

Art by Gene Cochrane

A month along, schedule still being weighed

By Akila Raoul Editor-in-Chief

Change is the only constant when it comes to U-High's new schedule according to some U-Highers.

Many students and faculty members have found the schedule a positive, and while it is not as catastrophic as some expected, challenges that have arisen are still being wrestled with.

DEVISED BY PRINCIPAL MATT Horvat as a means for the student body to be heard, a Schedule Review Committee will enable student representatives to meet two or three times a month with representatives of school departments to discuss ways to improve the schedule for future years.

One of the four students, Student Council Vice President, JR Reed, senior, believes many changes could be made to ensure successful transition into next year. The other members are Senior Mac Sinclair, Junior Jessie Gimpel and Sophomore Rahul Mehta.

"The first meeting was a lot about throwing out ideas for how to resolve the problems with the schedule," JR said. "What we have planned is to have a solid grasp by February on what changes are wise to make in order to continue with this schedule and what the best format will be.

"THE THINGS we will look at are the affect of the 75 minute periods on teachers and if the extra contact time

is actually worth it and we also want to look at the registration data to see how many people didn't get a class that they wanted. We could see about trying to position certain classes at different periods so that there wouldn't be as many conflicts.

"We're going to look how the 20-minute advisory time is being used. We want to make sure the same goals are being fulfilled in advisory with the new structure as they were last year. There is no doubt the schedule will be used next year. It's a matter of making changes by the February deadline."

The addition of all-school open periods has spurred a change in Rowley Library's policies, according to Librarian Patrick Fuller.

"THE LIBRARY gets especially crowded during the open periods on Thursday and Friday," Mr. Fuller said. "We took out four tables because last year during double lunches the library would get overcrowded and hard to maintain. We also saw that the space couldn't hold as many students so by taking out some tables we made it so that every student can use it as a library.

"For the Thursday and Friday open periods students need to sign in when they enter the Library. Now whoever wants to work can finally use the library because last year I heard people say they were too afraid to come in because it was so loud. For when the library is full, room 103 is open during the open periods as a study

space. Everyone is still trying to adjust to the changes in the culture of the library. It's never really been a silent place such as other libraries where it is typically a silent space. Even still our library isn't silent but people are adjusting to the level we've put it at. Students like how open it is now and that they aren't crammed in here and it has somewhat been helping."

ORIGINALLY CONCERNED about losing contact time with students, Science teachers have found themselves surprisingly unaffected, according to Department Chairperson David Derbes, and have been able to overcome the few obstacles the schedule has posed.

"Members of the Science Department individually have not had any change in classes and in terms of hours, there are the same number of minutes in each class," Mr. Derbes said. "All of the classes have a 75-minute period but for the science classes already have the double periods we only use the first 45 minutes of the period, as we agreed on with Mr. Horvat. For the last 30 minutes the teachers can be in the classroom if a student wants extra help.

"The schedule has been a problem, however, because there isn't enough lab space. The new science lab has been helpful in freeing up class space but that gobbled up the Community Service room to do so. We've had to recast some rooms and that's complicated for our

(continues on page 5)

Homecoming Dance to rock I-House

By Leah Barber Associate editor

-Highers donned their pajamas yesterday, found a twin today, will battle pirates and ninjas Thursday and show off their grade colors Friday for Spirit Week leading up to the Homecoming Dance Friday, 7:30-10:30 p.m. Friday, October 15 at International House.

The dance has been planned cooperatively by Student Council and Cultural Union.

Tickets are available the week for \$10 outside of Dean of Students Larry MacFarlane's office, with a student ID. They will also be available the night of the dance. Nominations for Homecoming royalty took place yesterday and today in the cafeteria, and voting will take place all day Thursday and Friday in the cafeteria.

MORE SONG REQUESTS will be honored by D.J. Jamal Smallz this year, said Student Council President Andrew Palmer, senior.

"We wrote Jamal Smallz an e-mail saying we'd

like him to listen to song requests more closely than he has in previous years, so we're hoping that all the songs people want to hear will be played. We usually ask people in the grades for a song list that is then sent off to the D.J., who compiles a list that is hopefully played at the dance."

The dance was intentionally scheduled for a later date than usual, pointed out Cultural Union President Tom Healy, senior.

"WE'VE PUSHED THE date back a week so the freshmen can get to know each other a little better and get accustomed to high school so they can have more fun and feel more comfortable at an all school event."

The time was also changed because the city's new curfew law requires people between the ages of 12 and 16 to be inside by 11 p.m. on weekends, so the dance was moved ahead by a half-hour.

"The main thing people have to realize is the doors close a half an hour earlier than previous dances, at 9 instead of 9:30," Tom said.

FOR THE DANCE THEME, the planners chose "Par-

ty Rock," inspired by the popular song "Party Rock Anthem" by LM-FAO.

"We want people showing up really funky, with their animal print pants on and wearing lots of neon, sporting crazy hair and generally ready to party," Andrew said. "We chose this theme because it doesn't require people to go out of their way in order to participate and also because 'Party Rock Anthem' is areally huge hit and everyone is familiar with it. It's the song of 2011.

"We're gonna get disco balls and glow in the dark signs, a bunch of streamers and glow sticks for everyone. We want it to be totally over the top."

FOR U-HIGHERS wanting to bring guests, passes must be obtained from Dean of Students Larry McFarlane by tomorrow.

An unofficial part of the Homecoming Dance in recent years has been a senior theme, with seniors arriving dressed to reflect it and the theme being kept secret to other classes.

Seniors have planned a theme for this year.

Fall Production to give popular classic a fresh twist

'Romeo and Juliet will blend selected scenes, choral narrative links

By Marissa Page Associate editor

Written more than 400 years ago, around 1591, William Shakespeare's cautionary tale of young love, "Romeo and Juliet," has remained popular ever since and been endlessly adapted for contemporary theater. In U-High's Fall Production of the classic a new twist also will be evident.

Performances are at 7:30 p.m. Thursday-Saturday October 27-29 in Belfield 138. Tickets, \$10, are available in the High School lobby.

SHAKESPEAREAN SCHOLARS have considered whether "Romeo and Juliet"

qualifies a tragedy or an ode to the danperforming the whole play, gers folly of young love. Some of the best known adaptations, such as the musical "West Side Story," which debuted in 1957 and recently returned to Broadway, have come down on the side of tragedy.

As she did in a 1991 production here, Director Liucija Ambrosini is taking a fresh approach.

The play is being presented in selected scenes sewn together by a chorus of nar-

"NORMALLY A PLAY takes three to four months to rehearse and our time frame is much shorter," Ms. Ambrosini said. "Our time limitations make it tough, but this way we can capture the essence of 'Romeo and Juliet' and make it beautiful within the given time.

"We wanted to make the play accessible to modern audiences. With this approach we hope we'll accomplish this. We're still just in a different way.

In playing Romeo, Freshman Harry Thornton hopes to capture the character's complexity and depth. New to the school, Harry came from Roosevelt Middle School in Eugene, Oregon.

"I've seen Romeo played as a pretty boy whose only purpose in life is to be in love with someone, and I think that's wrong," Harry said. "He is very desperate to be loved and he is very irrational when he is in love, but he is a full person.

"I THINK WHAT it's important for me to do when playing Romeo is to make sure I'm not being someone playing Romeo, that I'm not simply doing what people expect a Romeo to do, but that I'm actually being a real person who meets the girl

of his dreams and is prepared to give up everything for her."

Junior Gloria Zingales believes her unfamiliarity with the play may prove beneficial to her portrayal of Juliet.

"Unfortunately I was in Italy last year when the play was read and studied in English class, so my view of Juliet is very fragmented," Gloria said.

"I've never seen a production or a movie of Romeo and Juliet either, but in some ways I think that's a good thing because as I read and study the part, I won't have any preconceived notions about how Juliet should be and can make her my own in every sense of the word."

THE SET FOR "Romeo and Juliet" must be easily adaptable because of the many scene changes within Shakespeare's play, Technical Director Allen Ambrosini explained.

"The stage will encompass different levels and neighborhoods to mimic the many locations in Romeo and Juliet," he explained. "It will have to be set up so the actors can run around and have sword fights, therefore the levels cannot be extreme.'

Attire will incorporate dark, gloomy colors and thick fabrics, said Senior Sydney Fishman, costumes mistress.

"THE COSTUMES WE'RE making will have a somber tone because of the tone and outcome of the show," Sydney said. "The colors will be darker and fabrics will be heavier. We are going to stick to historical-looking costumes.

Student directors are two experienced theatre veterans, Seniors Jolisha Johnson and Giorgi Plys-Garzotto.

Cast members not previously mentioned in the story are as follows:

Mercutio, Romeo's best friend, Adam Kel-



ROMEO WILL BE PORTRAYED by Freshman Harry Thorton, new to the school, and Junior Gloria Zingales, who has returned after a year in Italy. The Shakespeare classic will be presented in an unusual production October 27-29. Photo by Lili Steffen.

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sick; nurse, Juliet's caretaker, Zoe Briskey, Paris, Juliet's suitor, Ross Tizes; Benvolio, Romeo's cousin, Jack Reece; Tybalt, Juliet's cousin, Nicholas Phalen;, Capulet, Juliet's father, Kevin Goldwater, Lady Capulet, Juliet's mother, Sydney Fishmon; Montague, Romeo's father, Loren Sosnick; Lady Montague, Romeo's mother, Miranda Garfinkle; Peter, nurse's personal servant, Sameer Sawaqed; Gregory, Capulet servant, Jarrett Lampley; Apothecary, Apoorva Gundeti; Friar Lawrence, Nell Mittelstead; Friar John, Loren Sosnick; Sampson, Capulet servant, Gregory Kerr; Abram, Montague servant, Max Hornung; narrators, Maya Ben-Shahar, Alijah Futterman, Valentina Gardner, Apoorva aunaen; **extras,** Muranaa Gamnkie, Cany Plys-Garzotto, Sameer Sawaqed, Christine Obert-Hong.

Crew heads are as follows:.

Lights, Maria Conlon, Sam Reynolds; sound, Maddie Lindsey; costumes, Sydney Fishman,; makeup, Caitlin Goldwater; box office, Jolisha Johnson; stage manager, Jiji Plecha; production manager, Giorgi Plys-Garzotto; shop, McTavish McArdle; props and furniture, Giorgi

Assembly will offer preview of Fall play

U-Highers will get a preview of the Fall Production, "Romeo and Juliet," and get a glimpse of what goes on behind the scenes in the all-school assembly 10:10 a.m., Thursday, October 20 at Max Palevsky Theatre in Ida Noyes

Besides scenes from the production, cast members and crew members will discuss their work in the production and encourage interested U-Highers to join the theatre program.

By Hebah Masood Associate editor

I'm very excited, and extremely relieved that eight years of writing are finally over," Latin Teacher Frances Spaltro said after finishing her dissertation on Greek Philosopher Plato's opinion of Ancient Greek dance and receiving her Ph.D from the University of Chicago August 26.

Heading over to Regenstein Library



Ms. Spaltro

almost every day after teaching, Ms. Spaltro worked on her dissertation until as late as 11p.m.

"I sacrificed time with friends, time with family, spring breaks, and Christmas," Ms. Spal-

tro said. "Instead of spending time with family I worked full time in Regenstein during breaks because that's the only time I could dedicate solid chunks of time to writing."

BEFORE WRITING her dissertation, Ms. Spaltro took language exams in Latin, Greek and French, demonstrating her understanding of classical literature in its original language.

After taking more than 10 courses at the U. of C. about Ancient Rome and Greece, she wrote two papers over the course of five days and took exams testing her knowledge of Classical literature.

Until a few years into teaching at U-High, Ms. Spaltro originally intended to use her degree teaching college students.

"INITIALLY MY PLAN was to teach at the college level, but after teaching at Lab I realized I liked teaching high school," Ms. Spaltro said. "I realized that I liked teenagers. I got to know them and so my plan on how to use my Ph.D changed. My research deepened my understand-

ing of what I'm teaching, and now I can use that to teach my students better."

Supported by her friends, U-High graduates and teachers, Ms. Spaltro publicly defended her dissertation, a requirement for all doctoral candidates, in front of the U. of C. Classics Department faculty.

"The defense lasted about an hour and it was in front of 50 to 60 people since it was open for anyone to come," Ms. Spaltro explained. "It was nerve racking. Members of the department asked me questions about my dissertation and I had to answer them and defend points.

"WHEN YOU TURN your dissertation in you need to have a title page that says, 'Dissertation to the Classics Department of Classics,' and I spelled 'dissertation' wrong. I'd spelled it 'dissertation' and at my public defense one of the members of the U. of C. faculty introduced me saying, 'Today, Frances Spaltro is here to defend her dissertation.' It really calmed me down and made me relax."

U-Highers also had unusual experiences over the summer.

Choosing to build houses in Vietnam because of the United States' history there, Sophomore Lillian Eckstein spent a month in Tuy Hoa, Vietnam with a group from Putney Student Travel, an international community service program she first heard of through her brother, Senior Nathan Eckstein.

"PUTNEY PROVIDES 15 different trips all over the world," Lillian said. "Two years ago my brother built temples in Indonesia with them and he enjoyed his trip so much it made me want to go.

"I was interested in Asia and the minute I saw the trip to Vietnam, I knew I would have a chance to help the country that my own country had destroyed in some parts."

Thoughts about the families for whom she was building motivated her to keep



TRAVELING TO TUY HUA, Vietnam, Sophomore Lillian Eckstein, kneeling center, built houses with a student group this summer, Lillian explained. "In Tuy Hoa, the community chose three families they felt deserved a house based on financial status, The family I built a house for used to have a three wall house with a tin roof." Photo courtesy of Lillian Eckstein.

working, though the temperature was rarely below 90 degrees and building included lots of physical effort according to Lillian.

"KNOWING THAT my building and teaching was helping people that were so kind and welcoming to me made me feel so much happiness. Even when the days were extremely hot and the work hours were long, I always had the thought of families that we were helping and those thoughts kept me going."

Visiting extended family in Yunnan Province, China, a mountainous region attracting many tourists near where his father grew up, Junior Jason Deng encountered sights he'd never see in Chicago.

"Our fourth day in Yunnan was probably the peak of our trip to China," Jason said. "We stayed out until about midnight just exploring the city. I saw these huge platters of insects including worms, scorpions, and beetles that were gross, and I refused to eat any of them.

"Around 8 p.m. we saw wish boats floating, which I'd never actually seen except for in movies. They're paper boats that

you make a wish on and then they sail down the river. I bought one and wished for a girlfriend."

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ALSO PUSHING through 90 degree weather daily, Junior Hannah Tomio lived with her friend Monica Charletta from Walter Payton College Prep in Nagoya Japan. The girls took Japanese lessons at Yamasa Institute, a nonprofit language school, which provided an apartment for the girls to stay in.

"I used to live in Japan when I was younger and then again in 7th grade," Hannah said. "I heard about the class through a friend who lives in Tokyo. Monica and I are both half Japanese and were really interested in learning the language.

"I was fluent when I was little but I lost most of it when I returned to the U.S.

"We chose to go there rather than take classes in Chicago because we wanted the experience of living in a foreign country. If we were here it would be easy to revert back to English once class is over but while we were there we were forced to speak Japanese outside of class to people at stores and restaurants."

BRIEF-LY

Recital to showcase classical talent

Ranging from an Italian madrigal and Latin motet by Bel Canto to a quartet by the U-High Chamber Ensemble and performances by about 15 other U-Highers, the annual Fall Recital of outstanding classical music students will take place 3 p.m., Sunday, October 16 at Fulton Hall in the Goodspeed building, 1010 East 59th Street.

The public is invited.

About 10 Middle Schoolers in grades 7 and 8 are also scheduled to perform. "In past years the level of performance has been very high," said Music Teacher Brad Brickner, who originated the recitals.. "Generally kids who want to perform are very self-motivated and work hard towards perfecting their selected piece."

JAZZ LUMINARIES—U-High names shone in the Hyde Park Jazz Festival lineup September 24-25. Chicago Tribune Music Critic Howard Reich lauded Music Teacher Tomeka Reid, an acclaimed cellist, for her trio's concert at the Oriental Institute.

He praised Pianist Miguel de la Cerna's quartet for its program at International House. Mr. de la Cerna is a 1978 U-High graduate.

U-High talent is heard in a new C.D. from the Jazz Institute of Chicago, "The Drive."

The title song was written by guitarist Sam Frampton, Class of 2011. Monique Johnson, 2010, plays alto saxophone and Yael Litwin, 2011 is on percussion.

■ IN PRINT-History research essays by two U-Highers are included in the

Ms. Reid Fall issue of The Concord Review, a journal of the acahigh school students' academic work. The contributors are Senior Kristina Wald and Junior Natalia Ginsburg.

Kristina's article is "The Teddy Bear: From President to Plush Toy" and Natalia's is "The Collective and the Individual: A Comparative Study of Piracy in the Caribbean and East Asia."

■ NEWCOMER-Charlotte Mairead Glascott entered the world 9:55 a.m., Sunday, September 18, weighing in at 5

pounds, 9 ounces. Parents are Phys Ed Teacher Meghan Janda and her husband Joe Glascott.

■ OFF TO GEORGIA—Thirty six Model United Nations delegates will travel to the year's first meet Friday through Sunday at Georgia Tech University, Atlanta. U-High participated there two years ago.

U-High will represent Romania, Philippines, and Kenya, debating topics including nuclear waste disposal and illegal nuclear weapons.

The Georgia Tech conference replaces a meet scheduled at Washington University in St. Louis because

of uncertainty about it taking place.
Four meets will follow in the season,
Princeton, December 1-4; Chicago Interna-

tional, December 8-11; Harvard, January 26-29; Northwestern, April 19-22
"This year, we are preparing delegates with content based activities," said President Project Content of the P

"This year, we are preparing delegates with content based activities," said President Rosie Cuneo-Grant, senior. "Essentially, we have delegates read their speech, and then we take the papers away from them and ask them to reiterate what they just said. This helps us ensure that we are not just going through the motions."

Besides Rosie, Georgia Tech delegates are as follows: SENIORS—Northan Eckstein, Jessica Hubert,

Tomi Johnson JUNIORS—Jordan Einhorn, Natalia Ginsburg, Natalie Lubin, Amelia Mazzarella, Caroline

Montag, Molly Petchenik, Kristina Wald. SOPHOMORES—Maddie Anderson, Sonia Bourdaghs, Avery Broome, Davis Cummings, Lillian Eckstein, Katherine Harris, Kussam Husainm Bolu, Johnson, Alex Luna, Harrison Mac-

rae, Rahul Mehta, Sophia Weaver. FRESHMEN—Maryam Alausa, Xiofan Ai, Alijah Futterman, Jacquelyn Ingrassia, Anna Knes, Eirko Koide, Julia Mearshmeimer, Chrinstine Obert-Hong, Karen Reppy, Madeline

■ CORRECTION-The Midway last issue got the date of History Teacher Susan Shapiro's Holocaust seminar wrong. It took place August 15. The editors apologize.

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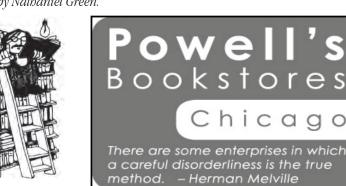


EXPLORING POWELL'S extensive selection, Mara Weisbach examines an American History book. *Photo by Nathaniel Green.*

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Stopping an invader

GETTING A headstart on their community service requirement at Sophomore Retreat September 21-23, Davis Cummings, left, Louis Harboe, Elle Hill and Domagoj Jureta helped remove the invasive species honey-suckle at a Forest Preserve in Lake Delton Wisconsin. "I thought Sophomore Retreat was really fun and I had a great time helping the forest preserve," Domagoj said. "We chopped the wood in a machine and then packaged them in packs of five to sell." *Photo by Jeffrey Li*.

Last year's Midway gets top national ratings from two associations

By Victoria Apponte-Blizzard Associate editor

Last year's Midway has received top ratings for overall excellence from two national school press associations.

The National Scholastic Press Association (NSPA) headquartered at the University of Minnesota granted its top the All-American rating to the Midway for the 46th consecutive year.

The Columbia Scholastic Press Association (CSPA) at Columbia University awarded the Midway its Gold Medalist rating, that association's highest, first received by the Midway also 46 years ago.

"The leads are solid throughout. The stories are well-researched and they have a variety of opinions represented," the NSPA judge commented. "Art is very poignant and of professional quality." Judges praised the Midway for its breadth of content.

"Your paper has so much to offer readers, both those who are members of U-High and people far removed from the Windy City," the CSPA judge wrote.

Both judges criticized the Midway's layout and design and both suggested less clutter.

"Last year's Executive Producer for Special Projects, Nick Chaskin, who designed last year's paper, was aiming for something fresh and groundbreaking," Journalism Teacher Wayne Brasler said. "The problem is, we've found in the past decade or so a new element in the judging. If a newspaper doesn't look like all the other school newspapers winning awards, the judges conclude the designers just don't know what they're doing.

"But that's never been true for the Midway. Every staff has designed its publication with specific goals in mind that go beyond it just fitting what is perceived as the standard. Professional designers understood what Nick did and told me they thought it was effective."

Lab Schools faces special situation with social networking

(continued from front page)

"We've always been working on maintaining healthy student-teacher relationships," Mr. Lopez said. "We've tried to find a balance between how to be friendly without being friends. At the Lab Schools it's even more complicated because some teachers have been in their students lives forever and have known them since preK.

"With social media and social networking sites, sometimes we don't always realize what we have access to and what we can see. Social networking sites allow students and teachers to see into each others personal lives which isn't always a good thing."

The new policy addresses seven key points regarding how employees may act on social media sites, including one restricting employees from friending or accepting friend requests from students. "The policy was created to give teachers and students a clear direction in terms of what they can and cannot do regarding Facebook," Mr. Lopez said. "The University of Chicago wanted to publish their policy first, which they did last summer. I then worked to create a policy for the Lab Schools that would address relationships between adults and minors, something the University's policy did not mention.

"We are not trying to dictate how teachers must use social networking sites, but we are trying to stay true to the Lab Schools mission and relieve students and teachers a like from unintended relationships. As for class work and class uses of Facebook, groups and pages can allow teachers and even coaches to make announcements but it doesn't mean that the teacher or coach has to be 'friends' with the student."

Though unclear of how teachers were using social media sites previously, Principal Matt Horvat hopes the policy will prevent legal issues from

High faculty.

"In the past," Mr. Horvat explained, "teachers at other schools have gotten in trouble because they've 'friended' students and later that student has vocalized on Facebook that they will or hope to do something that will affect themselves or others in a

arising and protect the U-

negative way. In this situation the teacher has gotten in trouble because they have had a relationship with that student, through Facebook. Our policy hopes to prevent these situations from happening at U-High."

Though she will be restricted with how she uses Facebook, Photography Teacher Liese Ricketts feels the intention of the policy is for the school and the University to avoid litigious circumstances.

"I still use Facebook with my students in the one important way I used it before the policy of the University was instituted," Ms. Ricketts said. "My PhotoJ class creates a Group on the site and we share information, films, essays, etc with the Group. No one has to 'friend' anyone else, so the policy does not apply.

"Where it did affect me was in the area of students who had friended me whom I had to defriend. That was hard, because some students I don't see much now, because they are no longer in an art class in Art Alley, so we are disconnected. One example of a fun interaction this summer was that a student, formerly in my class, was abroad studying photography, and started a chat in real time about his class, asking questions, and sharing ideas for his project. It lasted about 10 minutes but he knew he had a resource which was handy and I thought it was very cool."

Social media sites provide great resources for students and teachers to interact in a positive manner Ms. Ricketts believes.

"Through Groups on sites like Facebook and Google+one can share visual information as well as data and create interactive group chats on a given theme in real time, outside of the classroom, and in addition to it. With all the talk of more contact hours as a goal, here is a way one can have additional time as well.



By Sydney Scarlata Executive Director of Special Projects

Respectful. Compassionate. Strong.

All those adjectives that described former Lower School counselor and Lab Schools parent Yolanda Scheunemann, who died September 24 after a valiant battle with colon cancer.

Mother of four–Mark Allen, Class of 1978; Carl, 1980; the late David, 1992; and Alyssa, 1997; and wife of psychotherapist Henry

city.

with traumatic events in her life includ-

ing her struggle with cancer and the

death of her son, David in 1992 in a trag-

ic accident six days after his high school

graduation, Ms. Scheunemann remained

committed to helping others, said former Lower School Principal Beverly Biggs.

"She was compassionate and a wonder-

ful coworker," Ms. Biggs said. "She was

an amazing resource to the U-High com-

"When she was sick with colon cancer,

she would recover from her treatment

and then come in and work. She used

her illness and the death of her son to

help her in her practice and be more

relatable to children also going through

traumatic events in their lives.

Scheunemann

Scheunemann estab-

lished a private coun-

seling service in 1982.

In 1985 Ms. Scheun-

emann joined the Lab

Schools faculty as a

Lower School coun-

selor, while continuing

her own practice in the

Even while she dealt



Mrs. Schuenemann in 2008

munity.

Her dedication to the Lab Schools was evident by the creation of many support groups.

"She started the Banana Splits Club

with a few others to help children whose parents were going through divorce or separation," Ms. Biggs said. "She felt it was important for children to have a support group when they were going through what can be a very dramatic change. She even went to conferences and other schools to speak about the significance of a group like this one.

"When we found that there were several children in the Lower School who had lost parents, she did extensive research and created the Good Griefs Group. She was even available to help parents who were looking for help in dealing with events like these. She was extremely committed to the well being of the children at this school."

She was a tremendously respected person as well as counselor according to Lab Schools Director David Magill.

"I thought the world of her," Mr. Magill said. "Not only was she a fantastic counselor, but also a Lab Schools parent. For a number of years, she battled cancer and always stayed strong. She was a real role model for this and for her strength in dealing with the death of her son as well.

"She was very empathetic to children who had gone through traumatic experiences like the lose of a parent or a divorce. She was a resource to many parents, too, who had children with special needs, and was often helpful to many who were going through mixed marriages, partly due to her own personal experiences."

A memorial service is being planned and will be announced later.



FOURTEEN STUDENTS from El Piles High School in Gijon, Spain, became U-Highers September 12-26. Staying with U-High families, they attended classes a week and then experienced Chicago. Maya and Ary Hansen's guests, Marta Alvarez, left, and Ines Gonzales de Herrero, worked with them on an A.T. Biology activity.

"Our exchange students remembered chemical structures better than we could so it was a little embarrassing but very helpful to have them there for the activity," Ary said. "On the last night they gave me a huge card for my birthday, which they all had signed. Ines is one of my best friends now and we still talk over Facebook when we can." Photo by Christian Castaneda.

Lorem Ipsum

.by Gene Cochrane









A month in, schedule still being weighed

(continued from front page)

faculty members because they have to set up the equipment for labs in two different rooms and not just

"ANOTHER MAJOR PROBLEM I see with it is that it prevents a lot of kids from taking advanced science classes. The schedule was supposed to make life at Lab less stressful by capping the number of courses a kid can take. While some kids do get in over their heads by taking too many courses, a small number can take those courses and they are being restricted when they shouldn't be."

While the 75-minute periods have increased class time to work on both the Midway and U-Highlights, the schedule change has stymied enrollment in Beginning Journalism, says Journalism Teacher Wayne Brasler, publications adviser with Ms. Liese Ricketts.

"Our Beginning Journalism program has been decimated," Mr. Brasler said. "I have exactly four kids; usually we have from about 10 to 15 and of course they are the future of the Midway as they later become the editors and without them there will be no Midway. The Beginners are not getting class discussion or the atmosphere of a class. They are working on their own and that is not journalism education. Because almost all Advanced students also are not in classes but coming to different periods, there is limited contact between new and old journalists also."

CO-DEVELOPER OF LAST year's petition against the new schedule with Seniors Nathan Eckstein and Shannon Vavra, Senior Maddie Lindsey believes that U-Highers have adjusted well to the change.

"It hasn't been as catastrophic as I thought it would be and the long periods aren't that bad if used correctly," Maddie said. "In math and computer science they give us time to get work done and ask any questions we may have, which is great when you can't sync up with the teacher later. In the original schedule

we were petitioning, the ordering of periods wasn't in a natural linear order. When they reconfigured it to make more sense we backed down. Then it was just the loss of double lunch we had issue with.

"I've found that the schedule has been a refreshing change of pace because I was one of those people who took nine classes sophomore year and 10 my junior year. I have a lot more free time this year and as a senior I'm happy to have a lot of free periods."

FINDING THE SCHEDULE an overall positive, Student Council President Andrew Palmer, senior, believes the issues and complexity of the schedule will be resolved by next year.

"From what I've heard, a lot of teachers and students are confused by how exactly this schedule works," Andrew said. "I've heard people discuss the pros and cons of the 75-minute period and I've found that many classes are getting out of sync and it's hard when some classes get ahead to plan a test on the same day for all

"It's not as bad as some people thought and there are some similarities to the old schedule. I think a lot of the anger was based on pre-established ideas. There was a big argument that clubs would get hit pretty hard. So far there hasn't been a huge complaint or outcry from the clubs."

TAKING ADVANTAGE of the lengthened class periods by providing in-class time to start homework and to further explain concepts, math classes have greatly benefited from the new schedule, Math Department Chairperson Jane Canright believes.

"I think in general all the math teachers have been looking forward to more time and it is something we've asked for, for years," Ms. Canright said. "We were a little nervous about how it would work but we're more optimistic. In calculus our regular testing days are on long class periods and in other classes we can go over homework to make sure it's all understood and even give a quiz and cover the next section, which is something that never worked in the past.

"All of our teachers are teaching one fewer section which means that on average they have 20 fewer students and they can grade assignments more promptly and have a lighter load in terms of number of stu-

THE FORMAT of the new schedule has prevented some elective programs from having full enrollment, such as Mr. Brian Wildeman's 1st-period Digital Designs class, which consists of three students.

"Not many people were able to sign up and there were a number of issues weighing that," Mr. Wildeman said. "Last year I was worried about having more than 10 people enroll for the class because if they did I wouldn't be able to have it in this space. However I saw that in 1st or 2nd period I could enroll more because I could have the class in the Journalism Office, so I chose either 1st or 2nd as my class periods.

"However there are a lot of core classes and other factors during 1st period that seem to prevent most student from being able to enroll in an elective during that time slot."

AFTER THE CHALLENGES of making the schedule work, Principal Matt Horvat believes it has been a success.

"So far we've gotten all the students in the right place at the right time," Mr. Horvat said. "There are always challenges with putting students in classes; it was just more challenging this year because there's one less period.

"We had to try to make the schedule work for the space we have, the faculty and the students. We share space with the Middle School and the Lower School and we had to make it so our schedule didn't impact theirs as best we could.

"The open periods are great because it's a great time to have assemblies. It was great that Student Council could run the club shopping assembly and that is something we could have never done in the past."

CHARACTER SKETCH BY HEBAH MASOOD

A world traveler, leader of two clubs, sports team captain

DRESSED IN a blue fleece from L.L. Also a Renaissance Lit board editor and you've done. Bean with a pencil tucked behind his ear, senior Josh Koenig relaxes in the cafeteria, treating his friends to a rendition of "Bad Day" by Daniel

Competing in Model U.N. since his freshman year, Josh placed first at eight of the nine conferences he has attended.



JOSH KOENIG

writer, Josh joined the magazine when he couldn't play soccer because of a knee surgery. He also travels frequently, visiting everywhere fr om glacier parks in Kyrgyzstan to Machu Picchu, Peru; as a child he lived in Australia, and China in 3rd grade for 10 months.

HIS SISTER, RACHEL Rosenberg, Class of 2009, signed Josh up for Middle School-Model U.N., a recruitment conference that U-High stages for the Middle School.

"I really liked Middle School-MUN, it got me really interested in doing Model U.N," Josh said. "Now as the Director of Delegate Preparations I interviewed last year's seniors about what they thought we were doing right and wrong," Josh said. "Before and after every conference I'm going to discuss strategies that worked and didn't work with the other board members."

Though Model U.N. requires a lot of work, Josh feels rewarded by the end. "I LOVE THE rush in the committees," Josh said. "You start realizing you're running the direction the committee takes. At the end of the conference you look back and you see how much work

I used to think that MUN was argumentative like Debate Team," Josh said. "But it's not just that; it's also about working with people, how you interact with other people, it doesn't matter how good your ideas are if you can't present your point well and vocalize your opinion."

While on crutches his junior year after a knee surgery, Josh couldn't play soccer, a big part of his life. The summer after his sophomore year when the surgery took place, he was supposed to study abroad in Barcelona.

"INITIALLY, I WAS supposed to go to Spain over the summer before junior year as part of a soccer camp," Josh said. "I got my crutches off a week early just so I could go on the trip. Because of the surgery, I went to Barcelona just to improve my Spanish.

"Once I got to know the guys there we tried to do different performances since I couldn't play soccer. We ended up doing a street performance of 'Hey Soul Sister.' Where I sang while my friend played the guitar. We were performing in a commercial district that had lots of bars and was very touristy. It was very busy and we made about 35 Euros, which is just under \$48, but theoretically we weren't allowed to perform there and we got moved around once or

Visiting his old home in Canberra Australia where he lived from the ages of one to two, Josh hoped for memories to rush back to him.

"I didn't really remember anything before we went," said Josh. "I thought the moment we drove past our old house or my old Montessori school memories would come back but I didn't remember a thing.'

NOW, TAKING CHINESE III, Josh is regaining the language he lost after returning from Xiamen where his dad taught at the University of Xiamen.

"I'm definitely interested in going back to China because it's such a dynamic place. I'd also like to go to South America to study abroad in college," Josh said.

"I've always wanted to go back to China or South America, where I could study political structures. It would be really interesting since I might go into Political Science and I would love to do it there because I can speak Spanish."

AS **THE MIDWAY** SEES IT —



Art by Lydia Cochrane

Still getting into rhythm

Something seems to be missing.

A month into the school year, the jury is still out on the new schedule. U-Highers have a have a variety of opinions about it; some good, some bad.

Many students say enrolling in classes they wanted proved challenging because of the reduction in periods. Taking Fine Arts courses, History electives, and two science classes has become especially difficult.

All-school open periods resulted in a crowded library, cafeteria, and department offices, making it difficult for many students to find homework help and study space.

A staple for 48 years, Journalism has suffered from a near-absence of Beginning Journalists, with only four currently enrolled instead of the usual 10 or 15. Because of their inability to enroll in class periods, Journalism students are being forced to schedule classes for after school or Saturdays.

Meanwhile, Peer Leaders have expressed frustration over their time with sophomores being slashed to just 30 minutes each week. Juniors, who used to co-lead seminars, will not have the chance to do so until Winter

On the other hand, 75-minute class peri-

ods may have cut some student stress. U-Highers now leave longer classes with all their questions answered. Many teachers have also developed innovative ways to use the extended blocks of time, from showing videos to working on larger group projects or facilitating group discussions in small

Yet, there seems to be an important facet both students and teachers say they can't yet find in new schedule: a daily rhythm.

Some U-Highers say they constantly feel rushed. Many students and faculty need to carry a copy of the schedule, still unsure exactly when classes start or end. Others feel less productive because of extensive blocks of free time, sometimes stretching as long as two hours.

A schedule aiming to increase contact time between students and teachers has accomplished its goal, but not without a visible toll on student life.

Then again, it's only been five weeks, much too early to tell just how the schedule will affect students. After all, U-Highers' opinions seem to be changing every hour.

You never know, after all; you might just change yours.

Time really isn't the issue

Chicago Teachers Union President Karen Lewis in the media over the need to lengthen Chicago school days, U-Highers can't be blamed for getting déjà vu.

The debate sounds strikingly similar to the multiyear dialogue that led to this year's scheduling shakeup at U-High.

Aiming to bring Chicago Public Schools class time up to the national average, Mayor Emanuel has pushed hard to add 90 minutes to the school day this Fall. Statistics show CPS students spend more than 200 less hours in class than New York City Public School students.

The CTU has fought vigorously to delay the change until next year, when contracts will be renegotiated. Teachers argue that extending classes should not be used as a strategy to keep kids off the streets.

Attempting a novel strategy, Mayor Emanuel has offered bonus pay to teachers who vote to add class time this year, overruling their union.

The U-High schedule underwent a similar transition this year, adding 30 minutes each week to every class and eliminating an early 2:35 p.m. dismissal twice a week.

Watching Mayor Rahm Emanuel debate Comparable to Mayor Emanuel's citywide argument, the schedule's proponents hoped that increasing contact time between teachers and students would facilitate learning.

Of course, this begs the question of whether the schedule has accomplished its goal. Students have mixed feelings about the new 75-minute class periods. They say some teachers still are without plans to use them, simply extending discussions or holding work periods to fill the time.

If lengthening classes has been questionably effective at U-High, there's no reason it should work for almost 500 CPS schools.

Mayor Emanuel is pursuing an admirable goal. Youth involved in school activities will cause less trouble than those roaming city streets. Mandating more academic time, however, doesn't seem an effective strategy to combat that problem.

Schools could easily add unstructured time to their days instead, allowing students to have more freedom, but closely supervised. In fact, keeping students in class for longer seems just as likely to alienate them from school as encourage them to learn.

If the mayor were to ask, he would learn that many U-Highers agree.

OPINION DUNCAN WEINSTEIN

Tough curfew can't solve crime problem

U-HIGHERS UNDER 17 better start saving their allowances. Mayor Rahm Emanuel's new curfew law comes with stiff penalties for vio-

Another attempt by the new mayor to deter crime, the law requires youth 12 to 16 be home by 10 p.m. weeknights and 11 p.m. weekends. First and second time offenses come with hefty \$500 fines. A third violation will cost a whopping \$1,500, unaffordable for many

U-Highers are already feeling the effect of the new law. The Home-

coming Dance is scheduled to begin and end earlier to accommodate the ordinance. Now, all school activities after curfew will require students to leave with adults, Principal Matt Horvat said. That's a lot of effort for a curfew that seems unlike-

ly to prove effective. Police can't patrol the entire city every night picking up kids. After all, the law was passed because some parents aren't keeping tabs on their children's behavior. For these parents, it's going to take more than a couple fines to keep them checked in.



Using the curfew to stop would-be criminals from committing crimes will prove difficult as well. Teens who already break laws likely won't give any thought to breaking another.

For those not causing trouble, the curfew poses even more of a problem. It's easy to assume teens out at night are always up to no good, but that's not always true. Going to a midnight movie premiere with friends on a Friday night shouldn't cost \$500 plus popcorn.

In fact, the curfew seems only to have benefited one group of people: Chicago politicians. Legislators supporting the law can now claim greater "tough on crime" credentials. As a result, the City Council passed the ordinance in a unanimous vote without debate last summer.

And, since minors can't vote, there was no political blowback for proponents.

While ultimately intended to protect young people, the curfew appears more likely to hinder them. The law may protect some youth from becoming victims, but the truth is it probably won't deter many

One thing, however, is certain. It will take more than a tighter curfew to fix Chicago's crime problem.

Compiled by Spencer Lee

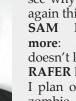
What do you plan to dress up as for Halloween? Why?



Rebecca

REBECCA ALEXANDER, senior: I'm going to be a very tired version of myself. With college apps and schoolwork, I don't think I have the time to put together a creative costume.

MAXINE NESBITT, junior: I am going to be Dora the Explorer and my friend will be Boots. We did a joint costume last year, so I don't see why we shouldn't do it again this year.



Sam

SAM KAPLAN, sophomore: An M&M. doesn't love M&M's? RAFER DANDY, freshman: I plan on dressing up as a zombie this Halloween be-





Rafer

U-HIGH MIDWAY

cause I like eating people.

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Em-

ers this fall.

ded

She nod-

and

racks,

blousy

out

sweaters, and plaid button-down shirts Andrew. hang from shiny metal racks positioned against the walls of Crush Clothing Store.

As I walked into Crush with Sophomore Emily Hsee and Senior Andrew Palmer, we cast shadows against the glossy white floor. Located at 2138 West Roscoe Street in the hip Roscoe Village neighborhood, Crush caters to preteens and teenagers.

MOMENTS LATER, we were greeted by Jen, a friendly employee who had been helping another customer pick out a dress. I explained



SUCESSFULLY FINDING a rose patterned Crush brand t-shirt (\$18), Emily Hsee checks to see if it matches her skirt.

MAGGY fur vests, colorfully patterned ted skirts, and vibrant thermals for Emily and



Comfy white couches with green and pink plush cushions sit in the back of Crush beside glossy white changing rooms. A giant heart light built into the store's far wall casts a glow on to white shelving filled with folded tshirts, denim jeans, and flatrimmed baseball caps.

Crush carries brands popular among teenagers, including Burton, Wish, and Vintage Havana. After Jen explains to us what's hot this fall, we learn chunky knit sweaters, bright colors, fur, and neutrals are drew model trending this fall.

AMONG THE clothing modeled by Emily and Andrew are noteworthy articles. Emily modeled a beautiful striped maxi dress made of brown and black chiffon, which Jen accessorizes with a thick, black vest. Andrew flaunted a plaid jacket over a sharp black t-shirt.

Jen stared them both down for a cursory second. Satisfied with her work, she told them to try on the next outfit.

Crush offers affordable pricing, ranging from \$10-\$300. U-Highers, ditch the pajama pants, head over to Crush and fill your closet with t-shirts, fit- this fall's styles!



ADORNED IN a cozy yet stylish red and black plaid Burton sweatshirt (\$48) with purple and gray Burton hat (\$28) in hand, Andrew Palmer considers whether or not to accessorize his outfit with a warm yet fasionable solid colored scarf. Photos by Sarah Husain.

BOOKS LEAH BARBER

Just two kids in the big city

"WE WALKED around until 2 in the morning and finally, almost simultaneously, revealed that neither one of us had a place to go." With that, Patti Smith and Robert Mapplethorpe began their journey through the 1960s and '70s in New York

Smith, the poet, artist, and rock musician, was instrumental to the '70s New



York punk rock scene. Best known for her 1975 debut album "Horses," she chronicles her life and career as well as that of now deceased longtime friend and photographer Марplethorpe.

Also an artist, Mapplethorpe is remembered partly for his controversial shots of nudes, private parts and sex acts. With her memoir "Just Kids" (Harper Collins, \$27), Smith chronicles their romance-turned-friendship as each became more successful in the city.

SMITH WRITES of late 1960s through '70s New York with the same poetry that made her famous in the music world, giv-

ing every aspect a sense of beauty. She writes not just her own experiences in the city, but also writes how culturally influential it was at the time. She never fails to mention a Jimi Hendrix sighting at the Chelsea Hotel, or dinner at Andy Warhol's favorite spot, Max's. Smith doesn't want to leave anything out.

What "Just Kids" does best is how Smith and Mapplethorpe's shared love and support of each other and each other's work.

AS TWO FAMOUS artists with no clear link to one another, their friendship wasn't widely known throughout their careers, making "Just Kids" all the more personal. The book represents not only a retrospective of Smith's life, but also her account of a world that can, for the most part, only be looked at from a distance.

Just like Smith's music and Mapplethorpe's photography, "Just Kids" is a work meant to surpass them both.

In the last paragraph of her book, Smith writes, "No one could speak of these two young people nor tell with any truth of their days and nights together. Only Robert and I could tell it. Our story, as he called it. And, having gone, he left the task to me to tell it to you." And that she does.

COOKING WITH ANEESH KANAKAMEDALA

How do you say 'potatoes' in Spanish?

UNFULFILLED TAPAS cravings are finally answered. It's just as easy to cook these tasty dishes up at home.

For true fans, the king of tapas is "Patatas Bravas," meaning "brave potatoes." Combining crispy deep-fried potatoes

and a creamy tomato sauce tastes like such a savory and spicy culi-

nary heaven. Just be sure to gather your three closest spicyloving friends after preparing this appetizer; any more people, and you will be forced to spend 20 more minutes making another batch.

1 cup of mayonnaise



2 large Russet potatoes cut into 1 to 3/4 inch cubes 1 medium white onion, diced 2 cloves of garlic, minced 1 16 oz. can of tomatoes with juice 2 tablespoons of white vinegar 3 teaspoons of hot paprika 3 tablespoons of chili powder

Olive oil for frying Salt and pepper to taste

First prepare the Brava Sauce. Drizzle a little olive oil in a pot over mediumhigh heat and add the onion and garlic, stirring until soft, about three minutes. Add the tomato with sauce and the white vinegar. Continue heating the sauce for five minutes to reduce it.

Now for the dry spices. Add the paprika and chili powder and simmer for three minutes. Add salt and pepper to taste.

At this point the sauce is complete. To make a more authentic Bra-

va Sauce, use a blender and puree until smooth. Use caution, as the sauce will be hot, and spillage could cause burns.

Compared to the sauce, the potatoes are easy. Drop them in a small pot of boiling oil, deep-fry until golden, drain, and dry. For those who enjoy softer insides, boil the potatoes in 2 quarts of salted water for



AFTER 20 MINUTES of cooking, the Patatas Bravas is finally done and ready to be served. Photo by Aneesh.

seven minutes, drain, and then deep-fry.

Finally, assembly. Pile the potatoes on a plate and drizzle brava sauce over them. Take the mayo and drizzle or pipette it on top. When the dish has enough sauce and mayo to your liking, enjoy the authentic Spanish tapa with a toothpick, making sure to slather your potato chunk in mayo and Brava sauce.

MUSIC MARISSA PAGE

Aneesh

New sounds, new label, but less originality

BREAKING AWAY from the confinements of their country-rock image, Wilco's eighth studio album, "The Whole Love," encompasses a wholly new

sound.



Marissa

After alternative folk outfit Uncle Tupelo split up, the band's former frontman Jeff Tweedy established Wilco in Chiago 1994 with Uncle Tupelo members John Stirrat, Ken Cooper and Max

Johnston.

The band's current lineup consists of Tweedy on vocals and guitar, Stirrat on bass, guitarist Nels Cline, drummer Glenn Kotche, keyboardist Mikael Jorgenson and multi-instrumentalist Pat Sansone.

"The Whole Love" is Wilco's first album released on their own label, dBpm

Records.

From the nebulous opener "Art of Almost" to the soft, comforting endnote "One Sunday Morning (Song for Jane's Smiley Boyfriend)," this latest album is a mish-mosh of different genres, including indie, electronic, rock and country.

The album's first single, "I Might," sounds like a cross between Beck, The Beach Boys and Arcade Fire, whereas the fourth track "Dawned on Me" mirrors the melody of 1995 UK chart-topper "Alright" by alt-rock band Supergrass.

Highlights include "Black Moon," a light, simple tune reminiscent of fellow indie rockers Iron & Wine; "Born Alone," a cheery, jubilant jam that practically embodies a summer day; and the title track "Whole Love," which is fun, jumpy and successfully executes several of the themes Wilco attempts to execute throughout the record.

Despite their charm and aesthetic plea-

sure, these songs lack the originality and influence Wilco is famous for.

"The Whole Love's" biggest downfall lies in its frequent, overwrought guitar solos. Some are psychedelic, some are robotic and some are bluegrass-y, but all are too loud, too loose and far too long.



OAD TO RECOVERY



For injured athletes, getting back in the game can prove a sports challenge of its own

FIRST OF A TWO-PART STORY

magine qualifying for State in the 4x800 meter in your 1st high school track season and becom-Ling the varsity volleyball team's starting libero in just your 2nd year, only to see those achievements become distant memories after a run along a slippery Lakefront path.

Or imagine putting in grueling extra hours in the pool, training to reach starting varsity swimming status in your sophomore year and then having everything you have worked for since the 3rd grade to get to this point crushed because of a joint issue entirely outside your control. **SOUND IMPROBABLE?** These stories have turned into reality for Senior Emma Davis and Junior Meryl Charleston.

These girls are two of four U-High fall athletes who have suffered significant injuries during the past two years. According to the National Center for Sports Safety, approximately 30 million children and teenagers participate in some form of organized sports in the United States, and more than 3.5 million suffer injuries each year.

While 62 percent of organized sports related injuries take place during practice rather than game situations, overuse injuries, which take place over time as a result of repetitive motion, represent nearly half of all injuries to high school athletes.

OUT OF ACTION for more than 10 months, both Emma and Meryl have been forced to deal with the physical difficulties but also complex emotional issues involved in recovering.

When she slipped and fell on her hip while on a Lakefront run during Winter Break last December, Emma didn't think it was anything serious at first.

"I was training for track and, when I fell, it definitely hurt, but I just kept on running and it didn't occur to me that I had actually injured myself," Emma said. "I started out Winter track but it kept on becoming worse and worse and turned into something I couldn't ignore. "INTHESHORTTERM,Ididn'tknow that it would be anything serious, because I never had an injury or even been to the trainer before. I spent most of my time thinking I would get better because that was what I had been told, but later on, the more into my mind came the notion that if I hadn't gone out for that one run, it never would have happened."

For Emma, the hardest part was watching the track team last Winter and Spring and hearing about them in the races she had previously taken part in. "I've been told since I was a freshman that running in college was a strong possibility given where I was developmentally during freshman year," Emma explained.

'AFTER VOLLEYBALL ended last season, I was getting into great shape, dead lifting 200 pounds, and seeing Mr. Harper regularly in the offseason between volleyball and track in order to head toward my goal of being recruited. I ran the 4x800m both sophomore and freshman year at State, and I didn't really believe I could be recruited at the Division I level, but it was great to feel that potential. In the context of athletics especially, people rarely reach their peak fitness and their limits."

For Emma, while the sky seemed the limit back then, her injury has restricted her to finite limitations. "When I lost running, I lost a pretty big outlet," she said. "When I was sad or stressed, I used to go out for a run, and when I was feeling that way last winter and spring, it was difficult for me to not have that escape method. I was incredibly jealous of the other members on the team. Seeing the track team go on without me was hard to watch from afar.

"ON TOP OF THAT, throughout the injury process, I've been given so many diagnoses from so many people, each of whom gives me some relatively short timeframe during which they say I'll recover. Nobody has been right so far. It's gotten to the point where I can only take so much disappointment, and I just don't think it's as easy or simple as people think it is."

During her experience coming back, Emma has seen multiple physical therapists, but fortunately she has found one now who believes she will have recovered by track season this Winter, and hopefully will be able to play volleyball before the end of the season.

"Although she thinks I can return in the winter, she is not giving a definite timeframe, like before," Emma "But I don't want to have too much faith in this, as I know it would be so disappointing if it is not the case. I just don't want to get any of my hopes up."

DESPITE HER ABSENCE, Emma feels the volleyball team has played well so far this season. "My position as libero was basically to get the ball in the back where nobody else could, requiring a lot of diving, and thus it has been so difficult to come back since that diving would worsen my energy," she said. "But the team doesn't seem to be missing me that much. Sophomore Ruby Koontz is a fantastic libero, and we're having a fairly good season thus far with an overall record of 9-10.' Junior Captain Rachel Buikemafeels the teamhas missed Em

"It's only Ruby's 1st year on varsity, and she has improved a lot over the course of the season," Rachel said. 'Although she has filled in quite well, there's no doubt we \mbox{miss} $\mbox{Emma's}$ strong personality and skill set. We miss her presence on the court, but even when we just have to run during practice, we miss the spirit she brought to the team. Some days, she comes to practice and does certain drills with us, but unfortunately sometimes she can't even come to practice, and there's something that's clearly missing."

ma's energy but agrees that Ruby has stepped up inher place.

REFLECTING ON HER INJURY experience, Emma feels she has learned the truth behind the cliché "you don't know what you've got until it's gone".

"I didn't think I was impervious to injury, but I hadn't ever sustained an injury, so it just never occurred to me that it would happen," Emma said. "For that reason, it was sort of a slap in the face when it happened. There's something about sports, though, that I've especially missed, the physicality of the game, a way to work your mind and body in sync. Sports represent the ultimate way to push yourself.

'You can go far with your mind in school, but achieving something athletically feels like a much greater accomplishment than getting an A on a test. It's a victory of the mind and body. There's the strategy and will power but also the physical strength and skill needed to do what you are doing and the great feeling of working with people who are incredibly dedicated to a certain goal.

"I WOULD DO ANYTHING to run a 4x800m again with my teammates, because the simple joy of running such a hard race with such driven runners was a very rewarding thing for me. Changing from a person who was in sports all the time to someone who was only at school and the doctor's office was very depressing. I went to one track meet and felt like an outsider, which was especially tough for me.' With strong support from her friends and teammates during the recovering process, Emma stays motivated to continue to come to volleyball practices as much as possible.

'Sports don't just go away because you can't play," she said. "As much as it hurts to get my hopes up and then kills me when they're wrong, I come to volleyball practice because sports has continued to stay part of me, and being there is much better than not doing anything. I think if you give up on yourself, you lose your hope. Sometimes I admittedly almost feel like a ghost during games. I even get asked, 'Why did you even come?' It seems terrible but you have to keep going, even when it seems that there is not a hope in the world."

IN CONTRAST TO Emma's quick injury, Junior Meryl Charleston, born with hypermobility in her joint muscles, first realized significant issues with movements in her shoulders while swimming freshman year.

"Essentially what hypermobility means is that my joints are too flexible," Meryl said. "My knees bend backwards, my fingers bend back, and my shoulders pop out of their sockets occasionally. I started swimming when I was only 3 years old, but first noticed the shoulder pop-

ping in 7th grade. It wasn't until freshman year, however, when they started to cause severe pain and would even pop out during races. Every time I moved my arm, there would be a crackling noise, but I wouldn't think much of it.

In spite of the pain, Meryl did not

inform her father about her shoulder troubles until sophomore year. Meryl "I APPROACHED HIM in early November, toward the end of the swim season, and we then proceeded to schedule an MRI right before the last meet," Meryl said. "The results revealed that my bersa was fraying, and there was a lot of scar tissue on my rotator cuff, which didn't

leave any room for my shoulders to rotate when I swam. "If I continued swimming from there on out, there would have been so much scar tissue that I eventually wouldn't have been able to lift up my arm. For the three months after swim season ended up until December, I underwent physical therapy and followed the exercises, but my shoulder didn't improve enough for me to return to swimming." BECAUSE OF HER hypermobility, Meryl admits there was

no way to help prevent the injury, because swimming forces her to perform numerous rotations of strokes every day. "The normal wear and tear of swimming butterfly and freestyle every day just made the situation worse," Meryl said. "Now I'm not allowed to swim competitively ever again and can't swim freestyle or butterfly excessively if I want to keep movement in my shoulders. I'm allowed to swim recreationally, and my parents have asked me multiple times over the last year to swim laps with them, but it's been in-

credibly difficult to not be able to do everything I used to do." Next issue: The story concludes with two more athletes and interviews with coaches.

"I didn't think I was impervious to injury, but I badn't even sustained an injury, so it just never occured to me that it would happen."

-SENIOR EMMA DAVIS, track



Searching for a cure, finding a win

LEAPING TO strike the ball, Eleri Miller prepares a spike in a match with Saint Benedict September 23. The Maroons defeated the Bengals 25-12 and 25-5 in straight sets. The game was the Maroons' third "Volley for the Cure" to raise funds to help develop a cure for cancer through U-High's Kids Involved for the Cure of Cancer (KICC) group. Volleyball team members donned pink uniforms and played with a pink volleyball and sold pink t-shirts with proceeds benefitting **KICC.** *Photo by Elizabeth Gelman.*



Rain, mud and personal triumphs

SPRINTING OFF to a quick start, Jordan Einhorn, Alice Fine, Kaitlyn Suchyta, Alex Chang and Hannah Tomio kicked off their three-mile cross country race September 24 at the Whitney Young Invitational. The Maroons battled heavy downpours and muddy conditions throughout the race at Washington Park course, with 19 girls' teams participating and 20 boys'. U-High girls finished 10th and boys, split into a freshman and sophomore squad and a varsity squad didn't have a team place. Despite the conditions, Alice and Alex set personal record times, Alice 17:11 in the 2-mile run and Alex 22:15 in the **3-mile run.** *Photo by Lily Steffen.*

Sporting legacies flourish at U-High

ALL IN THE FAMI

By William Chung sports editor

U-High brothers and sisters playing the same sport together feel they have taken on a new relationship with each other through the medium of sports.

WITH JUNIOR Molly, Freshmen Sofie and Leah Rozensweig all playing several sports, these siblings represent the norm rather than exceptions for families of U-High athletes.

"Except for Anna who graduated last year, we partake in a variety of sports" Leah said. "Molly and I play j.v volleyball and Sofie does basketball, but we all love playing whatever with each other.

"Another activity all three of us do together is Horseback riding. We went riding in Ireland around six years ago, and we loved it so much we went again last year."

THE ROZENSWEIG'S PARENTS, Lawrence Rozensweig and Cynthia Wong, excelled in sports as well.

"My dad was a basketball start at New Trier," Sofie said. "He was really tall around 6 feet, 10 inches. He was an All-USA player and he was planning to play college ball for Stanford before he injured his knee and had to stop."

Molly and Leah say they work on staying friendly while playing on the j.v volleyball team.

"WE GET ALONG pretty well," Molly said. "It depends on our moods really, but we have to get along pretty well in public."

"Leah thinks that since we have more room to criticize each other because we're sisters, it really does help us improve. She really does like doing that."



Michael

With a game-winning varsity goal against Oak Lawn High School already under his belt, Freshman Michael Glick is expected to play a crucial role on the soccer team, and Junior Steven is proud

that his brother has done so well.

"I THINK he's off to a great start,"
Steven said. "Our parents didn't really play super competitive sports when they were in high school, but we really

wanted to play baseball and soccer."

"Michael started playing soccer when he was little, and joined a club team when he was nine. We had our own personal pursuits though. I was more of a baseball kind of guy, and he was the soccer player."

Michael felt like his brother's example motivated him to try harder as well.

"I ALWAYS looked up to my brother because of the example he set," Michael said. "When I was little I used to watch his South Side Fire games, and while everyone else was lying around, he would always be trying his best. I really looked up to that."

Both starting sports at the age of five, the brothers have helped each other throughout their sport careers.

"I remember one time in a Little League game for the White Sox when I was 8 and he was 10. He was pitching and a particularly good batter came up," Steven said. "I walked up to the mound and gave him some advice on how to pitch. The next thing I knew he had struck the guy out. It was nice knowing that I had helped."

PLAYING ON the same team has helped the brothers work well off the field as well.

"We've got along a lot better since we're on the same team now," Michael said. "We really can't get mad at each other in front of a ton of people, so I think that translated into our personal lives too."

"I know I can always go to Steven for help. It's pretty funny when Max Hornung starts screaming 'Yeah Glicks!' at us when we're both driving the ball forward."

"HE WORKED out with me over the entire summer. Whenever I wanted to play he'd always play with me, at Stagg Field and on the Midway."

"We also lifted weights and he taught me how to make sure I wasn't doing too much but still making sure that I got a good work out. We also did a little swimming, and he would have work outs planned for me and everything."

Swimming with each other since they were in 4th and 7th grade, respectively, Freshman Miranda and Senior Sydney Scarlata also played club soccer together starting two years ago.

"I STARTED playing soccer when I



Despite being new on the High School swim team, Miranda feels that she got

used to the High School level much quicker because of Sydney's support. "It was pretty good,

because the team had a lot of upperclassmen and it was nice to know somebody,"

Sydney to know somebody," Miranda said. "We cheer each other on whenever we have events."

"Sydney usually stands at the end of my lane and, well, yells really loudly. Whenever I have a hard event coming up, like the 200 individual medley, she talks me through my nervousness and gives me tips whenever I need them."

BEING SISTERS on the team brings unexpected benefits, Sydney believes.

"It's convenient having a sister on the swim team, it's a lot of fun too," Sydney explained. "At one meet against Ignatius and Lane Tech, Miranda's goggles ripped on the inside as soon as she got onto the block. Luckily I had an extra pair and she got to borrow mine."

"She had not swum for a while before she joined, so I tried to be encouraging."

A true sporting family, Junior Robert and Sophomore Alexandra Radway, golf and sail with their family regularly.

"WE GO DOWN to Arizona three times a year to play golf at the Club West Golf Course with our parents,"



TROTTING THROUGH the Irish countryside in March of last year (photos from the top), from left Molly, Sofie, and Leah Rosenzweig enjoy riding together. Photo courtesy of the Rosenzweig Family

AFTER A SOCCER GAME this Fall, Miranda, left, and Sydney Scarlata enjoyed playing together in their yard. Photo courtesy of Sydney Scarlata



Alexandra

Robert said. "It's relaxing and I think it's good bonding time for us. My parents also have a boat and during the summer around June, we sail in the Caribbean usually to the Virgin Islands. We

used to have Alexandra's birthdays on the boat, which was always exciting." Alexandra started golfing on the j.v

Alexandra started golfing on the j.v team last year.

"Even though I have some experience

"Even though I have some experience golfing with my family, being on a team is new to me, and I'm glad I have Robert to give me tips when I need them," Alexandra said. "Although we don't practice together, it's good to have someone I can turn to."

From Iowa to Illinois, pro baseball to coaching U-High golf

By Sonia Bordaughs Associate editor

After trying his hand at professional minor league baseball, a surprise offer to coach golf at U-High ended up being a permanent coaching position for Mr. Micah Christensen.

Now often seen in a tracksuit while coaching, Coach Christensen, 29, grew up in Leland, Iowa. He moved to Illinois when he started working as a full-time coach at the Best Instruction Guaranteed Baseball Academy three years ago.

After playing baseball at Forest City High School, in Forest City, Iowa, and at college, Coach Christensen became a golf coach only after finding professional baseball wasn't the right fit for him. His first experience with golf was at his high school where he grew up.

"I PLAYED ONE year of golf during my junior year of high school," Mr. Christensen said. "And then during baseball season that year I fractured my vertebrae and wasn't able to play until seven years later." He continued to play baseball, as he had since his high school freshman year, despite the painful injury.

"I played baseball in college at the

University of Northern Iowa and then professional baseball for the Rockford River Hawks and the Schaumburg Flyers," Coach Christensen said. "I didn't necessarily enjoy my professional baseball experience, though. It wasn't what I thought it would be and I realized I didn't really want to be a part of it, so I stopped playing baseball, went back to school, and began to play golf again."

BASEBALL-RELATED JOBS motivated Coach Christensen's move to Chicago three years ago.

"I moved here three years ago to help with the baseball academy and coach baseball at Lab," Coach Christensen said. "A friend of mine that I was teammates with in college was working with B.I.G. baseball and that's how I found out about the potential position."

"The academy, which is based mostly towards kids ages 4-12, has camps during the summer, and we run leagues for different age groups in the summer and fall. We are a nonprofit organization with three full-time coaches, including myself, volunteers that help as well."

In addition to working at the academy during the day, Coach Christensen planned to coach baseball at the Lab Schools. From there the position of Golf Coach came as a surprise.



Photo by Sarah Husain
COACH MICAH CHRISTENSEN

"I KNEW I was going to coach 8th grade baseball at Lab that year, and I coached 8th grade baseball for two years before coaching varsity last year," Coach Christensen said. "I worked at a golf course at the time, and Mr. Ribbens knew that I had played some golf in high school."

"Mr. Ribbens asked me if I would be interested in coaching golf. Since I used to play a lot of golf and they needed someone and it sounded like fun, I agreed to it. It was kind of an emergency situation where the woman scheduled to coach

that year quit about a week before the season."

During his time at Lab Coach Christensen feels he has cultivated an environment in which players have the opportunity to excel right away.

"We've been able to create an atmosphere where everybody feels like they have a chance to play varsity at the beginning of the year and come into the season feeling they have just as good a chance as anyone else," Coach Christensen explained. "WITHIN OUR own team now, people are constantly competing for spots, whereas a few years ago everyone typically knew who would be on varsity from the start of the season."

As a coach, Mr. Christensen respects his golfers and is well liked by the team, according to Captain Akila Raoul, senior.

"As a team we feel really comfortable around him, because he really relates to us," Akila said. "He knows a lot about golf and is really good at pointing out what we are doing wrong and just helping us find a way to fix our errors. He's a really fair coach and he treats us all as adults and equals."

TOGETHER

past sectional finals.

"We know each other's tendencies and weaknesses, so I always know what they're going to do on the field. Also, having friends on the field makes it a lot easier to joke around, which helps alleviate stress on the field in high pressure situations."

LIKE MARTY, DEAN BELIEVES playing soccer with best friends helps with team communication.

"Because we're so close, we are aware of what we're going to do on the field," Dean said. "We push each other over the summer too, and we have prided ourselves in who's the best at what drills. I'd say the hardest thing is coming into the school season being used to winning so much on club teams during the summer, and not winning every game here."



JUGGLING A SOCCER ball after practice, from left, Adam Picker, Shane Veeneman, Marty Garret-Currie, and Dean Balabanov enjoy each other's company during their final high school season together. Photo by Katie Klespies.



DURING THE summer before 5th grade, Shane, 2nd from the right in the back row, Dean, kneeling middle, and Adam, kneeling far right, participated in a weeklong Loyola University Soccer Camp together. Photo courtesy of Adam. Picker.

Having bonded through soccer, the group focuses on soccer even during their time spent away from the field. From kicking the soccer ball around to playing soccer video games, the sport is intertwined in their camaraderie. But, the group's friendship extends outside of soccer as well.

"I WOULD SAY that the four of us have been on the same teams since about 5th grade," Shane said. "Soccer has made us tighter. We were together a lot. During tournaments we would be with each other whole

"The thing about club soccer is that all our teammates are good friends. There are people we've known on club for a decade, and only see during club. The U-High team changes every year, so we don't have as many friends there. The best thing about club is that everyone is moving in the same direction at all times.

"MY BEST MEMORIES with them were during Sophomore Retreat. We act crazy a lot, but especially during the retreat. Sometimes we would prank each other, like this one time, Marty took Adam's mattress off his bed and propped it against the bathroom door while he was in the shower, so when he got out it hit him in the face. Actually we pretty much messed just with Adam."

Despite their solidarity during soccer events and outside of school, members of the group think differently about how their friendships will be affected once they head off to college.

"You know, we've talked about how we're going to keep in touch during college," Adam said. "With Facebook it's easier to do that, but not everyone is good at doing keeping in touch with high-school friends.

"FOR EXAMPLE, you can see it in your parents. My

mom isn't in touch with any of her high-school friends at all, but it's the opposite for my dad. We're all trying to play college, but we can't go pro. It'll be cool to play each other in a game, and it'll be cool to see each other during college, but sad to say we might not be able to do that. It's just how it works sometimes."

On the other hand, Marty and Dean believe they'll find time to see each other during breaks.

"We're probably all going to different colleges," Marty said. "But, during the spring and summer we'll still be able to play club together, and we'll talk a lot over Facebook. I'm sure we'll also be able to visit each other in Hyde Park during breaks and in the summer."



Maroons escape in tight one SPRINTING DOWN the right sidelines, Adam Picker looks for a pass from Kaleb Mazurek during the Maroons' 2-1 victory against Thornton Fractional Friday, September 30 at home. Photo by Katie

BOYS' SOCCER

Riverside-Brookfield, September 8, away: Varsity lost 2-4, j.v. lost 0-2; Walter Payton, September 10, home: Varsity won 2-0, j.v. tied 2-2; Northridge, September 14, home: Varsity won 2-1; **Latin**, September 20, away: Varsity tied 0-0, j.v. 5-1; DeLaSalle September 27, away: Varsity lost 0-1, j.v. won 2-1; T.F. North, September 30, home: Varsity won 2-1

VOLLEYBALL

Elgin Academy, September 6, home: Varsity won 25-19, 27-29, 25-20; **Rich East**, September 8, away: Varsity won 25-23, 20-25, 27-25; North Shore, September 13, away: Varsity won 25-20, 25-9; Perspectives Charter, September 19, home: Varsity won 25-21, 25-9; St. Benedicts, September 23, home: Varsity won 25-14, 25-5; Morgan Park Academy, September 24, away: Varsity lost 25-17, 25-20; DeLaSalle Tournament, September 30 - October 1, Varsity lost to Jones College Prep: 25-15, 25-21, Varsity lost to Morgan Park Academy: 25-20, 25-17, Varsity beat Maria: 25-17, 25-8, Varsity beat Lincoln Park: 19-25, 25-19, 25-16.

GOLE

Morgan Park Academy, September 6, home: Vasity won 188-237; Elgin Academy, September 8, away:

Varsity lost 179-160; Northridge, September 14, home: Varsity lost 186-169; Parker, September 15, away: Varsity lost 191-183; North Shore Country Day, September 19, away: Varsity lost 180-152, ISL Championships, September 30, away: Varsity placed 6th, Senior Akila Raoul and Sophomore Rahul Mehta played at the IHSA 1A Sectional Golf Tournament in Freeport October 10. Akila shot 100 and Rahul shot a 93 at Regionals, October 3.

GIRLS' TENNIS

North Shore Country Day, September 6, away: Varsity won 4-1, j.v. won 3-0; Parker, September 8, away: Varsity won 3-2, j.v. won 3-0; Morgan Park Academy, September 13, away: Varsity won 3-2, j.v. won 5-0; Woodlands, September 20, home: Varsity won 4-1, j.v. 4-1; Elgin Academy, September 27, home: Varsity won 5-0; Latin, September 30, home: Varsity lost 1-4.

Captain Kavia Khosla believed that the team did well at the ISL Championships October 4.

"ISL's was pretty successful," Kavia said. "We won 2nd place overall. Doubles got 2nd place and singles got 3rd. We played against a couple schools but most of us faced off against Latin and Parker. I was second doubles with Sophomore Jen Xue.

"We beat Woodlands 6-3, 6-0. Our second match against Parker was exciting because Jen and I had lost to Parker earlier in the season, but we played the exact same team and beat them 6-2, 7-5. We lost to Latin 6-3, 6-2 though."

GIRLS' SWIMMING

St. Ignatius Invitational, September 13, away: Varsity placed 3rd out of 3, j.v. placed 3rd out of 3; Ressurection College Prep, September 15, away: Varsity won 98-69, j.v. lost 73-8-; **Riverside-Brookfield Invitα**tional, September 17, away: Varsity placed 4th; Lane Tech, September 20, away: Varsity lost 79.5-85.5, j.v. won 94-67; Morton, September 27, home: Varsity won 92-39, j.v. won 107-63; IMSA Invitational, October 1, away: Varsity placed 4; Latin and Wheaton St. Francis Tri-meet, October 4 home: Varsity placed 2nd out of 3, j.v. placed 1st out of 3.

CROSS COUNTRY

Gordon Tech Invitational, September 10: Boys Varsity placed 8th out of 10, Girls Varsity placed 2nd out of 9; **U-High Midway Miles 1**, September 13: Girls placed 1st out of 5, Boys placed 1st out of 5; St. Ignatius Invitational, September 17: Girls placed 6th out of 9, Boys placed 5th out of 8; U-High Midway Miles 2, September 20: Girls placed 2nd out of 10, Boys placed 3rd out of 11; **Zi Invite**, September 24: Sophomore Sonia Bourdaghs placed 25 in the 3 Mile; Mather Invitational, September 27: Junior Sarah Curci placed 1st in the 2 mile; Loyola Lakefront Invitational, October 1: Sarah Curci placed 2nd in the 5000 Meters

-Compiled by William Chung, sports editor