

Lab, What Dewey Know?

Issue #4 (2018-2019)

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The Student Council

By: Ava Lin, Evelyn Halbach and Bayaan El-Bawab

This spring the first ever Lower School Student Council was formed by the Dean of students, Ms. Perez. The Student Council is a group of carefully selected fifth graders. There are two fifth grade representatives from each class. The point of the council is to help make decisions to benefit the Lower School community.

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For example, they wanted to help with the bake sale. On the first and second day of May the fifth graders sold homemade treats they had baked. Why do they do this? The bake sale is one of Lab's many traditions, but not everything stays the same. This year the first thing the council did to help with the bake sale was to decide on three charities they thought were worthy of the money. They brought them into the fifth grade classrooms to be voted on. However that is not how it has been done in previous years. Many people thought all students should be involved in deciding the charities. To solve that problem the teachers had a meeting and agreed on a new way for the Student Council to help. They decided that each classroom would vote on one charity to have brought into the Student Council by their student representative. Once they brought in the charities the council voted on those and then decided the charity.

We interviewed one Student Council representative, Ishie Holz.

Question #1: What is the Student Council planning to do currently?

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Mila Bhatoy-Bertrand and Skylar Murphy

The Rites of May

By: Hazel Danahey and Vicky Brown

The Rites of May was a celebration on May 18th at Lab. There were parades, T-shirts, food, dances and activities. Some of the activities were bounce houses, henna painting, and face painting. You could go to both Kovler and Sunny gyms where you could play games that Lab coaches had designed. Also when you were in the hallway to the gyms you might have seen people selling tickets and raffles and also maybe shirts. You needed tickets to get food and other stuff. The shirts were designed by 5th graders. They submitted their designs to Mr. Matsikas then the Parents Association decided on 9 possible designs and then the Lower School voted on their favorite T-shirt. (This year's winners are Asher and Spencer.) When you are in 5th grade are you going to consider doing a design for the Rites of May? Everybody can march in the parades to the Maypole ritual and do the fun activities. Everybody is welcome! Hope to see you at the next Rites of May celebration!

Five Fun Spring-Themed Activities

By: Laila Valenti

If you ever get bored in the springtime, here are some fun activities you can do (and you can do them all by yourself!)

1. Rice Krispies Baskets - You can make spring sweet treats! Follow the usual Rice Krispies Treat recipe (it's on the Rice Krispies box and online) but make your treats in a cupcake pan. Make or buy frosting – you can add green food coloring to it. Squirt the frosting on your cupcake shaped Rice Krispies treats. Put candy eggs, jelly beans or M&M's on top of the frosting. If you want, you can add a licorice stick over the top so that it looks like a basket. Your whole family will love the snack you made!

2. Fingerprint Dandelions - Even if you aren't an amazing artist, you can create beautiful spring pictures for your wall or fridge. Paint a green stem and brown bud onto any color sheet of paper. Dip your finger in white paint and put your white prints all around the bud you painted. Paint just one or make a whole bunch of flowers!

3. Cherry Blossom Trees - Using just a few supplies, you can make cherry blossom trees. Cut a brown construction paper trunk and branches and glue them to a green sheet of paper. Then crumple up small pieces of red and pink tissue paper. Stick the crumpled paper around your branches to make the cherry blossoms for your tree. This makes a good gift!

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Things Happening at Lab

By: Addison Brown

Are you not sure what is going on at Lab because there's so much to keep track of (in a good way!?) Then this is the article for you.

The Choir with No Name - The *Choir with No Name* performed in two events: Lab Arts and the China Colloquium Conference. The Lab Arts performance was held in Gordon Parks, to celebrate the works of art that Lab kids have made.

What's the China Colloquium Conference, you may ask? - The China Colloquium Conference was the celebration of John Dewey's trip to China 100 years ago. The guests that attended this conference discussed how education has moved forward and how education has changed.

Spring Choir - The Spring Choir performed at a Lower School Assembly and a performance at Rites of May. The Rites of May performance was to have fun and showcase our talent.

The Lower School assembly took place in Gordon Parks Hall. This was the last choir and year that Ms. Everson is going to be here, so give a big thanks to Ms. Everson for 23 years of teaching and leading the choir!

Lab Arts - It is the eighth year of Lab Arts and it is led by parents. Lab Arts is a time where students are encouraged to put their works of art out on display. Lab Arts has grown into what is now several weeks of events and activities centered around a gallery-style installation of more than 1,500 pieces of student artwork.

The Incredible Edible Project

By: Mia Lichtenstein

Imagine walking down the street and you are hungry but you don't have money with you, so you pick a pepper off the grassy gardens that have signs saying, "Please take one."

What if there was a place where you could eat food growing on the streets? It may surprise you to hear there is. It is called The Incredible Edible project.

The Incredible Edible project is an urban gardening project which was started in 2008 by Pamela Warhurst, Mary Clear and some other people in Todmorden, West Yorkshire England. The project tries to bring people together through actions around local food helping to change everyone's behavior towards the environment and to build a kinder more resilient world. It also helps to bring very different people together through food and - best of all - anyone can be a part of this. Their motto is "If you eat you're in".

So many people have helped to bring this project to life and I hope they keep working on this amazing idea.

To learn more:

<https://www.incredibleedible.org.uk/>

The Student Council (continued from page 1)

Right now, the Student Council is sending out a petition and if students sign it, they are supporting getting a basketball hoop in Kenwood Mall.

We need 100 signatures for a basketball hoop.

Question #2: When would we get the basketball hoop?

We will probably not get the basketball hoop this year. If you are in fifth grade and going into Middle School next year, you can still support the petition, because you will still be able to use it during lunch.

The Council needs one hundred signatures for the hoop to be built. They don't know exactly where in Kenwood Mall it would be or exactly when it would be built. But - are you ready for a more kid-run school?

The Lotus Flower

By: Ana Rossi

Did you know the lotus grows from shallow muddy waters? You might expect that because it comes from mud it is going to be ugly but you are wrong. The lotus itself is a very beautiful flower. It is also extremely significant to the Buddhism religion and is represented a lot in Asian art. The flower is so beautiful it stands out in the muddy ponds. Another fact about the lotus is that the flower takes three days to emerge from the water, then in the afternoon it blooms. The lotus also has a thick stem and, when you break it, little strings come out. These strings can be woven into lotus silk. This type of fabric is very soft and luxurious.

The lotus is not only beautiful and practical - you can also eat it! After its leaves fall out it leaves you with a seed pod that you can rip open. Then you find yourself with green seeds that you can peel to eat, they are so delicious and actually really healthy. No wonder the lotus flower is so popular in the east! Maybe it will even help you someday.



Swimming!

By: Analia Arias and Gabriel Wang

In swimming there are sooo many strokes! When you start to learn how to swim, the stroke or skill that might be the most easy is the flutter kick. The other one that might be easy is the dolphin kick. When you join a swimming team, you will probably do sprints. Sprints mean swimming super fast!

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POETRY CORNER



Illustration by: Arianna Novak

DAUGHTER

BY: ADDISON BROWN

SMILE

SMILE

RUN WITH THE WILD

RUN WITH WILD MY LITTLE CHILD

DON'T FROWN

DON'T LET THAT FROWN GET YOU DOWN

DON'T LET THAT FROWN LET YOU DOWN MY LITTLE CHILD

BE FREE

BE FREE

DON'T LET ANYONE TELL YOU WHO YOU CAN'T BE

BE FREE

BE FREE

BE WHERE YOUR HEART WANTS TO BE

BE BOLD

BE BOLD

BUT DO WHAT YOU'RE TOLD

BUT DO WHAT YOU'RE TOLD MY PRECIOUS GOLD

DREAM BIG

DREAM BIG

ALWAYS DREAM BIG

ALWAYS DREAM BIG MY LITTLE PRINCESS

SUMMER

BY: MAGGIE YAGAN

SUMMER IS COMING,

BRINGING LUSH GREEN TREES.

SUMMER IS COMING,

WITH SWAYING LEAVES.

SUMMER IS COMING,

I HARDLY CAN CONCEIVE IT,

SUMMER IS COMING,

CAN YOU REALLY BELIEVE IT?

SUMMER IS COMING,

IT'S ALMOST HERE,

SUMMER IS COMING,

IT ONLY HAPPENS ONCE A YEAR.

SUMMER IS COMING,

THE COLD WILL BE QUELLED,

SUMMER IS COMING,

IT'S LIKE WE'RE EXPELLED.

SUMMER IS COMING,

WITH WARMTH AND FUN,

SUMMER IS COMING,

WE WILL FINALLY GET SUN.

Angkor Wat

BY: JULIAN ROSSI

THE FIRST RAYS OF LIGHT STAIN THE STONE TEMPLES IN ANGKOR WITH THE SHINING GLORY OF THE SUN, REBORN AND LIGHTING A NEW DAY.

THE SUNRISE, THE SUN'S FIRST STAGE SMILES UPON ANGKOR WAT.

THE TEMPLE OF THE CITY.

COMPANION OF ANGKOR THOM.

FRIEND OF THE GREAT FACES OF BAYON.

ANGKOR IS NOT ONLY A LANDSCAPE OF TEMPLES AND CITIES, RIVERS AND WALLS.

IT IS WHERE THE KHMER FIRST TOOK THE STEPS INTO THE HISTORY OF THIS WORLD.

CONSTRUCTING THEIR EMPIRE.

ONE OF THE GREATEST EMPIRES IN HISTORY.

THEY TOOK RISKS.

DEFENDING AGAINST THE VIETNAMESE.

EACH ATTACK IN HOPE OF OVERTHROWING THE KHMER THRONE.

ALL ATTACKS DEFEATED BY THE LAKE AND THE PEOPLE.

THE LAKE, THE SEA OF THE WORLD SURROUNDING THE GREAT TEMPLES OF THE UNIVERSE.

THE TEMPLE, CITY, WALL BEING THE UNIVERSE.

THE UNIVERSE WHERE THE FIRST ANIMAL, FLOWER, GRASS BLADE IS BORN.

AND THE BUDDHA.

THE BUDDHA WHO BRINGS BUDDHISM TO THIS WORLD SMILES.

AND REJOICES.

IN THE FIRST LIGHTS OF A NEW DAY.

Five Fun Spring-Themed Activities

(continued from page 1)

4. Color Changing Flowers - Do you want to try a science experiment? For this awesome project, put white flowers into a vase or cup. Add water and few drops of any color food coloring. Make observations and hypothesize about what will happen. Put your flowers in a sunny spot and then watch and see what happens over the next few days.

5. Painted Rocks - Let's paint some rocks! Take a walk around your neighborhood and find large rocks. Paint a bee, bunny or your favorite spring animal, bird or insect on the rock. Decorate your house or garden with the rocks.

There are so many fun things you can do in the springtime so don't ever feel bored!

Spring Word Scramble

By: Alex Zhang and Gabriel Wang

Unscramble the following spring words and write the letters in the boxes.

1. REASTE

5. WOFLRE

2. GEG

6. SIBDR

3. YUNBN

7. ERET

4. TRLYFUTEB

8. ASGRS

1. Easter 2. Egg 3. Bunny 4. Butterfly 5. Flower 6. Birds 7. Tree 8. Grass

How Petunias Got Their Name

By: Sophie White

One day two flowers _____ and _____ were in the woods. They were arch-
(female name) (male name)

enemies. Both of them were looking for a new type of flower. But little _____ was
(silly word)

_____ by the _____ flower. Little _____ was calling it Petunia. By the
(verb -ing) (adjective) (same silly word)

time the arch-enemies came, Petunia was the official name for the flower.

Swimming!

(continued from page 2)

You will do pyramids. Pyramids mean doing 1,2,3 and 4 laps, then 4,3,2 and 1 lap. You will also do fly, breast, free, and backstroke. You will also participate in relays, which are when someone swims a lap and as soon as that person touches the wall you will have to dive into the pool immediately so you win that relay! You will do IM's. That is when you swim in this order: butterfly, back, breast, and free stroke. For the end of practice you might do a cool down. This is when you do a stroke and swim very slowly.

You will probably do many more things on a swimming team. During meets there are touch pads, which are mats hanging and covering the wall. The pad helps you track your time. You have to hit them hard because if you don't, it won't track your time.

You get a reward based on your time. For example, if you get second place you will either get a ribbon, medal, or a trophy. If you are in a swimming meet, you will enter the pool by diving. I hope you might want to learn how to swim if you don't know how - it can be really fun! If you already know how to swim then you can talk with your parents about joining a swimming team!

Three Cool Tips for iPads

By: Ravi Shah

A lot of people have cell phones, and that's great. I prefer iPads because they allow you to do a lot more. Below are three tips that you can use when you are using an iPad.

1. Putting the screen on the Apple TV - This is actually pretty simple. When you see the top - right - diagonal part of the screen try sliding it low - left - diagonal.

When a bunch of buttons pop up, tap "Screen Mirroring". If you have an Apple TV nearby connected to HDMI2, the TV will give you a four-digit code. Type the code on your iPad, then give the devices a few minutes to connect. If it worked, Hooray! If not, try putting the iPad closer to the TV and try again.

2. How to copy a text message - Do you see that green app with the Speech Bubble? That is iMessage. To copy a text message you need to have a message SENT to one person, then PUSH and hold then hit Copy, then go to a different person and TAP and Hold, then hit Paste.

3. Screen Time - When Apple's new update iOS 12 got released they uploaded an app called "Screen Time" on a grey app with a gear called "Settings". "Screen Time" is a program to keep kids off electronics for too long a time.

THE OUTDOOR CLASSROOM

By: Lara Mohindra

What has rocks? What has a pond? Clearly, the OUTDOOR CLASSROOM! Mr. Matsikas (Art teacher for fourth and fifth grade) and Mr. Maharry (fifth grade Science teacher) started this special project two years ago. It is still under construction - that means the two teachers are still planting.

“One of the things that students like to do is poke around,” says Mr. Maharry, speaking about Lab’s outdoor classroom. What’s your favorite thing to do in the outdoor classroom?

Before, the outdoor classroom wasn’t available because it was Pebbles Park. Now, Mr. Maharry says, “The classroom gives kids a chance to be outside.” Things that kids want to do: look in the pond, walk on the rock wall, and look at rocks and stones. In the future Mr. Maharry wants to do a project with the campfire.

Ruby-Throated Hummingbird

By: Claire Driver

Have you ever wondered about hummingbirds? Well, today you are going to learn about the Ruby-Throated Hummingbird. This tiny bird is an expert flyer! All hummingbirds can fly backwards and forwards, and they can hover, or even stay in one place in the air. This amazing flying helps the bird get to flowers so they can drink nectar. Their food is mostly nectar but also tiny insects and spiders. One Ruby-Throated Hummingbird might visit up to 2,000 flowers a day to get nectar! When a hummingbird gets to a flower - normally red or orange - the bird sticks its long neck inside. Then it uses its long tongue to reach the nectar. A Ruby-Throated Hummingbird is a bit smaller than a human hand. It can flap its wings 53 times in one second!

Fifth Grade Bake Sale

By: Kiran Brown

The fifth grade bake sale this year took place on May 2nd and 3rd. This has been going on for many years and is a tradition at Lab. The special thing about this bake sale is that treats are made by only fifth graders, and being a fifth grader makes it even more special.

While doing the bake sale fifth graders go around the school with their assigned carts and sell treats to preschoolers ranging all the way up to high schoolers. I was curious about what everybody had made to sell. So this year I went around asking some fifth graders what they made. Then after I was done asking I calculated the percentages of how many people made cookies, brownies, cakes, cupcakes and other items.

Here are the percentages:

- Cookies: 27.5%
- Brownies: 24.1%
- Cakes: 6.8%
- Cupcakes: 13.7%
- Other: 27.9%

Doing the bake sale was really fun this year and making this article about it was also a lot of fun. Proceeds have been donated to a local charity.

Interview With Coach Ratliff

By: Ellie Rosenberg and Jack Slidell

Coach Ratliff has been coaching UHigh baseball since the fall of 2017. He also began teaching second grade at ESH that same year. Coach Ratliff is the head varsity baseball coach. The team meets for practice every day after school, plus Saturday. That’s a lot of practice!

Coach Ratliff has played baseball his whole life. He was a pitcher. When he was in high school he got a scholarship to play college baseball at Boston College. As a senior on the Boston College

Eagles he pitched 72.2 innings and had a 3.96 ERA. After that he played one season in the Frontier League with the Windy City Thunderbolts. They were the 2008 Frontier League Champions!

There are twenty-one players on the UHigh team. Last season nine players graduated although none of them are playing college baseball. This year, however, there are four Juniors and one Freshman who may play college baseball! It will be exciting to see where they go from here.

Last season, for the second time in Lab’s school history, the UHigh baseball team won the Regional Championship but lost in the Sectional Championship. On Saturday May 18th, 2019, the UHigh baseball team won the Regional Championship again! That proves they are a great baseball team given that they lost 9 seniors last season.

The high school baseball team is co-ed and has one girl on the team. Her name is Miriam Bloom. She is a sophomore and plays infield. But there are 3 girls playing in middle school baseball.

I love that baseball is a team game, and requires all players to work together to achieve success. - Coach Ratliff

When Coach Ratliff was asked why he loved baseball and how he incorporates it in his class this is what he said. “I love that baseball is a team game, and requires all players to work together to achieve success. I try to incorporate these concepts into my classroom. I want my students to be strong community members, work hard to help each other, learn to compromise, and always consider the needs of the group before their own. Just like great baseball players, students who exhibit these qualities can have a great deal of success.”

If you have time, go out and cheer for them!

Student Journalists

Addie Brown
Alex Woo
Alex Zhang
Ana Rossi
Analia Arias
Anaya Ellison Douglas
Arden McLean
Arianna Novak
Ava Lin
Bayaan El-Bawab
Claire Driver
Connell Quinn Calabrese
Ellie Rosenberg
Evelyn Halbach
Freddie Neater-Dubow
Gabriel Wang

Hazel Danahey
Jack Slidell
Julian Rossi
Kiran Brown
Laila Valenti
Lara Mohindra
Maggie Yagan
Mia Lichtenstein
Mila Bhatoey-Bertrand
Orlie Weitzman
Ravi Shah
Skylar Murphy
Sophie White
Theo Lach
Vicky Brown
Zayn Thomas

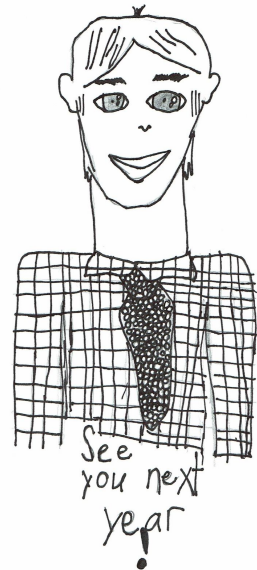


Illustration by: Claire Driver

Ms. Everson, we all love you so much. Thank you for sharing your love of music with us and inspiring us to be more musical!

Ms. St. Clair, we miss you so much and send you lots of love. We can't wait to see you next year!

"Everyone you will ever meet knows something you don't." - Bill Nye

Dear Readers,

What a year it's been! Our journalists have experienced so much growth this year. I could not be more proud of them. I'm looking forward to welcoming a new group of 3rd graders and continuing to support our returning members next year.

I'd like to express an immense amount of appreciation to our 5th graders who are moving on to Middle School. Their contributions to the paper were invaluable and they were wonderful role models for our younger journalists.

Happy reading!

- Ms. Zwaska