Ann Arbor, Michigan: Imogen Foster, Bailey Garb, Christopher Kucera, Benjamin Lindau, Shaunak Puri, Daniel Rubin, Myra Ziad  
**University of Notre Dame**, Notre Dame, Indiana: Kyle Adlaka, Julia Gately  
**University of Pennsylvania**, Philadelphia: Paige Fishman, Janine Liu, Delnaz Patel, Eliana Waxman  
**University of Rochester**, Rochester, New York: Tamera Shaw  
**University of San Francisco**, California: Anissa Sanders  
**University of Southern California**, Los Angeles: Criss Edwards, Alexandra Rodman  
**University of Toronto**, Toronto, Ontario: Andrew Heyman, Will Zich  
**University of Wisconsin**, Madison, Wisconsin: David Portugal  
**Vanderbilt University**, Nashville, Tennessee: Taylor Thompson  
**Vassar College**, Poughkeepsie, New York: Alice Carlstrom, Elsa Erling  
**Washington University in St. Louis**: Nicholas Slimmon  
**Wellesley College**, Wellesley, Massachusetts: Annika List  
**Wesleyan University**, Middletown, Connecticut: Oliver Maciak  
**Wheaton College**, Wheaton, Illinois: William Hensel  
**Whittier College**, Whittier, California: Andrea Benitez  
**Yale University**, New Haven, Connecticut: Jameel Alausa, Grobman Ferraro, Benjamin Mathman, Genevieve Liu, Emma Mueller  
**Students who did not provide permission to publish a college choice**: Samuel Adelman, Colleen Baumann, Tamera Carter, Alberto Cattaneo, Elena Graziani, Chavon Hussey, Nikki Kuper, Tiffany Lau.



# BLACK&BLING

## Girls express individuality with prom attire

**BY SAMIRA GLAESER-KHAN**  
NEWS EDITOR

Thoughts about prom have been swirling in senior Katherine Zhang's mind since March. She has searched countless websites and stores trying to find the perfect dress and has been planning her hair and makeup weeks before getting it professionally done. Prom will be a night she never forgets.

Meanwhile, senior Mat Ferraro barely looks at three different suits before settling on one to rent. Before prom, he pops by the barber to get a quick haircut.

Girls put more effort and money into their prom outfit than boys do because there are more opportunities for girls to express their individuality with prom clothing.

Katherine said that one way girls have more opportunity to express their individuality is through unique hair, nails and makeup.

"I'm definitely planning to get my hair, nails and makeup done with my friends," Katherine said. "I think in total I'm probably going to spend an additional \$60. I don't think I'm very good at makeup, so I definitely feel like I want to get it done professionally."

In contrast, most boys don't do much pre-prom preparation besides buying their suits.

"In general, prom is more relaxed for guys," Mat said. "I'm really not planning to do much before prom besides maybe getting a haircut."

Senior Ariel Toole agrees that there is more excitement among girls about prom clothing.

"If a guy goes with a girl as a date to prom, then the guy relies on the girl to plan everything and make sure everything gets done," Ariel said.



PHOTO PROVIDED BY SIMONE EINHORN

**QUEEN BEE.** Senior Simone Einhorn poses in her yellow prom dress. She hopes to become Prom Queen.

Mat thinks that boys are less enthusiastic about prom preparation because there aren't many options to buy unique and different tuxedos.

"Most guys I know are just getting a standard black suit, and it's pretty much the same for all of us. But with girls' prom dresses there is a lot more variation," Mat said. "Also, most guys I know are renting their tuxes, too. There aren't many



MIDWAY PHOTO BY JANIE INGRASSIA

**PROM RED-Y.** On Saturday, junior Sophie Hinerfeld will attend Prom at the Peggy Notebaert Nature Museum. Sophie's vermilion dress was bought on sale from Fame and Partners.

occasions where you could wear that type of clothing later on."

Katherine also does not plan on wearing her prom dress later on, but she still bought her prom dress as opposed to renting it, and she wants to keep it after prom rather than donating it.

"It's kind of memorable," Katherine said. "You are going to have

so many pictures in that dress and have the whole prom experience, so I guess you get kind of attached to it. I really like the dress I chose, and it definitely reflects my personality because I'm more of a reserved person and my prom dress is simple and clean."

Ariel also wants her dress to reflect her personality. Ariel has

*"It's kind of memorable. You are going to have so many pictures in that dress and have the whole prom experience, so I guess you get kind of attached to it. I really like the dress I chose, and it definitely reflects my personality because I'm more of a reserved person and my prom dress is simple and clean."*

—Katherine Zhang, senior

a passion for clothing design, so she chose to design her own prom dress.

"I guess besides being able to match the dress to fit what I like personally, I'm able to showcase my passion for fashion design," she said. "I really enjoyed being able to find different runway trends and putting them together in a final product."

While girls may have more options for prom dresses, the process of finding the right dress can be time-consuming, frustrating and even stressful.

"I began looking for a prom dress in March," Katherine said. "It was fun at first, but then it got kind of frustrating. A lot of prom dresses on the market are really elaborate with lots of sequins and sparkle, but I was looking for something simple."

In the end, Katherine paid \$200 for her dress, though she said she was willing to pay more.

"I wouldn't have minded spending more money if it meant that I got a prom dress that I really loved. For most people, you only have this experience once."

# Alumnus applies lessons instilled at U-High

## Jason Smith found his passion working in and around bookstores

**BY DHEVEN UNNI**  
EDITOR-IN-CHIEF

Books cram every inch of the shelves and are piled high on the tables of the bookstore as visitors mill through the aisles. In the middle of it all is Jason Smith, owner of The Book Table in Oak Park.

A member of the U-High Class of 1990, Mr. Smith has spent much of his life in and around bookstores — he even met his wife while working in one. As current seniors graduate and look to the future, Mr. Smith has used his Lab experience to find his own passions in life, selling books and community service.

"We're an independent bookstore," Mr. Smith said. "My wife and I live in Oak Park, which means that the entire store is geared towards those people. We're there, and we understand them as human beings and we're incredibly involved in the community."

Those community values were cultivated at Lab, where he had similar experiences with bookstores serving the University of Chicago community.

"Hyde Park itself is really an amazing place to be," Mr. Smith said. "If there weren't already such great bookstores in Hyde Park we-

The Book Table  
1045 Lake St.  
Oak Park City  
Hours: Mon.-Sat.: 9 a.m.-9 p.m.  
Sun.: 11 a.m.-6 p.m.

would have opened up there, but we ended up choosing Oak Park — almost the next best thing."

Mr. Smith knows what constitutes a good bookstore, with years of experience in Chicago bookstores before he started The Book Table almost 14 years ago.

"I've been a bookseller for almost 24 years," Mr. Smith said. "I've worked for various Chicago independent bookstores, a total of four before opening The Book Table with my wife. We met at one of the bookstores we worked at, got married and decided we wanted to do something on our own."

While running The Book Table, Mr. Smith served on the board of directors for Housing Forward, a nonprofit that provides aid for the homeless. In his six-year span, he assisted in expanding programs and helped them through a merger.

"We had been supporting it since we first opened the store," Mr.

*"Hyde Park itself is really an amazing place to be. If there weren't already such great bookstores in Hyde Park we would have opened up there, but we ended up choosing Oak Park — almost the next best thing."*

— Jason Smith, U-High alumnus

Smith said. "We would do an annual fundraiser on Black Friday where we would donate 10 percent of all our sales to Housing Forward. We did that for years, and that's how I got to meet the Housing Forward people. They ended up inviting me to join their board."

Mr. Smith stepped down about a year ago after reaching the end of his term limit, but he's glad he could leave his mark on his community.

"They provide a comprehensive solution to homelessness which includes everything from shelters to job training to actual housing," Mr. Smith said. "It's a great organization that I'm certainly very proud to have been associated with. These people are in dire need, we're talking about essential human rights."

Not only did he learn these community values at Lab, but his critical thinking skills were developed



**BOOKS ON THE TABLE.** Lab alumnus Jason Smith started an independent bookstore, "The Book Table," in 2003, with his wife, Rachel. The bookstore serves as a community hub for Oak Park. Mr. Smith served on the board of Housing Forward, a nonprofit agency that helps the homeless.

there as well.

"The great thing about an education in Lab is that it's an impactful education," Mr. Smith said. "As a bookseller, it's important for me to have not only a certain level of knowledge but more importantly the ability to think critically. I need to think critically about books, movies, theater, politics, you name it. People choose to purchase books from us instead of any other source

of books out there because of our ability to make critical decisions, and those are certainly skills that U-High taught me."

While visitors may only see the tables and shelves stacked high with books, only Mr. Smith knows how much of these critical skills went into selecting each book for The Book Table's catalog — skills that current students will carry on as they pursue their own careers.



# 13 Reasons. Multiple controversies.

## Netflix show sparks mental health debate

BY TALIA GOERGE-KARRON  
EDITOR-IN-CHIEF

After the release of “13 Reasons Why” March 31 on Netflix, controversy and debate surrounded the series almost immediately. The graphic depiction of suicide and the mental health portrayal of the protagonist raised concerns among health professionals and advocacy organizations. And in response, some high school students created their own series of positive messages about struggles.

One concern among experts is that teenager viewers of “13 Reasons Why” will replicate what they see on the show. The most serious concern is “suicide contagion,” which is when someone sees a suicide and copies it. After outrage from anti-suicide advocacy groups, Netflix defended the show in a statement but added trigger warnings to the episodes with graphic scenes.

Dr. Anna Mueller, a professor in the University of Chicago Department of Comparative Human Development, explained three contagion types. Suicide clusters are where a few suicides happen in the same community during a short period of time. Media exposure is when suicides increase after a famous person commits suicide. The dyadic effect occurs when someone close to a person commits suicide.

According to a study from the 1970s, in the month after Marilyn Monroe’s suicide in 1962, suicide

**Suicide resources for prevention and discussion:** [sprc.org/sites/default/files/migrate/library/AfteraSuicideToolkit-forSchools.pdf](http://sprc.org/sites/default/files/migrate/library/AfteraSuicideToolkit-forSchools.pdf)

**Suicide Prevention Hotline:**  
[suicidepreventionlifeline.org/](http://suicidepreventionlifeline.org/)

rates increased by 12 percent due to media exposure.

A common misconception about the contagion effect is that suicide spreads quickly, but it takes a host of other factors for a person to commit suicide, according to Dr. Mueller.

“Exposure can make suicide a more salient option for youth, but we need more data and research on this topic,” Dr. Mueller said.

If some caution is taken, Dr. Mueller said that prohibiting teenagers from watching “13 Reasons Why” is not the solution. Instead, she said discussions should be encouraged within schools and at home.

Dr. Mueller said Netflix didn’t create adequate resources to start discussions about suicide. Netflix provided a website, 13ReasonsWhy.info, which includes a crisis text line, a PDF about the show and suicide, a link to a suicide prevention foundation’s website and a suicide hotline.

“If you want to start the conversation, don’t just put out this provocative TV show and then leave us to have our conversation on our own,” Dr. Mueller said. “If you go to the website where they say they list resources, it’s pretty scarce and unimpressive.”

The show portrays Hannah, the main character, as having few signs of mental illness, yet mental illness is a leading factor in suicide



NETFLIX

**THIS IS YOUR TAPE.** Clay Jensen played by actor Dylan Minnette watches a tape in front of Hannah Baker’s memorialized locker.

attempts. According to the National Alliance for Mental Illness, 90 percent of people who commit suicide have some form of mental illness.

Dr. Ravi Ramasamy, a fellow in child and adolescent psychiatry at U. of C., said the show did not address Hannah’s mental illness as the cause of her suicide.

“It really could have done a lot to destigmatize mental illness and raise awareness about the issue of teens who do experience depression or anxiety or other mental illnesses that are risk factors for suicide,” Dr. Ramasamy said. “It just speaks about the suicide itself and ignores the mental illness part.”

While experts and advocacy groups have criticized the show’s lack of information about how to get help, students at a Oxford High School in Oakland County, Michigan, launched “13 Reasons Why

Not,” in which 13 students related stories about hardships they had faced over the school public address system and thanked another student who helped them.

These students decided to identify specific classmates that had supported them through their struggles, Robert Savich, a junior at Oxford High School, said in an interview with the Midway.

Robert said he heard the first few stories over the loudspeaker and rushed to the office and told the counselors he wanted to tell his story of depression.

“My story was more common with my age group, so I wanted to tell my story,” Robert said. “Because I told my story the day of prom, a lot of people ended up coming up to me and telling me their stories. My story made them really want to tell someone, too. Mine worked.”

## STUDENT INPUT

“I think ‘13 Reasons Why’ romanticizes and dramatizes suicide, with the whole ‘Clay should’ve loved Hannah’ thing. It wasn’t an accurate representation of depression, as it isn’t resolved as soon as someone falls in love with you.”

— ARIEL MONTAGUE, FRESHMAN



“I read the book first, and so I had a lot of thoughts about it going into the Netflix remake. While sometimes it fell short of my expectations, like when Hannah did not stick up for herself as much as she did in the book, I really liked it overall because it was a portrayal of how small things can build up to be a big deal.”

— ELENA LIAO, SOPHOMORE



“I think for some people the show was beneficial, but for others it just became another show on Netflix and that normalized the topics they discuss in the show. I think it brought awareness to teen suicide, but the way it was portrayed made some people also take it as a joke.”

— ROXANNE NESBITT, JUNIOR



# Suicide portrayal detrimental to national discussion

BY MICHAEL RUBIN  
MANAGING EDITOR

Although several viewers have classified “13 Reasons Why” as an opportune way to spread awareness about suicide and depression, there has been a sizable outcry among viewers stemming from the belief that the show has only worsened the stigma surrounding these topics.

Numerous media outlets have reported that educators and school mental health professionals were warning parents.

The first episode seemed more

## Analysis

like “Glee,” not a show covering sensitive topics like suicide. With students taking selfies in front of a memorialized locker and a student referring to a suicide awareness workshop as “depressing,” the allusions to suicide seem arbitrary and desensitized.

Instead of engaging our generation in a discussion on treatment options for teenage depression, “13 Reasons Why” has isolated

teens dealing with depression or who have attempted suicide.

This show has made suicide a viable option for teens with mental health issues. Showing the emotional downfall of Hannah Baker and her eventual suicide — which was portrayed graphically — may influence teens in danger of committing suicide.

Not only does this show dangerously fail to provide resources to depressed teens, but it conveys the message that school counselors and trusted adults will not provide the understanding that teens in

danger need most.

In the final episode, Hannah Baker confronts her counselor about her suicidal thoughts, at which point he condescendingly invalidated her and told her that “if I’m going to help you, I’m gonna need you to be a little more specific.”

Although internet users and journalists have argued that the graphic representations of suicide in “13 Reasons Why” are detrimental to viewers, some people, including Katherine Langford who plays Hannah, believe the extreme

imagery will kickstart a national discussion on the issues.

Although it may seem that way to Katherine Langford, her show has contributed negatively toward suicide culture.

With Season 2 scheduled for Netflix in 2018, I hope the producers and director address suicide through a retroactive perspective. If the “13 Reasons Why” franchise continues to grow, they should establish a focus on how to prevent suicide, using the show’s popularity to send positive messages throughout our generation.

# New museum encourages love of reading, writing

BY SONNY LEE  
DEPUTY EDITOR

Character building starts from a young age. However, the world of social media can cause individuals to lose focus of their true selves, and forget where their character began to take shape — with the heroes and characters from the children’s picture books that were read to them. Written in their mission statement, the American Writers Museum, which opened May 16 at 180 N. Michigan Ave., motivates visitors to “discover, or rediscover, a love of reading and writing.”

The museum begins with a Children’s Literature Gallery, meant to bring visitors back to their first encounters with literature, accompanied by a quote from historian Leonard S. Marcus, “Children’s books are gateways to a lifelong love of literature and art. They give us the heroes we need just when we need them: at the start of our quest to discover who and

what we are. They give us stories we will long remember.” With that message in mind, the children’s gallery has milestone works with analytical text diving into children’s books and their simple, yet profound messages on identity and history. These works include “Where the Wild Things Are” by Maurice Sendak and “Charlotte’s Web” by E.B. White.

Next, visitors venture down a long pathway. Colorful lights and cut-outs fill one wall. A visitor interacts with the cut-outs, which pivot to reveal information on writing by authors from Martin Luther King Jr. to Tupac Shakur. The other wall displays a timeline featuring 100 important authors in American history, along with interactive panels that flip, turn and swivel, revealing more information on the authors and their works.

The museum doesn’t focus just on printed writing. Instead, exhibits incorporate and celebrate the uses of digital anima-

tion and projection to fully immerse visitors in the history and facets of American literature. The fusion successfully comes together in all of its exhibits, but more prominently toward the end in the “Mind of a Writer” gallery, where LCD monitors display the routines of famous writers, including their “fuel,” “habits,” “companions” and “favorite things.” The gallery also includes large touch-screen monitors for visitors to build their own stories out of word banks, and LCD dialogue generators that help visitors understand how writers come up with dialogue for their works.

Like many great works, the museum will constantly revise and change. Two temporary exhibits that each run until October: “Palm: All Awake in the Darkness,” a gallery-room turned greenhouse based on the works by award winning poetry writer and visionary gardener W.S. Merwin, and “The Beat Journey: Jack Kerouac’s ‘On The

180 N. Michigan, 2nd Floor

**Hours:** Tues.-Sun.: 10 a.m.-5 p.m.  
Thurs.: 10 a.m.-9 p.m. Mon.: Closed

Road,” a room displaying the famous scroll and feat of continuous typing on a typewriter by Kerouac that tells his journey across America and Mexico.

The Museum ends with an exhibit on Chicago writers and how they were inspired by the city, including how its atmosphere and history have paved the way for people like Jane Addams and John Dewey to write and explore topics like “Fighting Discrimination” and “Advocating for Children.”

From start to finish the museum encourages visitors to look at literature in a new light, allowing them to rediscover, or discover for the first time, a passion for reading and writing in the context of American, and specifically, Chicago writers.



MIDWAY PHOTO BY SONNY LEE

**AMERICAN VOICES.** In the “Nation of Writers” interactive exhibit, visitors learn about 100 writers who represent the progression of American literature.



*As the Midway sees it...*

# Tuition a vital aspect of college choice

College is an ever-looming presence at U-High. From freshman year onward, students center their attention and energy on achieving or maintaining a high GPA, preparing for standardized testing and padding resumes with unique extracurriculars. However, many students don't take the time to discuss and explore another critically important aspect of college preparation—how to fund higher education.

It's important for students to understand their own financial situation when it comes to college, so they can find and choose a school where they are financially comfortable.

Although a select few students at U-High are able to fund college without the assistance of student loans, scholarships, or a nearly two-decade-old nest egg meticulously maintained by parents, the assumption that the majority of Labbies are extremely wealthy disregards the financial diversity that may limit the college choices of most students. It is necessary for students to discuss the realities of financial limitations with their parents or guardians, despite tension or awkwardness that may ensue.

Students who are keenly aware of their personal financial situations are more empathetic to the varied financial situations of oth-



ARTWORK BY AMBER HUO

ers. Often, conversations about college choices among classmates put less financially privileged students in an uncomfortable position. With increased sensitivity based on a student's own awareness of their financial realities, these awkward, privilege-laced exchanges would be limited.

When students are aware of their financial situations, they can also more effectively set realistic expectations about schools that they

can afford to attend. If students understand this before they even take the time and the effort to apply, they can avoid dashed hopes and incurring more application and college visit costs, as well as plan to explore scholarship options.

Staying informed about their family's ability to pay also brings about awareness of student debt and the implications of debt for years to come, which has reached national epidemic levels. For both

students and parents, taking out student loans leaves a financial burden that can take decades to repay after graduation.

Although it may be painful to pass over a dream school, choosing a school where a student can comfortably pay and participate fully in campus life is a more worthwhile and responsible choice.

*This editorial represents the opinion of the Midway's Editorial Board.*

## Change must be embraced and encouraged

BY DHEVEN UNNI  
EDITOR-IN-CHIEF

Last Thursday, Principal Stephanie Weber announced the creation of the Principal's Advisory Committee, where student representatives will be able to contribute their opinion to Ms. Weber and collaborate on reforms. This was an important development in alleviating recent student unrest.



May featured the latest in a long string of student complaints as our administration clarified rules surrounding May Project and peer leading. The defense of these policies was that they were simply enforcing rules that had been in place, but upset students

still dislike the reforms. Frankly, it's better for students if our school's rules are clear and consistently enforced. That's the only way that we can have a productive discussion about what the rules should be.

Last year, all of these rules were already in place. The only difference? Students didn't know about them and they were selectively enforced when teachers wanted them to be. Policies that aren't enforced aren't policies, they're free rein for teachers to only enforce rules when they feel like it. This year the administration has sent a message that the school's rules will be enforced in every instance, but they have also given us a way to offer our opinions. This allows us to have a conversation about what they should be.

When students have a problem with May Project policies, for in-

stance, it's better that we present an argument to the administration through the PAC than simply lament that rules are being enforced. The current administration has defended their rules by pointing out that the old administration created them. Student input would force them to defend these policies as beneficial, not simply preexisting. It doesn't make sense to hold the new administration entirely accountable for rules they didn't create. What we can hold them accountable for is waiving harmful rules and proving the ones they leave are beneficial.

It's also important to acknowledge the fact that some of these clarifications are beneficial. The new security reforms were held in contempt, but it seemed students didn't have any better ideas on how to make the school safer.

The current policies may not be perfect, but it rarely interferes with students and it seems to be working. After all, has it really been that difficult to simply present your ID at the door?

This is a better way to react to changes in school policy. When we exclusively oppose policies that interfere with us in the short-term, it sends the message that the students are simply opposed to change. The message we should be sending the administration is that we are open to reform, provided that these new rules are transparent and our student representatives can question them.

Whether you like the new reforms or not, the administration has done a good job of enforcing rules in a transparent way. It's up to us to use that as a springboard for discussing the rules.

## Reform is required if journalism is to survive

BY PRIYANKA SHRIJAY  
OPINION EDITOR

When I think of newspapers, I picture the quintessential paperboy biking and throwing The New York Times on the front porches of American households. I imagine a 1940s European square in the morning where civilians are eating their breakfast, holding up a newspaper and soaking in the information. It was essential in times of mass development or when major, palpable global events were occurring, for the people to have full knowledge of what was going on.



In a rising age of technology, where news can be found online and fake news or dramatized versions of politics are skyrocketing, distrust and dwindling popularity of journalism has become nor-

malized.

For years people relied on journalists to hunt down information and put it into perspective in order to simply relay global and local events to the general public. In order to not be kept in a bubble, in order to fully understand our politics, economy and world's major events, in order to stay connected with our global community—we rely on journalism.

Journalism enriches us. It teaches us. It helps us to prevent being boxed in by closed-mindedness and shielded from harsh realities. Real investigative journalism provides me with the tools I need to understand and develop my own thoughts on actual situations and concepts which carry significance today. It is the reason I am aware of existence beyond myself and feel positive and confident in my understanding of and openness toward that existence.

Yet journalism faces distrust and scrutiny.

Honesty and hard-hitting jour-

nalism have been undermined by a number of factors. Gossip-centered media, the rise of fake news, a journalist's fading line between personal corporate duty and duty to the people, and defamation by political figures are all factors that have chipped away at journalistic integrity. President Trump, for example, has noted countless times his opinion that journalists make news up and are the "enemies of the people."

In contrast to the intent of journalists as watchdogs, the reputation of journalists is that they are invasive, pesky gnats, and they have been treated as such. On May 24, Republican candidate Greg Gianforte assaulted Guardian reporter Ben Jacobs. This scorn toward journalists has snowballed from verbal attacks to physical affronts. As a result of politicians blaming journalists for infringing on privacy and shedding light on their shortcomings, this disrespect has grown rapidly.

As a student journalist and thus

someone who has spent a good amount of time learning about the gift that cutting-edge journalism is, this reputation disheartens me.

Fifteen months ago, I joined journalism at Lab. Since then I have learned about the positive and important role which journalists play. I am now more knowledgeable about First Amendment rights. I have learned that mulling over current events or pondering thoughts on an opinion column expands my understanding of other people's perspectives and is monumentally beneficial to my own enrichment and worldly education.

By picking up a copy of The New York Times instead of scrolling through Facebook feeds and being mindful of the difference between gossip and hard-hitting news, we would gain a better understanding of ourselves, each other and our world through journalism's enchancement of intellect.

## U-HIGH MIDWAY

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1362 East 59th Street  
Chicago, Illinois 60637  
Phone 773-702-0591 FAX 773-702-7455  
Email laimone@ucls.uchicago.edu

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EDITORS-IN-CHIEF\* ..... Dheven Unni,  
Talia Goerge-Karron

DEPUTY EDITORS\* ..... Natalie Glick,  
Sonny Lee

MANAGING EDITOR\* ..... Michael Rubin

NEWS EDITOR\* .... Samira Glaeser-Khan

OPINION EDITOR\* ..... Priyanka Shrijay

FEATURES EDITOR ..... Jacob Posner

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CHICAGO LIFE EDITOR ..... Sam Fleming

REPORTERS ..... Iván Beck,  
Max Garfinkel, Katerina Lopez,  
Abby Slimmon, Grace Zhang

PHOTO EDITORS ..... Sam Fleming,  
Teresa Xie

PHOTOGRAPHERS ..... Kara Coleman,  
Gabby Conforti, Bailey Garb,  
Sophie Hinerfeld, Chavon Hussey,  
Janie Ingrassia, Elena Liao, Lillian  
Nemeth, Alexis Porter, Emerson Wright,  
Benji Wittenbrink, Alec Wyers

ARTISTS ..... Amber Huo

ADVISERS ..... Logan Aimone, editorial  
Benjamin Jaffe, photography

\* Members of the Editorial Board include  
the editors-in-chief, deputy editors,  
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CORRECTIONS • ISSUE 9, MAY 18, 2017:  
• Page 6: Tomohiro Sawada's name was  
misspelled.  
• Page 7: Robert Coats's name was  
misspelled.

## QUICK Q

*What are your plans  
for the summer?*

MICHAEL HELLIE, JUNIOR:



"I'm spending seven weeks at the University of Michigan for debate camp. I'm looking forward to it because it is a great opportunity to expand my knowledge."

ALYSSA RUSSELL, SOPHOMORE:



"I am going to be doing a theater program at Northwestern. I'm doing the on-film acting one. What I like about film is that you get to perfect it more and it's a lot more subtle. On stage, you have to be able to show your emotion to the person at the back of the theater. I really like theater, and this summer I decided that I wanted to take this step forward."

BEN CIFU, FRESHMAN:



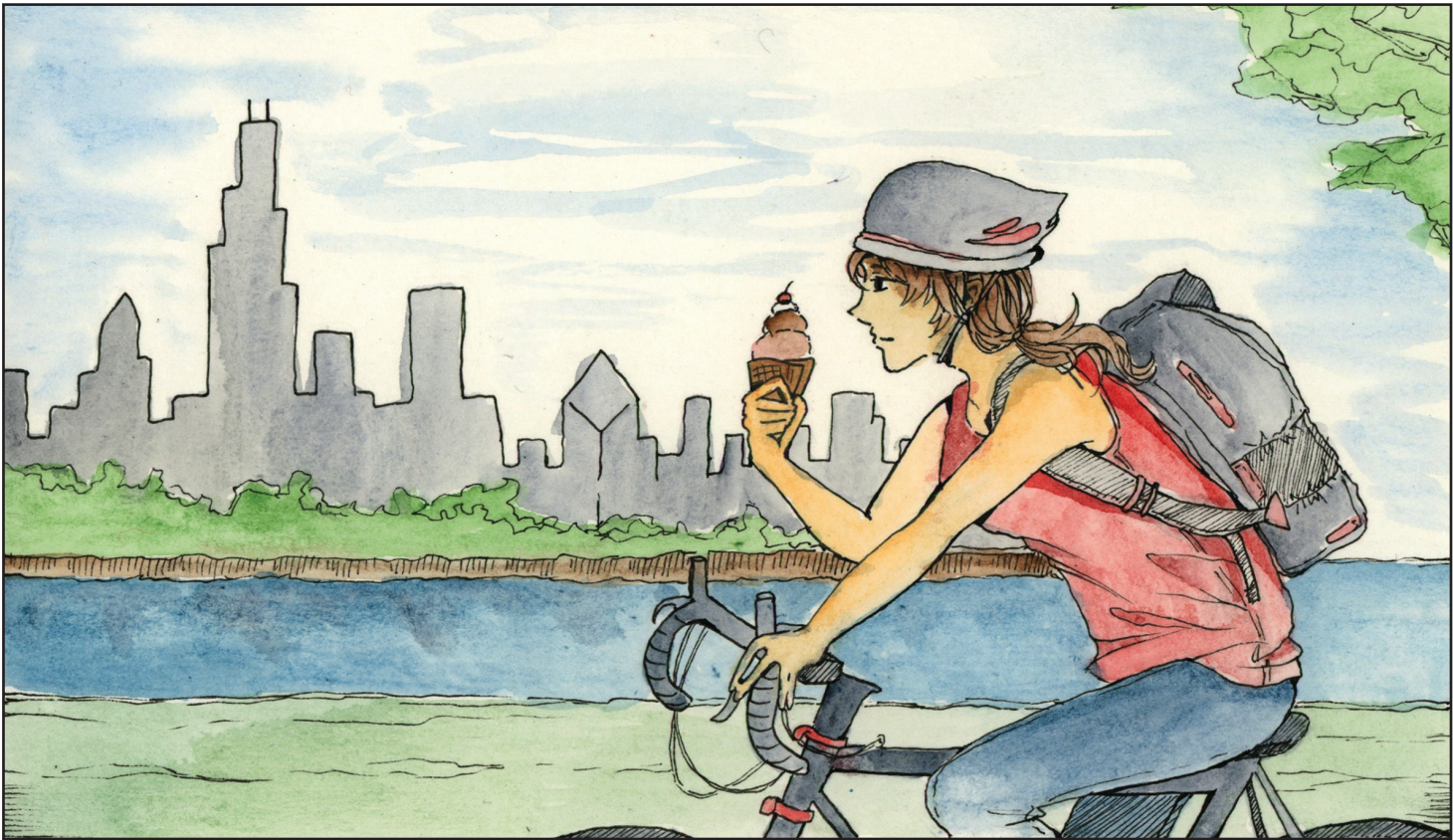
"I'm going on the Argentina exchange trip. I'm looking forward to it because it is a trip with my friends. Also, it will be a great chance to improve my Spanish, learn about another culture, and make some friends from another country."



# Balancing fitness, food and fun

BY LEAH EMANUEL  
ARTS EDITOR

Summer days in Chicago bring warm sun, beautiful weather, and delicious food. But how do you balance your ice cream cones, burgers and pie with staying fit? Here's our guide to staying balanced so you can enjoy the sun and warmth of the city, while still indulging in the bountiful food that summer supplies.



ARTWORK BY AMBER HUO

## BURGER

**Calories:** 840 for a Five Guys Cheeseburger  
**How you can burn it:** 2 hours of Biking on the Lakefront Trail



Stretching 18 miles along Lake Michigan, Chicago's Lakefront Trail provides an ideal setting to get some exercise on a warm summer day. Stretching from Ardmore Street on the North Side to 71st Street on the South Side, the Lakefront Trail moves alongside parks, beaches, concession stands and more. With Divvy stations all over the city, it's never been easier to go on a bike ride in Chicago.

### Rental Services:

Bike and Roll Chicago  
Wheel Fun Rentals  
Lakeshore Bike  
Divvy Stations

SOURCE: PIXABAY USER GREEKFOOD-TAMYSTIKA, USED WITH PERMISSION

## ICE CREAM



**Calories:** 250 for a scoop of chocolate and a cone  
**How you can burn it:** 30 minutes of rock climbing in Maggie Daley Park  
On the northeast side of Grant Park along Lake Michigan, Maggie Daley Park is 20 acres of swings, paths and slides with countless activities to explore. For a warm summer day, the rock climbing is the perfect adventure.

**Season and hours:** Open through October, Monday-Sunday, 11 a.m. - 8 p.m.

**Price:** Top Rope Climbing: 45- to 60-minute certification course, unlimited climb time, \$19

**Bouldering:** 15-minute certification course, unlimited climb time -\$10

### Classes (advanced sign up):

Four one-hour sessions, \$96  
Eight one-hour sessions, \$165

SOURCE: PUBLICDOMAINPICTURES.NET, USED WITH PERMISSION

## CHERRY PIE

**Calories:** 325 for a slice  
**How you can burn it:** 1 hour of kayaking along the Chicago River



Scattered along the river are numerous outlets to rent kayaks for a unique experience on the Chicago River. Kayaking along the 156-mile river allows the opportunity to see the city from a whole new perspective, as well as a source of fantastic cardio.

### Rental Services:

**Wateriders Chicago River Kayak Tours and Rentals**  
(360 W. Hubbard St.)  
**Urban Kayaks**  
(435 E. Chicago Riverwalk)  
**Chicago River Canoe and Kayak**  
(3400 N. Rockwell St.)  
**Kayak Chicago**  
(1220 W. LeMoyné Ave.)

SOURCE: FLICKR USER BENNY MAZUR, USED WITH PERMISSION

## CORN ON THE COB



**Calories:** 150 for corn on the cob with butter  
**How you can burn it:** 1 hour of walking on the Chicago Riverwalk  
Extending from Lake Street to Lakeshore Drive, the Riverwalk is about a mile. Scattered with food options and places to sit, the Riverwalk provides an opportunity to witness the beauty of the Chicago River. From cafes to kayak rental huts, there's plenty to see, and do, alongside the river.

### Sights:

Vietnam Veterans Memorial  
McCormick Bridgehouse and & Chicago River Museum  
Floating Garden  
Eastland Disaster Memorial  
**Restaurants:**  
Frost Gelato, Tiny Tapp & Cafe, City Winery, O'Briens, Lillies Park Grill

SOURCE: PIXABAY USER GREEKFOOD-TAMYSTIKA, USED WITH PERMISSION

## = TEAM RESULTS

### BASEBALL, VARSITY

**Notable:** The varsity team finished the season with an overall 16-6 record, and a second place standing in the Independent School League.

**Recent Results:** IHSA 2A Sectional Championship at Wilmington High School May 27; IHSA 2A Sectional vs winner of Herscher Regional May 24; IHSA 2A Regional Championship May 20; Horizon Science Academy at IHSA 2A Regional Semi-Final, won 19-1.

### GIRLS SOCCER, VARSITY

**Notable:** After an eight year drought, the team won the Sectional Championship 2-0 against Aurora Central Catholic. Anna Kenig-Ziesler and Rachel Schonbaum each scored a goal and goalie Grace Watson recorded a shut-out. If the team had won the Super-Sectional game against Immaculate Conception, the team would have advanced to the State Championship tier for the first time.

**Recent Results:** IHSA 1A Super-Sectional vs. Immaculate Conception Catholic Prep May 23, lost 0-1; IHSA 1A Sectional Championship May 19, won 2-0; Montini Catholic at IHSA 1A Sectional Semi-Final, May 17, won 3-1.

### BOYS TENNIS, VARSITY

**Notable:** After a first-second finish at Sectionals, doubles teams Sam Fleming/Arjun Asokumar and James Dill/Ajay Chopra advanced to the State tournament. James/Ajay lost in the fifth round of the consolation bracket. Sam/Arjun placed first, the first time in 90 years for U-High.

**Recent Results:** IHSA State Championship May 25-27, placed fifth; IHSA Sectional Championships May 19-20, placed second, and doubles team of Sam Fleming/Arjun Asokumar placed first by defeating teammates James Dill/Ajay Chopra.

### TRACK AND FIELD, BOYS

**Notable:** Five athletes qualified and competed at the state meet. Charles Marks placed second in the 400m dash with a time of 49.85 and all-state honors. Ashwin Aggarwal, Nathan Blevins, Harrison Shapiro and Abraham Zelchenko competed in the 4x800m relay with a PR of 8:33.65, dropping 17.92 seconds off the Sectional-winning time. They did not make it to finals.

**Recent Results:** IHSA 2A State Championship May 25-27, placed 36th; IHSA 2A Sectional Championship May 18, placed third, Charles Marks placed first in 400m dash, qualifying for state, Ashwin Aggarwal, Nathan Blevins, Harrison Shapiro and Abraham Zelchenko placed first in 4x800m relay, qualifying for state.

### TRACK AND FIELD, GIRLS

**Notable:** Six athletes qualified for and competed at state. Chavon Hussey competed in the high jump and long jump events. Chavon, along with Taylor Thompson, Adria Wilson, and Sophie Hood, competed in the 4x400m relay. Elsa Erling and Franz Wild competed in the 3200. Elsa also qualified for the 1600m.

**Recent Results:** IHSA 2A State Championship May 18-20: Elsa Erling placed 23rd and Franz Wild placed 25th in the 3200m.

— COMPILED BY EMMA TRONE

## Boys volleyball plan fails to gain support

BY EMMA TRONE  
SPORTS EDITOR

Bump, set, spike?

Even though boys volleyball was scheduled to begin as a club sport this spring, the lack of interest delayed the formation of the team, and there are no plans to continue trying.

According to senior Danny Rubin, who led the effort to create the team, interest originally arose during fall quarter among boys basketball players who wanted to stay fit during the off season.

"We kept losing more people because the seniors were, like, 'Oh, we want to leave school, we want to go on May Project,'" Danny said. "A lot of seniors also wanted to stay in shape for other things like lifting or playing basketball at Ratner, so we just couldn't get the numbers."

Although a few underclassmen also expressed interest in joining the team, ultimately there were not enough students interested to meet the 15-person requirement set by Athletic Director David Ribbens.

Up to 40 students had expressed interest in the fall, but by the start date of April 15 only four students were committed to play.



Danny Rubin



MIDWAY PHOTO BY SAM FLEMING

**SERVE IT UP.** James Dill practices serving while competing at the IHSA Tennis State Championship. James and doubles partner Ajay Chopra, and a second doubles pair of Sam Fleming/Arjun Asokumar, traveled to Arlington Heights after placing second and first respectively at Sectionals May 19-20.



With vacation one week away, it's time to plan the days filled with adventures and relaxing. To help, 160 votes were gathered to showcase the best Chicago has to offer for this year's summer.

DESCRIPTIONS BY SAM FLEMING, SAMIRA GLAESER-KHAN, JACOB POSNER, SONNY LEE

MIDWAY PHOTOS BY EMERSON WRIGHT, TERESA XIE, SAM FLEMING, SONNY LEE, SOPHIE HINERFELD



BEST RECREATION SPOT

Promontory Point



Sun-tanning, swimming, barbecue — all these activities take place at the popular Hyde Park summer-hub: Promontory Point. With fire pits lining the waterfront, a whole day can be lost to barbecues sprinkled with quick swims in the lake or games of Frisbee in the open field at the center of the Point. If you're looking for a more adventurous swim, take the bike path north from Promontory Point past the 51st Street bridge where you can find rocks lining the water from which avid swimmers can be found diving and cooling off from the summer heat.

Runner up:  
Lakefront Trail

BEST BURGER

Five Guys



When you walk into Five Guys, you are greeted with walls full of awards, winning “Best Burger” from almost every newspaper and as soon as you taste their food you understand why. Although Five Guys may not be known for fine dining, it's nearly impossible to find a better burger for the price. Five Guys serves traditional American food, offering dogs, burgers and sandwiches. Their food makes a perfect quick dinner when in a rush, or a fun environment to sit down and eat with friends while chowing down on their complimentary peanuts.

Runner up:  
Shake Shack

BEST ICE CREAM

Ghirardelli's



On one of those boiling hot days — when you want to go downtown but can barely move — Ghirardelli's is the perfect motivation. The restaurant will also most likely be packed with sweaty, panting tourists — but the frozen treats are well worth the wait, especially the Golden Gate Banana Split. If you want to walk down Magnificent Mile try out a chocolate-dipped cone piled high with trademarked Ghirardelli's chocolate.

Runner up:  
Jeni's Ice Cream

BEST COFFEE

Starbucks



No matter where you are in downtown Chicago, there is a Starbucks a few blocks away. Starbucks is no hidden Chicago secret. The chain is one of the most successful businesses in America and for good reason: It's nearly impossible to find a better, more convenient cup of coffee, or quick bite to eat, in the city. Starbucks offers a variety of healthy, and less healthy, options to start your morning, or to get a mid-afternoon pick-up. They have brought back the S'mores Frappuccino and Midnight Mint Mocha just to get you in the summer mood.

Runner up:  
Medici

BEST BARBECUE

Chicago Q



Good service and a cozy atmosphere — not what one would expect at a barbecue joint, yet Chicago Q has both, along with house-smoked, beautifully prepared barbecue. Of all the meat options, we recommend the baby back ribs, which are juicy, well seasoned and tender, practically falling off the bone and melting in your mouth. A great companion to the award-winning barbecue, the cornbread is also quite good — not too dry or mushy and has just the right level of sweetness.

Runner up:  
Fat Willy's

BEST FOOD TRUCK

Fat Shallot



If you want to try food from the Fat Shallot food truck, you had better line up fast. Coupling convenience and great taste, their sandwiches make a perfect lunch. Recommended items on their menu include Fat Shallot's grilled cheese sandwich with fresh, hot cheese, caramelized onions and spinach on perfectly toasted bread. If you are looking for a quick side, try their truffle fries. Due to the popularity of the food truck, Fat Shallot also set up a permanent location in the Revival Food Hall located downtown.

Runner up:  
Beaver Donuts

BEST FESTIVAL

Lollapalooza



SOURCE: LOLLAPALOOZA

One of the biggest festivals in America happens to take place in the middle of a beautiful Chicago summer. Whether you're into rap, rock or EDM, there are plenty of artists for you at Lollapalooza. Located in Grant Park in the heart of downtown Chicago, Lolla has become a staple of every Chicago summer. Although tickets are a bit pricey, they are well worth it. This year, Chicago's own Chance the Rapper headlines the four days of party August 3-6, along with the Killers, Muse and Arcade Fire.

Runner up:  
Taste of Chicago

BEST MUSEUM

Museum of Science and Industry



Regardless of whether you dread walking into chemistry class or if you are a science nerd, The Museum of Science and Industry makes science accessible to all. Immerse yourself in the struggles of global warming by taking a walk through the “Extreme Ice” exhibit, which shows melting glaciers through time-lapses and stunning photography. If you're looking for a lighter topic, pop by the hatchery to watch baby chicks emerge from their eggs while learning about genetics and DNA.

Runner up:  
Art Institute of Chicago

BEST TOURIST SPOT

Millennium Park



Having a friend over from out of town and nothing to do? Head over to Millennium Park, where visitors can see the iconic Cloud Gate sculpture, also known as The Bean, by Anish Kapoor. In addition to the beautiful scenery in Millennium Park, the tourist hotspot is also home to incredible works of architecture including the BP Pedestrian Bridge, which spans Columbus Drive, and the Jay Pritzker Pavillion, home to the Millennium Park summer music series and film series — both of which are free to attend.

Runner up:  
Navy Pier

BEST DATE SPOT

Millennium Park



Millennium Park offers everything from vast gardens to venture through, movies to watch under the stars and comfortable seating with an incredibly intimate view of the city to enjoy with your significant other. The 2.5-acre Lurie Garden on the southern end of Millennium Park provides a rich scene for all senses, and the perfect setting for an afternoon with someone special. With so much to see and do, Millennium Park is the perfect place to spend countless summer hours discovering, and rediscovering hidden gems in the city of Chicago.

Runner up:  
Promontory Point