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Ever-rising temperatures
have the effects of
climate change on
everyone's mind. Teens,
parents and politicians
say education may be a

University of Chicago Laboratory High School

J-HIGH MIDWAY

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Principal finalist visits

Beekmeyer will continue visit through April 26

by ELLA BEISER

ASSISTANT EDITOR

A finalist for U-High principal will visit campus this week. Paul Beekmeyer will visit U-High again April 25-26 after he visited U-High March 6 for a preliminary meeting. Despite delays in the process, Laboratory Schools Director Charlie Abelmann is confident U-High will have a permanent principal for next year.

Since 2016, Mr. Beekmeyer has

served at the Brooklyn Friends School as assistant head of the upper school for academics. He was principal for three years at Casablanca American School in Morocco and was also



Paul Beekmeyer

on the school's faculty. He has also worked at schools in Afghanistan and Turkey.

The process will allow time for students, faculty, parents and oth-

er stakeholders to meet Mr. Beekmeyer during the two-day visit.

Dr. Daniel Gleason, who visited U-High Feb. 25, and Chance Sims, who visited U-High March 1, are no longer candidates for the principal for reasons undisclosed by Dr. Abelmann.

Two additional candidates were scheduled to come to U-High for one-day preliminary interviews April 15 and 17, but were unable to come due to scheduling issues according to Assistant Director of Schools Carla Ellis, chair of the search committee. Their names were not disclosed.

The principal search committee conducted additional Skype interviews during spring break in late March.

"The the structure of the process is still the same, but the timeline has changed," according to Dr. Ellis.

Although the timeline for the principal search has been delayed, Dr. Abelmann is confident in the committee's abilities.

"We're gonna have a principal. We have to have a principal, and I'm not going to compromise, to fill it just to fill it," Dr. Abelmann said. "Whatever we transition to, I have confidence that we will be transitioning to something that is positive."

Workshops help break cycle

by PETER PU

MIDWAY REPORTER

"Break the cycle" was the theme presented throughout Social Justice Week April 15-19, where organizers said the total number of workshops and faculty involvement was a record high.

An extended assembly period was designated April 18 to accommodate two 50-minute workshops conducted by students, faculty and guest speakers. In addition, all of the cultural and affinity clubs conducted a workshop.

For some students, the workshops during extended assembly period were eye-opening. In "Chains of Privilege" conducted by Aly Latherow, Sophia Stamatakos and Kepler Boonstra, students were asked questions about life privileges and hindrances, and adjusted their chain of sticky note page markers depending on their response.

During a brief break, freshman Daniela Rolnik said, "When you're conscious of how much privilege you have and you see how others don't, it's hard."

Among others, sophomore Andrada Nicolae said she had done a similar activity before, but some of her answers had changed.

The week was organized by a committee of students including junior Franzi Wild and senior Stephanie Miller, who both handled the logistics.



MIDWAY PHOTO BY MACY BEAL

HELPING HANDS. Working side by side, juniors Annie Billings and Kathy Luan bag feminine hygiene products for homeless women. The workshop, "Break the Stigma," taught participants about the importance of menstrual hygiene.

Lab colloquium to explore Dewey legacy

Using art, event will illustrate founder's impact

by MADELINE WELCH

MIDWAY REPORTER

An event exploring Laboratory Schools founder John Dewey's international impact will be held here May 2-4 to mark the centennial of Dr. Dewey's historic trip to China.

During Dr. Dewey's time in China in spring 1919, he gave nearly 200 lectures about education, spreading his ideas about teaching. Through presentations, art exhibits, tours,



Charlie Abelmann

panels and performances, the story of Dewey's voyage to China will be shared to anyone who would like to attend the Centennial Colloquium. Lab students and faculty can attend for free and registration for the event can be found on Lab's website.

"The history of Lab is that it was a hub where lots of people came

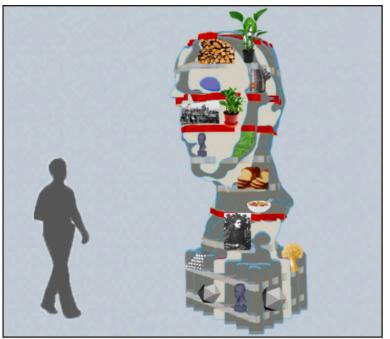


IMAGE PROVIDED BY JEREMIAH HULSEBOS-SPOFFORD

TALL AND PROUD. Jeremiah Hulsebos-Spofford, a Lab parent, has been working with students to make Dewey-related objects which will then be assembled to fill a large bust of John Dewey.

to see what was happening in the school, but also to talk about education issues," Lab Schools Director Charlie Abelmann said. "The colloquium leans into that history and uses this historical event as a reason for bringing people together to talk about Dewey's signifi-

cance then and now."

There is a growing interest in Dr. Dewey's educational values worldwide, according to Dr. Abelmann. His two strongest beliefs were that people learn best by doing and that education should help the whole child, as he strived to raise

well-balanced students. Dr. Abelmann emphasized that those two timeless ideas will be highlighted in the colloquium for the 50 educational leaders from China and other attendees.

The event is more than just an academic conference, as it was made to inspire students and teachers by sharing Dr. Dewey's story.

"My image of the event is like a bellows," Dr. Abelmann said. "My hope is that the colloquium increases awareness around the significance of Dewey in China and as a result, gives more flame to the importance of the whole child and learning by doing."

Dr. Abelmann mentioned that he hopes to raise awareness of Dr. Dewey through art by welcoming artists like Jeremiah Hulsebos-Spofford, who is crafting a 10-foot sculpture for the colloquium. The sculpture is a hollow bust of Dr. Dewey to be placed in the lobby of Gordon Parks Arts Hall and which will remain there after the colloquium. It's also full of shelves for students' art to be displayed. Additionally, an exhibit of paintings will be displayed in the Stewart Reading Room In Harper Memorial Library that are 7 feet by 4 feet each for the event.

Speakers James J. Heckman

and Shi Zhongying open with lectures on May 2, with the exhibits of paintings to follow the same day. The schedule for May 3 includes academic panels about Dr. Dewey and current educational challenges as well as education in China today.

The lower school choir will also sing for the international visitors to welcome them. Afterward, the student film made by four Lab students, four U. of C. Charter School Woodlawn students and four students from Lab's partner school in Beijing will be shown. The film is based on their trip to China in summer 2018, where they retraced Dr. Dewey's steps and presented the speeches he had given in the same places he visited nearly 100 years before.

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Website promotes body positivity

Alexis Chia started nonprofit to help teenagers with eating disorders

by MIRA COSTELLO

OPINION EDITOR

An estimated 30 million Americans suffer from anorexia nervosa, the most fatal mental illness. Usually, the disorder manifests at puberty, when children and teens are the most emotionally vulnerable.

That's what sophomore Alexis Chia is working to combat, one story at a time. In fall 2018, Alexis created a nonprofit and website, thebodypositivity.com, to feature and connect teens dealing with insecurity and anorexia.

Alexis said she struggled with anorexia during her freshman year, and became familiar with the recovery process, which is one of the main focuses of her website.

"I've been to clinics before, so I just have met other people with that specific experience," she said. "I really wanted to empower specifically girls because of social media nowadays always influencing how we look at our bodies.'

Since her recovery, Alexis has wanted to create something to help others.

Originally, she wanted to start a club, but didn't take action until she started working with an entrepreneurship organization to advance her nonprofit and and design its website.

"I want my website to be just a platform where teens feel comfortable to talk to one another about these issues, because the problem I felt when I was going through the clinic was that adults would just tell me what to do and not really "I've been to clinics before, so I just have met other people with that specific experience," she said. "I really wanted to empower specifically girls because of social media nowadays always influencing how we look at our bodies."

- ALEXIS CHIA, SOPHOMORE

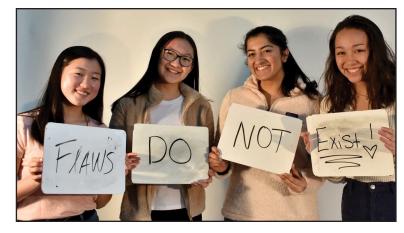
explain anything," she said.

Another of Alexis' goals is to provide resources - like hotlines, advice and information about recovery — to teens who might be underprivileged, or just looking for a helping hand.

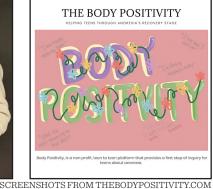
As of mid-March, thebodypositivity.com had about 5,000 page visits, about 30 to 50 each day, Alexis said.

The website features stories of those who have struggled with eating disorders and body-confidence issues, as well as Alexis' advice and medical information about the recovery process. Although the project is in its early stages, its progress is steady, and Alexis said it has taught her about business and finding her audi-

"I've been working about two, three hours on it daily," Alexis said, "adding new articles, changing the design, how to improve the website to my consumer and how to draw them in. I've learned through the process that you really need to







STRONGER TOGETHER. Above, Annette Kim, Juliana Cui, Roshni Padhi and Alexis Chia, and below, Lilah Wallach and Alexis hold up boards with body positive messages at a photo shoot for Alexis' website, the body positivity.com. "Regardless of what type of body the girl has, she is accepted and loved," Alexis said.

target who your consumer is, because there are a bunch of sources that kids with anorexia could go through.'

While Alexis may be better at dealing in the business and management world now, she said her project isn't about personal gain.

While she wants to make her organization national eventually and plans to speak around Chicago later this year, she keeps her motivation and empathy in mind.

"It's not to gain anything fiscally, but more to just provide a support for teens," she said. "I hope to reach out to a bunch of teens who are going through this who've felt lonely like I did when I was going through it."

Fitness and gymnastics rooms move

by KATERINA LOPEZ

ASSISTANT EDITOR

Changes could be coming soon to facilities in Kovler gymnasium. To make the fitness center more accessible to students, school officials have proposed switching the locations of the gymnastics room and the fitness center.

According to Athletic Director David Ribbens, if everything goes according to plan, the process will begin over the summer and be completed by September. However, the project has not yet been approved. The dance studio on the first floor will not be affected.

"The idea of having the fitness center on the first floor, being more accessible was part of the reason," Mr. Ribbens said. "Visibility will increase participation, which will be healthy for the community."

The training room will be moved from the second floor with the fitness center from the third floor. Existing equipment will be moved to the new space, and the department plans to consult students about any new equipment to be purchased.

The athletic department will collect student feedback and suggestions in the form of a survey or meeting once the plan is approved, Mr. Ribbens said.

The relocation of facilities will also have an impact on sports such as fencing, which will move to a new location on the third floor.

The project is funded by a capital expense, part of a budget plan where departments put in a request for different projects.

= NEWS IN BRIEF

Girls soccer team no longer required to wear headgear

Due to inconclusive data supporting the effectiveness of the head protection worn by the girls soccer team during their 2018 season and the distraction they caused during the game, the protection has become optional for this year's season.

"The head protection did not fit well last year," Athletic Director David Ribbens explained. "It was probably 60% of the time that they were falling off player's heads."

The sizing options provided by the manufacturer were in increments that did not work for everyone's head size which resulted in them falling off in the middle of the games. Mr. Ribbens has encouraged the manufacturer to make the head protection adjustable by using velcro but changes have not yet been made.

Additionally, Mr. Ribbens has been in contact with an author at the University of Wisconsin who will be publishing their research on the use of headgear and effects of that head gear in the next three months.

"Our headgear was tested in that study as one of the different types," Mr. Ribbens said. 'Once that study comes out I think there will be more conclusive evidence as to whether or not the use of headgear actually prevents injury.'

All girls soccer players have made the decision not to wear the gear and the option to not wear it will also likely be provided for the boys team in the fall.

– ABIGAIL SLIMMON

Global issues club to sponsor blood drive with U. of C.

The Global Issues Club will sponsor a blood drive on April 30 from 9 a.m. to 1 p.m in partnership with the University of Chicago Medicine Blood Donation Center. Hosted in Judd C116.

The donation will take about 15 minutes, and donors can stay an additional 15 minutes to enjoy refreshments. Members of the Lab community who are at least age 16 and weigh at least 110 pounds are eligible to donate. If space is available, interested and eligible donors can sign up via a link on Schoology, until the day of the drive.

Gershon Stein, Global Issues Club president and donor, will help coordinate the event. Despite common fears, Gershon encourages people to be brave and make an effort to donate blood.

- CHRISTIAN GLUTH

Summer Lab wants to hire more high school students

From being a counselor at Adventure Kids to participating in the Interactive Engineering Design Seminar, this year's Summer Lab, which has employment options for every U-High student, will aim to have more high schoolers involved in the program through outreach and clarity about the application

In the past, though many high schoolers were interested in getting jobs for Summer Lab, not everybody had an equal or fair chance, according to Becky Chmielewski, associate director of family life programs.

"In the past, it was easier to get a job in the summer if you knew who to talk to about getting a job," Ms. Chmielewski said.

Summer Lab, which consists of the Adventure Kids Day camp, Summer Lab on Stage, Summer School, Fun in the Sun and Sports Camp, offers employment, or participation, opportunities for high schoolers. Applications to be a summer counselor are due by May 15, via the Summer Lab website, ucls.uchicago.edu/summer-lab, under the 'Employment" tab. Applicants must submit a résumé and cover letter along with other details listed on the page.

- NICKY EDWARDS-LEVIN

Carol Rubin will be Lab's next associate director

Carol Rubin was announced as the next associate director of the Laboratory Schools in an email message to the Lab community March 18. She begins April 1.

Ms. Rubin previously was a senior adviser at the University of Chicago, and she has been a leader in the Chicago Public Schools administration, Chicago Transit Authority and Chicago Park District during a career spanning more than 30 years.

She is the parent of two Lab alumni, Alec Kaplan, who graduated from U-High in 2017, and Sam Kaplan, who graduated from U-High in 2014.

In his email to the community, Director Charlie Abelmann said, "Carol will support my immediate needs as Director of the Schools and will undertake a review of our organizational processes and structure, among other responsibilities. Her joining

Lab at this time is a strategic staffing choice to ensure continuity and to deploy additional resources right away that draw on her expertise and familiarity with Lab.

Ms. Rubin will replace Christopher Jones, who will leave the Lab Schools at the end of the school year.

- IVÁN BECK

Carol

Rubin

Model UN wins best large delegation at Northwestern

The Model United Nations team made an impressive showing at Northwestern University's conference April 11-14, winning best large delegation.

Every delegate who attended won an individual award. Individuals Ananya Asthana, Omar Siddiqui, Constantin Carrigan, as well as the teams of Stanley Shapiro and Alma Moskowitz, and Sarah Thomas and Asha Bahroos all won best delegate awards in their committees. The team has won some form of best delegation at this conference every year for at least the last 12 years, according to Stanley, a junior.

NUMUN is the last conference of the season for the team, and a chance for the younger members to assume greater roles, as seniors do not attend.

-LELAND CULVER

Jessica Hanzlik to become next MS assistant principal

Jessica Hanzlik, a middle school math and science teacher, has been appointed as the new middle school assistant principal, and she is ready to step into the role with enthusiasm. Ms. Hanzlik will replace Alison Jones, who is leaving at the end of the school year.

"In general the middle school is a pretty strong and healthy place, so I don't think I come in with a specific list of things that I would hope to change," Ms. Hanzlik ex-

- JULIAN INGERSOLL

Science Olympiad places fifth at state competition

The Science Olympiad team placed fifth out of 50 teams at the Illinois Science Olympiad States competition at the University of Illinois at Urbana-Champaign April 13. The team did not qualify for the national tournament and ended its season.

"There was a lot of good work in groups, as individuals and the captains were great this year," Daniel Calleri, head coach, said. 'We haven't done that well in years."

Labapalooza to be hosted April 27 for charity

It might not quite be Lollapalooza, but expectations are high for the second year of U-High's dance marathon fundraiser, Labapalooza, which will take place this Saturday, April 27 from 4-10 p.m. in Upper Kovler Gym.

The event charges dancers \$20 for a pre-registered ticket and \$25 at the door. Observers pay \$10. It will benefit I Grow Chicago, an organization which "strives to grow Englewood from a surviving community to a thriving community through community connection, skill building, and opportu-

Student Council hopes to improve last year's amount raised of \$4,672 to at least \$5,000. Student Council members are also retaining successful elements, such as the silent auction. Last year's auction included items from student-made art to free classes at CorePower yoga to items from teachers, such as honey collected from science teacher Daniel Calleri's apiary.

Ben said organizers want to increase attendance among high school students, but that shouldn't detract from anybody else's experience.

"We are trying to have the marathon appeal more to high schoolers, but still have the entire day be fun for everyone," Ben said. "This includes having a wide variety of activities for people to do."

- BERK OTO

Lori Lightfoot elected mayor

Leslie Hairston holds seat as 5th Ward alderman

by LELAND CULVER and BERK OTO

MIDWAY REPORTERS

"Together we can and will remake Chicago. Thriving, prosperous, better, stronger, fairer for everyone," said Lori Lightfoot in her victory speech on April 2, having just been declared the winner in the Chicago mayoral election.

The former federal prosecutor won with nearly 74% of the vote, carrying each of the city's 50 wards. Ms. Lightfoot will be Chicago's first African-American woman and first openly gay mayor. She will be sworn in on May 20. Her oppo-



 $Lori \\ Light foot$

nent, Toni Preckwinkle will continue in her role as Cook County Board president, a position she has served in since 2010.

"I may be disappointed, but I'm not disheartened," Ms. Pre-

ckwinkle said to her supporters in her concession speech. "The work we've done, the values we've brought, that's not over."

Ms. Lightfoot ran a positive, anti-corruption campaign, branding herself as a progressive outsider.

"We can and we will break this city's endless cycle of corruption, and never again allow politicians to profit from their elected positions," she said.

She has not held prior elected

office, but has held various positions in the Chicago government, most recently serving as president of the Chicago Police Board.

"Lori Lightfoot is less of a career politician whereas Toni Preckwinkle is someone you've seen in politics for a really long time. I think she has a new opinion — something a little bit different," U-High senior Campbell Phalen, who voted for Ms. Lightfoot, said.

Lightfoot made her campaign in part about rewriting what many see as a tired and restrictive system, and voters seemed to respond to her message of changing the status quo.

"This is not us versus them, or neighborhoods versus downtown. We are in this together and we will grow together," Ms. Lightfoot said in her victory speech.

Although many Lightfoot supporters are optimistic for the new mayor, some are still skeptical.

"I'm hoping that everything [Lori] promised will happen," U-High senior Chauson Dam said. "I'm a bit skeptical because funding always becomes an issue in policy-making. I still have hope."

In other elections, Illinois state representative Melissa Conyears-Ervin was elected city treasurer with 60 percent of the vote. She echoed Lightfoot's anti-corruption rhetoric, saying she would bring a watchdog mentality to the position.

In the race for 5th Ward alderman, the ward where the Laboratory Schools are located, incumbent Leslie Hairston, a U-High alumna, holds onto a tentative 174 vote lead over challenger William Calloway with all precincts reporting



JUNIOR RETREAT

MIDWAY PHOTO BY MARIA SHAUGNESS

BUILDING COMMUNITY. Juniors Alia Thomas and Ody Nikas bond during a junior retreat workshop, April 11, where they looked at and spoke to each other through the tube. The activity was meant to make the two uncomfortable but ultimately bring them together.

Same DRB to serve to year end

by EMMA TRONE

EDITOR-IN-CHIEF

As Principal Stephanie Weber works with students and faculty to implement recommendations provided by legal counsel for the Disciplinary Review Board, the DRB elected in the 2017-18 school year will serve for the remainder of this year.

Members of the faculty Discipline Committee had planned to hold elections for a new DRB April

All five members of the committee resigned at a faculty meeting April 3, after disagreeing with Ms. Weber's interpretation of the legal recommendations.

"We agreed with many of the changes, and there were also things that we thought merited further discussion," Zachary Hund, a former member of the faculty Discipline Committee said.

Dr. Hund said the Discipline Committee thought it would be acceptable to hold elections of a new Disciplinary Review Board using last year's policy, but they were informed by Ms. Weber that elections couldn't be held until a new election process, based on the legal recommendations, is implemented.

Ms. Weber said most of the work remaining has to do with the selection process for members of the DRB.

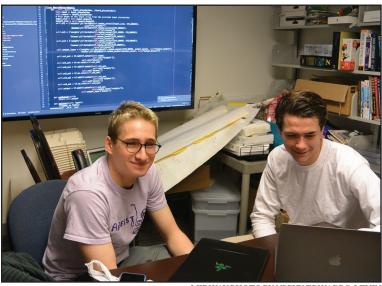
"There are a number of ways to look at how we have a good process, that ensures we have an appropriate group. It also takes into account the question of whether the group is really representative of the student body, because a general election doesn't allow for that," Ms. Weber said.

Ms. Weber said the new selection process will likely resemble those for other groups like the All-Schools Council or Peer Leading.

"For groups like that, there's a process where students can understand the significance, and so that the students who are most ready to serve and can best serve and support the student body, and also understand the expectations of the school. That ensures a reasonable process that can be trusted by everybody," she said.

In the meantime, students who want to appeal their disciplinary decisions can appeal to the DRB elected for the 2017-18 school year.

Independent study designs program to play Pokémon



MIDWAY PHOTO BY NICKY EDWARDS-LEVIN

TAG TEAMING. Junior Ben Cifu and senior Campbell Phalen work together on a problem in their independent study with computer science teacher Daniel Wheadon. They are creating a program that will play Pokémon autonomously.

by NIKHIL PATEL

WEB MANAGER

Working to create a program that can play the hit game, "Pokémon," autonomously, junior Ben Cifu and senior Campbell Phalen are in an independent study on artificial intelligence taught by computer science teacher Daniel Wheadon.

This independent study is a continuation of one Campbell began in spring 2018. He was first interested when Andrew Heyman, then a senior, told him about machine learning and artificial intelligence in his AP Computer Science class in 2017. From there, Campbell worked with Mr. Wheadon to focus his independent study.

"Computer science is all about solving problems, and AI allows you to write solutions to a whole new variety of problems," Campbell said. "I think Mr. Wheadon and I both thought that was super cool so we just kinda dove into it."

At Lab, the field of artificial intel-

"Computer science is all about solving problems, and AI allows you to write solutions to a whole new variety of problems."

- CAMPBELL PHALEN, SENIOR

ligence is becoming a more popular area of study. As programs such as mobile fraud detection to Google Maps begin to focus on refining artificial intelligence to be more efficient, AI research is beginning to permeate through all levels of education. A new computer science course dedicated to the field debuts in the fall.

"Many people are seeing that it has a practical effect on their life," Mr. Wheadon said. "We're seeing it in games and more intelligent computer opponents, but we're also seeing it in just everyday life, financial applications and self-driving cars. It's having a tangible im-

pact on everyone's life."

Ben said he and Campbell are studying machine learning and artificial intelligence to create an artificial intelligence that plays the "Pokémon" game efficiently and without error.

"We're trying to make a neural network that will learn from playing against itself to become a really strong 'Pokémon' player," Ben said.

The neural network, a group of algorithms dedicated to processing information in the same way as the human mind, is part of Ben and Campbell's larger study of machine learning and artificial intelligence

"Artificial intelligence is quickly becoming very important in many software and research applications." Ben said. "It is simple to get started with, but then there is so much complexity, details and additional things you can learn about and accomplish."

Students plan, organize diversity conference May 15

by GRACE ZHANG

ARTSEDITOR

Delving into topics about culture, ethnicity and race, students from Lab's lower, middle and high schools will gather at the BRAVE conference in Gordon Parks Arts Hall May 15.

BRAVE, which stands for Becoming Racially Aware and Valuing Ethnicity, will be a whole day organized and led by students. Around 40 U-High students will attend, along with as many as 40 middle and 40 lower school students. English teacher Hasham Bhatti attended the National Association

of Independent Schools People of Color Conference in December 2018, and approached Destiney Williamson, a sophomore who attended the corresponding Student Diversity Leadership Conference, about creating a group of students and a conference centered on diversity.

"Based on our leadership skills that we've learned previously, and knowing our backgrounds, like public speaking, we really came together," Destiney explained. "I just brought people that I felt would be good for the role."

That group of students, now

"Based on our leadership skills that we've learned previously, and knowing our backgrounds, like public speaking, we really came together,"

– DESTINEY WILLIAMSON, SOPHOMORE

the student planning committee leading and planning the event, consists of U-High students Noor Asad, Kennedy Coats, Zachary Gin, Veronica Godina, Upasana Larson and Destiney. It's supported Mr. Bhatti, Teddy Stripling, a counselor; Priyanka Rupani, director of diversity, equity and inclusion; and Ana Campos, dean of students.

Students will host workshops and lead discussions tailored toward age groups, and the student committee is incorporating foods from different cultures in the breakfast and lunch provided. Destiney said the goal of the conference is to cover topics and themes such as privilege and the unique cultures of different communities, to help educate those who aren't in minority groups

about issues and experiences minority communities face. The core workshop will focus on "how to speak up," "racism vs prejudice" and "privilege."

"This is really a focus on race and ethnicity, so that we can think specifically about the impact of those particular identifiers, without ignoring the others," Ms. Rupani said. "We'll do the work through an intersection a lens and understand how different other aspects of it impact our race and ethnicity.

Registration opened April 22 and limited spaces are available to all students.

U-HIGH MIDWAY • UNIVERSITY HIGH SCHOOL, CHICAGO

TRIPLE THREAT

Anna Schloerb lives to perform in the spotlight

by CALEDONIA ABBEY

MIDWAY REPORTER

Senior Anna Schloerb is no stranger to performing — and a true triple threat. As a singer, dancer, and actress, she's dedicated herself to choir in and outside of U-High, dance classes and acting roles including playing the lead role of Sophie in U-High's upcoming school musical "Mamma Mia!"

This year, Anna is in Bel Canto as well as Voice of Chicago, the top performance group of the Chicago Children's Choir.

She's been singing non-stop since she was little, and credits her young love for music to Music Together classes she took with her parents as a toddler.

"It's a part of my life, always part of something I do, part of my identity," she said. "I can't imagine my life without it."

Last year was her first year in Voices of Chicago, and she is also a part of The Groove, Chicago Children's Choir's advanced dance group. While acclimating to the new environment and meeting all the new people was difficult at first, Anna has grown to see the choir community as a kind of uto-

"Everyone is listening to each other and making something beautiful together," she said, noting that many of her peers come from other schools, who she would otherwise never have met. "Coming together with people who are pretty different from you and making something beautiful is

Anna started performing as a

camper at Summer Lab on Stage where she began working with Katy Sinclair, Bel Canto director.

"No matter if the performance was that day, or if it was the first day of camp, she just has this unfailing optimism that is very wonderful to work with," Ms. Sinclair

She said Anna took on a significant role in Bel Canto: stepping in to lead small ensembles and doing "behind the scenes work in both musical and administrative roles."

Anna's singing and dancing experience, which also includes U-High's dance troupe, modern dance classes, and of course, dancing around her bedroom just for fun, will come in handy next month in "Mamma Mia!" Anna will put her singing to use as Sophie, the lead role in U-High's spring musical May 16-18.

"When I was really little, me and my cousins always put on musicals together with our dolls and our stuffed animals, so one of the musicals that we did was 'Mamma Mia!" she said, "and I got to be Sophie as a little American Girl Doll dancing around on the bed. We did the entire cast album, and we had choreography and everything."

But the performance is just one of the many great things that Anna loves about doing theater. The most rewarding part is the time, commitment and energy that goes into really working on something and seeing it pay off.

"My favorite thing in the world is running a dance number over and over and over again until it's perfect," Anna said, "and when you do it, you're like, 'Yes!' And that's the most amazing feeling ever."

Theater and choir have been constants in her life, and always something to fall back on after an especially hard day, as many can



LIGHTS, CAMERA, PASSION. Anna Schloerb, a senior, rehearses her role as Sophie Sheridan in U-High's staging of "Mamma Mia!" for the spring musical. Anna combines her other extracurriculars and long-time interests, such as singing and dancing, along with theater, all in this role.

be during the already tumultuous times of high school. Rehearsals after school on those days "can be tough, but are always there to look forward to," according to Anna.

Her involvement in theater goes beyond acting. She's been on crew, helped choreograph dances and even directed her own show as a part of the Student Experimental Theater her sophomore year.

"Being able to have that ex-

perience, being more in charge of things, in a place that I feel so comfortable... gives me the confidence to see that I'm capable of doing that kind of thing when I go out into the world," she said.

Anna hopes to pursue music and theater in college and beyond, in addition to her interests in the sciences. She has also said that teaching is something she would like to do, recognizing the disparity in access to performance arts, and the importance of giving back. She herself accredits much of her personal growth, and many of her closest relationships to perform-

To me, it is more about the people and the process and the community than the role that you have," she said.

Samira Glaeser-Khan contributed to this report.

New Khalid album falls short of expectations

Still, 'Free Spirit' debuts as Kĥalid's first No. 1 album

By OLIVIA GRIFFIN

MIDWAY REPORTER

Though Khalid's new album "Free Spirit," released April 5, was well anticipated by his tans — from raving teenage girls from Chicago's Lollapalooza in 2018 to fans drawn to his juvenile attitude — it is only from Khalid's 2017 album "American Teen" that America's youth should draw inspiration.

The 21-year-old R&B/soul singer spent his unforgettable "American Teen" album reminiscing about his teenage years. In "8TEEN," the seventh track in that album, he touches on the joys of being 18 years old, the comfort of irresponsibility, the old loves, smoking weed, concern for strict parents and having fun with friends.

This youthful bliss did not last, for Khalid's "Twenty One," the 12th track on his new album, only mentions the negative aspects of growing older, such as often being "wasted on alcohol," "in pain," or having anxiety.

The slower, down-beat song contrasts with the rest of the album, dominated by hopeless, stencil-cut love songs, preventing Khalid from sounding original and genuine. The bliss that Khalid had in "American Teen" helped his content and his messages come through, which clearly ended when he outgrew his teenage years.

In "Talk," a hit according to Apple Music, Khalid struggles with a relationship that



SOURCE: AMAZON

IMMATURE MATURITY. Khalid's new album "Free Spirit was released April 5. His album diverges from past topics, choosing to touch on more mature ones. "Free Spirit" debuted with a companion short film of the same title, centered on a group of friends exploring the themes in the album.

moves too quickly for him to process, let alone talk through with his partner.

Even in a romance with someone Khalid clearly cares for, he finds something to complain and whine for 3 minutes and 17 sec-

Similar to "Talk," "Heaven" is about a relationship that Khalid hopes to maintain even in the face of turmoil. The hook makes the song sound like the pinnacle of a movie-you-regret-seeing's soundtrack, taking away from the mentioned relationship. By

over-dramatizing his love life, Khalid only weakens his message.

In "Outta My Head," Khalid deals with not being able to get a love interest out of his head. No matter where he is, they are always in his thoughts and a part of him.

Even partnering with John Mayer, a singer-songwriter who has managed to maintain his success, did not help Khalid gain the emotional maturity he needs to describe his feelings for his significant other.

Ineffective, redundant and argumentatively lacking, Khalid spends the majority of the song using the phrase "Ooh-woah, oohwoah" to emphasize his love and devotion

Khalid became popular because of his impish attitude which he developed as a teenager and was much better suited for his less mature content.

As his music addresses more mature topics such as communication, responsibility and blame, he must take on a new attitude, but in "Free Spirit," he failed to do so. With his original tone and style, Khalid cannot appropriately discuss such sensible topics and still be taken seriously.

Mentioning how he's been "making changes" and "working on [his] health," Khalid talks about his problems with himself in "Self." Asking for help, "self-reflection," getting used to not always winning are all topics that he brings up throughout

The music behind his mumbled message matches the repetition of his lyrics — one monotone glissando after another, one habit of his that he grapples with after another.

His attempt to look inward and reflect

"Khalid became popular because of his impish attitude which he developed as a teenager and was much better suited for his less mature content. As his music addresses more mature topics such as communication, responsibility and blame, he must take on a new attitude, but in 'Free Spirit,' he failed to do so."

stands out from the rest of the album, and it may provide the explanation he is looking for when deciphering his relationship is-

When the album was released, a short film, "Free Spirit," directed by Emil Nava and written alongside Khalid, came out. The film tells the story of Ladybug, a highschool student living in a troubled household, who chooses to run away with her friends and

Throughout the film, a selection of Khalid's new songs are featured to go along with the plot line including "Paradise," "Alive," "Free Spirit" and "Heaven." The overall message from the film promoted what Ladybug and her friends, one being Khalid, thought of "pure happiness" and what it meant to "have a free spirit." Though the themes of the film were in keeping with the songs in the album, Nava failed to legitimize Khalid's message in the short film by adding undesirable special effects, shallow characters and a plot line that was not suited for his artistic approach.

A treasure hunt for local art

Artist 'Crave' creates art influenced by stories and people

by AMANDA CASSEL

ASSISTANT EDITOR

Nestled into a corner or pinned up on a wall, the artwork of the street artist known as Crave is scattered across Chicago from Hyde Park to downtown to Wicker Park.

His signature silver and black bees made of plastic and metal are located throughout the city. Originally, he put up more than 100 bees, but now, fewer than half remain intact.

"I'm leaving my art on the street and I hope someone takes it," Crave, whose real name is Joël Maximé Jr., said, "but it is very possible that it is taken to the trash or weather just takes it out."

Another signature collection are his 19 dog sculptures. He created the cardboard sculptures in just two weeks when inspiration hit him and then wandered the neighborhood looking for the perfect place for his

"Each dog had a different style," Crave said. "I looked for inspiration and passion and when the spirit moved me."

The spirit and inspiration began when he was very young, Crave explained.

"When I was a kid, my dad did art and I just went along with it," Crave said. "Middle school and high school I felt passion and developed skill and realized this was where I wanted to take my life."



MIDWAY PHOTO BY AMANDA CASSEI

STOLEN STREET ART. Street artist Crave leaves his art around the Hyde Park neighborhood in hopes that people will take it home. Pictured above is cardboard Hyland Terrier made by Crave in Sophomore Amanda Cassel's home, found around the neighborhood.

After high school, Crave went to Columbia College in Chicago. He graduated from both Columbia and the University of Illinois at Chicago with an arts advertising degree.

"Honestly, I could have been a history major or a philosophy major, it was just a matter of making a decision," Crave said, "but really I think all of that shows in my art-

But Crave's artwork is not limited to the

small, often cardboard, structures he decorates the neighborhood with. He also writes comic books and creates large sculptures.

'My comic books follow social justice heroes," Crave said. "Well, I make them, but they become heroes through the story."

He explained how most of his inspiration comes from the stories that upset him in the news or the inspirational people he meets in his life. His passion for history also floats in"I'm leaving my art on the street and I hope someone takes it, but it is very possible that it is taken to the trash or weather just takes it out."

- CRAVE, ARTIST

to the narrative. His characters are based off of complex people he meets and historical

'Sometimes I just have too many ideas, but it's amazing when I find a way to get them all to fit," Crave said.

He worked on both the text and the illustration for his published graphic novel called "Hoody #1: A Hip Hop Graphic Novel." When creating graphic novels, he starts with writing a manuscript and then transforms it into images.

Crave is also passionate about his sculp-

"I make these 300-, 400-pound sculptures and want to go put them up," Crave explained, "and, well, sometimes I overestimate my strength and get myself into a sticky situation, but someone always wooshes in and saves the day."

Crave's many adventures and the risks that come with them have not turned him away from art. He explained how since high school, it has been about inspiration and hard work.

"If you want to make it, you gotta put the time in and do the work," Crave said. "No one is just an amazing artist. Learn from you teachers and embrace their knowledge. Then, success is in your reach.'

Shakespeare theater contemporizes 'Hamlet'

Play effectively uses props, effects, space to attract viewers

by IVÁN BECK

A lone figure slowly walks through the audience, making his way to a dark stage where rain falls onto a grave. This is how the newest iteration of "Hamlet," performed at the Chicago Shakespeare Theater on Navy Pier, begins.

Though the story stays true to the classic story of "Hamlet," it includes elements of modern behavior and set pieces — but the story's power and revitalization is what makes it a must-see for those who love the-

The inclusion of these elements is seamless, as characters use guns instead of spears, and wear garments from the 1920s instead of those of the time.

The changes make the story seem like one that could happen today, which brings a new power to the themes of the play. However, the characters stay true to the personalities given to them by Shakespeare. These aspects give the play a revitalization, makmodern viewer.

For the most part, the acting was extremely compelling, not only demonstrating to the viewer the emotions of the characters, but causing the audience to empathize with the struggles of the characters. The passionate acting forces the audience to become emotionally involved, and therefore each member hangs on each development of the story, The delivery of the lines carries such emotion that, despite being in Shakespearean English, the message is clear.

The articulation of the many monologues throughout the play is both compelling and captivating. The speeches of Hamlet in particular seem like he is speaking to the audience, gesturing toward certain audience members as if the character could truly speak directly to them.

The interactions between certain characters seems so real that the audience cannot help but become enthralled in what they are

The theater is compact and efficient, with most of the stage being a projection into the audience. The usage of the aisles makes the audience feel like they are part of story.

The theater is not very large, with two upper levels two rows deep in addition to the main floor. The arrangement ensures that all seats give audience members a spectacular view of the action. The space all

'Hamlet'

Location: Chicago Shakespeare Theater at Navy Pier

Run: April 17-June 9

Tickets: \$48-58 per person on chicagoshakes.com

the story to have an intimate feeling, as if the audience members are truly involved in the development story.

The set was minimalistic, with only a few set pieces, which were recycled in different scenes. In addition, some aspects of the set went very far to create a certain situation. This includes actual water falling on part of the stage to create the illusion of rain, as well as part of the stage itself being removed to appear like a gravesite.

In one scene, the entire back of the stage is enveloped in falling water, through which every character must walk, accentuating the somber mood of the moment.

For those who love the original story of "Hamlet," this play will satisfy, presenting the tragedy in many ways similar to its original form. However, the play also adds something to the story that previous audiences



TO BE OR NOT TO BE. Maurice Jones, who plays Hamlet, leads a unique adaption of 'Hamlet' at the Chicago Shakespeare Theater at Navy Pier. Jones has starred opposite of Daniel Radcliffe and worked with Orlando Bloom.

may not have seen before-a modern revitalization.

The fact that the themes of the play still ring true today is a testament to the genius of this play. In addition, the modern lense through which the story is told allows for the characters to be more relatable to the viewers, and further brings the story to life.



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TOO HOTTO HANDLE

According to NPR/Ipsos, more than 80% of parents in the U.S. support teaching about climate change. As it becomes a leading issue, millennials and Gen Z confront climate change, begin to advocate for education and political action.

Clubs bring environmental focus to Lab community

MIDWAY REPORTER

THURSDAY, APRIL 25, 2019

U-HIGH MIDWAY • UNIVERSITY HIGH SCHOOL, CHICAGO

Young people around the world are taking action to raise awareness and push for solutions to climate change. At U-High, students in groups like Green Team and the Sustainable Oceans Alliance are spearheading the effort to make

environmentalism a focus within the school walls.

The Green Team members work for a sustainable community and promote environmental awareness. The club's recent focus has been on composting. Members have rebuilt the compost bin and now take out the compost on a daily basis. Members have also participated in Artsfest and Social **Justice Week**

President Nikita Kumar said she feels that what matters most to the dedicated to protecting and con-

"I think a lot of people at Lab would say they care about the environment, but for us, it's about

demonstrating that right here," Nikita said. "A lot of the current environmental situations are up-

> setting, but that's why we exist, to educate and motivate people about these issues.' The Sustain-

able Oceans Al-

liance is a nationwide organization founded in 2015. Nikhil Patel and Kepler Boonstra formed a chapter of the organization at Lab in 2017. The organization is "I think a lot of people at Lab would say they care about the environment, but for us, it's about demonstrating that right here."

> - NIKITA KUMAR, GREEN TEAM PRESIDENT

serving the ocean, with the U-High chapter having an additional focus on educating people about the pollution of Lake Michigan. Kepler said he and Nikhil want-

ed to form the club at Lab to make students aware of the dangers that the oceans face as well as the irresponsible use of plastic at the school. The pair also hoped that the club could help those students ist because 'the temperatures were who wanted to protect the envibelow average' or stuff like that."

"I think to us, plastic pollution and global warming are the two most important, detrimental issues occurring right now," Kepler said. "They both lead to unbal-

anced ecosystems and affect our lives as well."

> He added that while every person may not experience climate change in the same way, it is

Kepler

having a global He said, "I personally get a little annoyed when members of the community justify or say global warming doesn't ex-

planning lake cleanups and other

During fall quarter, the Sustainable Oceans Alliance sold \$1,311 worth of reusable straws. Members plan to host lake cleanups throughout this spring and summer as well as partner with other

environmental clubs. Kepler said that the work of groups like Sustainable Oceans Alliance is part of a larger generational trend.

"I think generally our generation is doing a really great job with getting involved with environmentalism," Kepler said, adding that Lab has other environmental clubs like Green Team and Wildlife Conservation Club. "I think this demonstrates that there are a lot of key people willing to make change.'

American politicians begin to address climate concerns

es and small farmers who advo-

cates say contribute to health-

ier, sustainable and secure

dresses concerns expressed in

says that unless carbon emis-

12 years, the effects of climate

change will be irreversible. The

Deal is a transition to 100%

clean energy by 2030, and a pro-

and overhaul the nation's infra-

On March 26, Senate Repub-

Advocating for one of her

licans called for an early vote

centerpiece of the Green New

sions are reined in over the next

The Green New Deal also ad-



Ocasio-Cortez is a millennial member of Congress and the sponsor of the Green New Deal, which aimsto transition energy by



a Democratic candidate for the 2020 actions taken to address clipresidential mate change is the proposelection whose al for a Green New Deal, sponcampaign is based on Ocasio-Cortez, 29, of New York. climate change maintains tural, oil, mining, nuclear, coal $that\ it\ must$ $be\ addressed$ and timber businesses outweigh those provided to small by the White

by PRIYANKA SHRIJAY

In the last two decades, the rate of sea level rising has grown to nearly double that of the last century. Greenland lost an average of 286 billion tons of ice per a United Nations report, which vear between 1993 and 2016. The top 2,300 feet of the oceans have shown warming of more than 0.4 degrees Fahrenheit

According to these stats from NASA, the Earth's increase in temperature has been accelerating for decades. Yet in the political arena climate change has been largely ignored. Younger generations have made climate change a significant political is-

According to a report from ny. In protest, all Democrats abthe Pew Research Center, the stained or voted against the bill, millenial and Gen Z generaresulting in a 57–0 defeat. tions attribute global warming to human activity more generation's top issues, Ocathan older generations. They're sio-Cortez has called for more willing to take that attribution "environmental hardliners" in and make sure human activthe legislature because she sees ity stops harming the planet. climate change as "the single Younger generations are taking biggest national security threat their concerns to the governsingle biggest threat to worldment, demanding that climate change become a priority. wide industrialized civiliza-

Right now, the federal govern-

businesses, small farmers and

One of the most significant American politicians and the those in other developed nasored by U.S. Rep Alexandria Teenagers across Europe have been skipping school on ment's subsidies to big agricul-

> around 30,000 students protested in Belgium. That same week, over 10,000

2020 presidential election, candidates are moving climate change to the forefront of their campaigns. Jay Inslee, governor of Washington, has based his entire campaign on climate

Inslee's "Through Jay's Climate Mission. America will build upon the leadership of states and local communities, and engage posal to phase out fossil fuel use the full energy of our country in a 10-year mobilization to confront climate change, end our reliance on fossil fuels, and create a clean energy future."

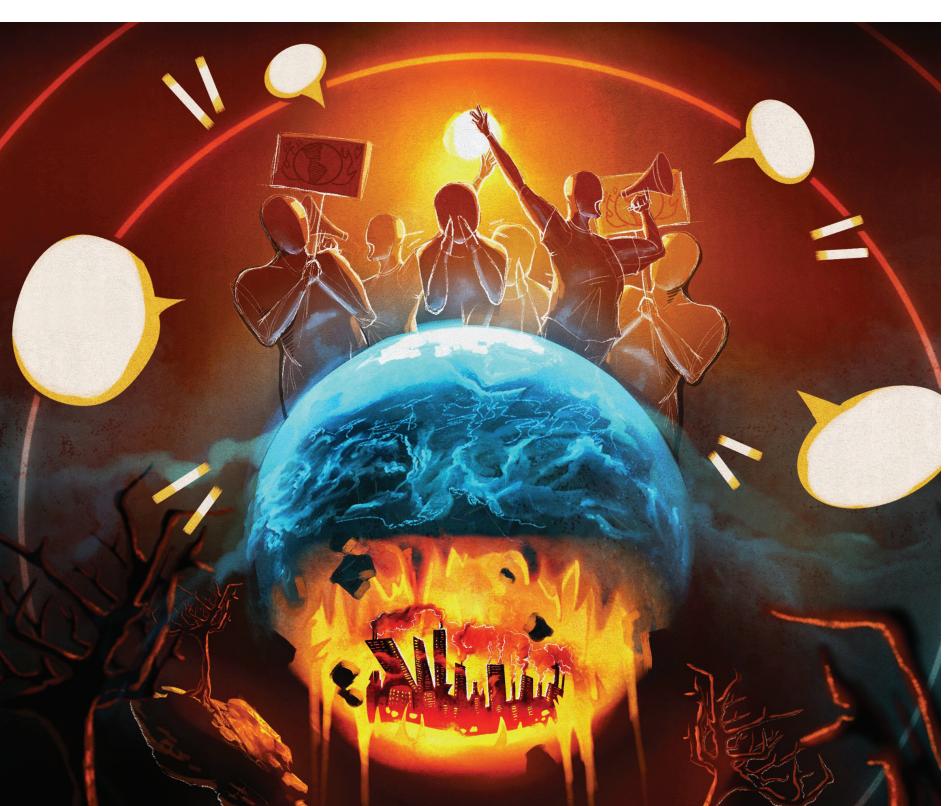
on the bill without permitting Inslee's statement emphasizdiscussion or expert testimoes that the importance of climate change is a significant po-

"This mission must be led by the White House — starting with bold action on day one of the next administration," the

Other Democratic candidates have included climate change in their policies. Cory Bookfor the United States and the er, Pete Buttigieg, Julián Castro, John Delaney, Kirsten Gillibrand, Marianne Williamson and Andrew Yang all favor a carbon tax, which charges pollutpublic are late compared to ingindustries for the carbon dioxide they pump into the atmo-

Cory Booker, John Delaney, John Hickenlooper, Jay Inslee, Fridays to protest inaction on Amy Klobuchar, Tim Ryan and climate change. In late January, Andrew Yang all favor nuclear carbon dioxide.

All 18 Democratic presidenother environmental causes. skipped school in Germa- tial candidates have vowed to The Green New Deal would reny. These students are part of reenter the Paris Agreement in direct money to small business- a movement that has spread 2021.



Lab's education should focus on climate change

Opinion

by OTTO BROWN

MIDWAY REPORTER A whale washed ashore with 88

pounds of plastic in its stomach in March while record flooding plagued the Midwest. Wildfires burned in California. destroying 1.8 million acres and killing 85 people last year. What were previously considered "hundred-year events" are now occurring nearly every year. These extreme events demand extreme re-

Since the effects of global climate change will be the greatest challenge for our generation, every Lab graduate should be aware of its consequences and understand the impact of their

Lab has historically been a place of innovation and creativity that prepares its graduates to tackle issues they will face in the future. Education needs to prepare students for the future - and the future is all about climate. Climate change and the health of our planet is the most pressing issue that Lab graduates will have to deal with, and as such, it deserves more attention in our curriculum across all departments. If our planet becomes uninhabitable,

Teachers across the schools have bemate change, not just those in select classes. For example, 7th graders in their earth science classes read the the released Nov. 23 and created podcasts to discuss their interpretations while

Diane Jackson's French 4A class created and delivered presentations to 6th These efforts are a step in the right

direction, yet most students graduate from Lab without receiving any consistent education on climate change. At a community-wide strategic planning retreat in January, middle school earth

science teacher Tony Del Campo and "Every Lab made the case *graduate* for adding climate $should\,be$ change education aware of its to the Laboratory Schools' mis- consequences sion statement. By amending the misunderstand sion statement, our stated promise to *the impact* students, we show their own climate education actions." is a top priority as

we create environmental stewards and global citizens Additionally, we should add a graduation requirement. Like the service-learning requirement, students

would be required to take a course that discusses climate change. These courses could be offered in all departments, not just science, and would dive into primary sources, allowing students to refine critical reading skills while also learning about a topic of increasing consequence. Moreover, pushing for climate education could unite our school behind

a single topic. We need something to unite teachers, administrators, students and families. We need to pick a gun to focus some of their courses on destination and focus our energy on climate change, but we need to ensure making sure we do everything in our that every student understands cli- power to get there, and climate change is the perfect target.

If we act now, we can help ensure today's lower school student grow up to Fourth National Climate Assessment be responsible environmental stewards who can finally solve the problems created by generations of neglect.

By 2100, global warming will reach

3-4°C

This means...

1,700

species will be at risk for extinction 99%

of coral reefs will die

people will face water scarcity

1.0 m

of sea-level rise

92%

increase in atmospheric CO2

Teens: count on your peers

Don't just rely on adults for support

s we scroll through feeds on any social media platform, we are confronted by a variety of information and stressors political turmoil, technological advances, social pressure, mental illness and more. The constant influence of social media has the effect of magnifying our struggles.

Last year's health and wellness survey illustrated something the student body has long felt: we struggle with anxiety and depression at rates sometimes double the national average. These conditions can be extremely isolating to students who feel that they have nobody who understands what they are going through.

Social media magnifies our struggles by promoting unrealistic ideals or minimizing our experiences through online reactions. It only makes feelings of iso-

As the Midway sees it ...

lation worse. Counselors, teachers and parents are a valuable support system, but our age difference can drive a wedge between us. It's up to us to create positive counter-influences. To address the issues we face, our student body and generation must become our own support network.

Knowing the importance of our presence online, as well as the power of group impact, each student must make a conscious effort to form a support group for our fellow students. This is not isolated to mental health, as students struggle with politics, social interactions, technological changes and life decisions. Instead of being passive or even negative influences, we must foster a reliable community of help and mutual assur-

This step must be initiated by

same understanding, context or experience of the difficulties posed by online interactions and today's expectations. We are the ones who must step up and make the choice to support each other. This might

Being a positive, supportive influence for our peers can come in many different forms. Students have the resources and abilities to start projects to help each other, whether they are websites, nonprofits, student leadership conferences or peer education. This serves as a clear reminder that stu-

dents do not need to rely on adults to be healthy individuals together.

These goals are within our reach since U-High has already begun to form a community like this. As a students and an individual of our age group, we must continue this work and create a more compassionate community.



MIDWAY ILLUSTRATION BY RISA COHEN

Teach passion for learning, not toxic competition

seem daunting, but all of the tools

we need to make this community

are ones we already use every day.

by JACOB POSNER

EDITOR-IN-CHIEF

It's not just some ideal, that all people should love to learn and think. It is a useful skill for the direction our econ-

omy is heading. Ted Dintertraveled across the United States for a school year, visiting 200 schools

of all types and convening 100

community forums to write his book, "What School Could Be." In it, he argues that "machine intelligence" has reshaped the skills necessary to thrive.

"Our education system is stuck in time," he writes, "training students for a world that no longer exists.'

Lab should be preparing students for what the world will look like, but the school's dangerous-

ly competitive culture is hindering progress. Competition is important and can provide motivation for students, but taking competition too far makes for a toxic atmosphere and hurts students' ability to retain information and enjoy learning for the sake of learning. This is in direct opposition to the purpose of an educational institution, especially in the face of a changing world.

Innovation, creativity and big ideas are becoming more and more important.

Forcing students to "jump through hoops and outperform peers, hollowing out any sense of purpose," Dintersmith writes, is counterproductive.

Education should be enriching us, not burdening us, and according to the Health and Wellness Survey administered in spring 2018, 94% of Lab middle and high school students reported schoolwork to be one of their top stressors. I have friends who get four hours of sleep per night in order to keep up with extracurriculars, homework and tests. This is not a routine that encourages learning or thinking or innovating, and it's the result of an environment which prioritizes grades and résumés over real

Lab — students, teachers, parents, administrators — should be exploring ways to actually prepare its students for success. What can Lab's curriculum do to actually help prepare students for the world, instead of allowing the college admissions process to dominate? Could we have classes generating creative solutions for climate change, or innovating the next big social media platform?

If any school were to ask the questions, to push back on assumptions, it should be Lab. We have money, dedicated staff, a prodigious reputation and a research university. Why aren't we "Competition is important and can provide motivation for students, but taking $competition\ too\ far\ makes$ for a toxic atmosphere and hurts students' ability to retain information and enjoy learning for the sake of learning."

acting now?

When I walk through Gordon Parks Arts Hall, I am greeted by blank, white walls and gray pillars. It's not inspiring or motivating but institutional and depressing. It should be filled with massive art pieces, the walls covered with murals. It would serve as evidence of our creativity and drive further innovation.

Lab needs to take full advantage of its space. The opportunities are endless. There could be

model-rocket launches in Scammon Garden every Saturday, and frequent school-sponsored trips to different neighborhoods on the

Dintersmith lays out four principles in which students thrive: purpose, a reason for learning; essentials, development of skills necessary for innovation; agency, self-direction and motivation; and knowledge.

Lab checks all the boxes. It sends its students to great schools, nurtures passions and broadens

The outdoor classroom, murals on the third floor and makerspaces are all steps in the right direction. But Lab still offers courses which have an end goal of test preparation — and students compare too much. We must do more than simply funnel students into top colleges and universities. We must provide students with the tools they need to succeed.

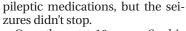
Legal cannabis for all helps those affected by illness

by NELSON MARKS

MIDWAY REPORTER

In June 1995, Sophie was diagnosed with infantile spasms, as reported in Bonnie Goldstein's book

'Cannabis Revealed." At three months neurologists began a rigorous course of benzodiazepines and steroids. By nine months, she was on three antie-



Over the next 19 years, Sophie tried 22 drugs, two ketogenic diets, Chinese herb treatments, acupuncture and osteopathy still without a known cause for her illness. Sophie's mom heard that

cannabis, THC and CBD could treat seizures. In December 2013, Sophie was treated with CBD-rich oil. Two weeks later, she had her first seizure-free day and followed with several weeks seizure-free.

Without access to legal cannabis, success like this is often impossible. Fortunately, the Illinois General Assembly has plans to legalize cannabis use for all adults before the end of the session in May, and the effort deserves our support.

The Controlled Substances Act of 1971 passed under President Richard Nixon classifies drugs into categories. Schedule One, the most restrictive category, includes drugs with no accepted medical use such as heroin, bath salts, ecstasy and cannabis products. This law unfairly represents cannabis "Cannabis research is still minimal, but we do know that it can have positive effects. Despite the unknowns, the positives often outweigh the negatives."

because it has been scientifically proven that cannabis does have medical uses. Many people with illnesses such as epilepsy, chronic pain, PTSD and Tourette's syndrome can be treated with cannabis products.

Legalizing cannabis for adults would make it easier for underaged audiences to find and use. Some might also be afraid of medical users re-selling the cannabis

they get. This is isn't a problem in most cases because almost all afflictions only need a small amount of cannabis to relieve pain. An increasingly popular form of using THC and CBD is through an oil or ointment. Many of these oils have a very low amount of THC that isn't enough for people to experience recreational effects of cannabis but can still be used as a treatment.

Not only is the Controlled Substances Act unfair, it's also deeply surrounded by racism. Historical documents reveal this policy was used to control minorities and the anti-war effort. Times have changed and we now know legalization of medical cannabis might help us more than hurt us. The idea of treating patients while bringing in revenue for the city is supported by many, including Chicago Mayor-elect Lori Lightfoot, who wants to ensure more tax revenue is spent in minority neighborhoods.

Cannabis research is still minimal, but we do know that it can have positive effects on neurological, respiratory, circulatory and digestive systems, as well as others. Despite the unknowns, the positives often outweigh the negatives, like they did for Sophie.

You can help people like Sophie by sharing your opinion to spark debate. Legalizing marijuana for all adults offers recreational use but mostly helps those with medical needs and will urge other states to follow Illinois.

By supporting this legislation, we can improve many lives affected by illnesses.

U-HIGH MIDWAY

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1362 East 59th Street Chicago, Illinois 60637 Phone 773-702-0591 FAX 773-702-7455 Email laimone@ucls.uchicago.edu

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EDITORS-IN-CHIEF*...... Jacob Posner, Priyanka Shrijay, Emma Trone FEATURES EDITOR* Iván Beck

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Odvsseas Nikas, William Koenan

ADVISERSLogan Aimone, editorial Benjamin Jaffe, photography

EDITORIAL POLICY: *In a time when* the press is criticized, the U-High Midway seeks to inform, educate and serve the community of University High School. The Midway is created by students, for

uhighmidway.com

Seniors find order, relaxation in tidying up

Clean rooms, set routines lead to mimimized chaos

by JACOB POSNER

EDITOR-IN-CHIEF

"This one was — I would call it a meditative clean," senior Jacob Beiser said about his spring break

spring cleaning. He typed "meditative EDM," a genre he doesn't usually enjoy, into Spotify and connected his phone to a speaker. As the music began to play, he said, "I felt a calm come



Jacob Beiser

over me, and I just began to put one thing after another away. I felt very relaxed, and I felt very good about myself."

With monumental life change approaching, some U-High seniors clean to calm their minds, others to address anxieties — and it's all quite spiritual.

Jacob decided he need to reorganize his bookshelf and wipe down his desk with Windex, a step up from his usual monthly clean.

The meditative quality of Jacob's experience mirrors "Tidying Up," a Netflix show in which Marie Kondo, cleaning guru, helps millennial families learn to keep their houses clean and maybe save financially along the way. According to a Roll-

"When I saw my room in it's messy state I think it reflected the scattered and unorganized thoughts that were causing me stress, so I thought if I would sit down and clean it, it might improve my emotional state."

- JACOB BEISER, SENIOR

ing Stone article, "It's Kondo's gentle insistence on the inextricability of material objects from our emotional connections to them that is key to the series' appeal."

Jacob said he wanted his space to bring out the best in him.

"When I saw my room in its messy state I think it reflected the scattered and unorganized thoughts that were causing me stress," Jacob said, "so I thought if I would sit down and clean it, it might improve my emotional state."

He said the better mental state comes from the process of organizing and moving around and putting things in order.

"I would liken it to journaling in that you sort of start off with all these thoughts in your head and you put them on the page so you can really see what's going on," he said, "and that's what I was doing in my room on a physical level."

Senior Lukas Blume has found that if the clutter in his room gets too chaotic, he's not able to think



SWEET SERENITY. Legs crossed in a state of concentration, senior Sally Carlstrom uses felt markers to color a drawing. With college on the horizon, several seniors are taking their mental state into their own hands by making routines and getting organized. For Sally, art helps refresh her mind.

clearly. It's a personal space that reflects his mental state.

"Sometimes I get a surge of 'OK I'm going to clean up my life,'" Lukas said. "I'll brush my teeth three times a day, and I'll clean my room, and I'll go to bed at 11 p.m., or 10 or something like that. It comes in waves of motivation."

Lukas added that he'll have to keep his future dorm room extra

clean because it's a shared space.

Both Lukas, and Sally Carlstrom, also a senior, decided whether to throw out or donate an item based on whether they'd notice its absence.

"If I'm having a rough time then completely going through my room can help it feel like a refresh button," Sally said. "If I'm just fed up or super, super-stressed out it can help me to, like, get rid of things I don't need, and make everything super-organized."

With college just around the corner, Sally had a week-long cleaning spree starting near the end of break.

Encouraged by gentle rhythms of meditative music, it can help to take back some control when there are big changes on the horizon.

TikTok encourages self-expression, community

by AUDREY MATZKE

ASSISTANT EDITOR

Some say it's cringey. To others, it's the pinnacle of adolescent narcissism. After all, who on Earth would want to film themselves lip-synching?

But users of the red-hot app Tik-Tok are sick of the haters. While the video-based social-media platform is subject to near-constant ridicule, for many, it serves as an outlet for eccentric, often humorous self-expression.

The platform's setup is simple: a

user will upload a video of themselves dancing, lip synching or simply reacting to an audio clip, often taken from a song or TV show. Then, users film their accompanying video. Repeat sever-



Carly McClear

al thousand times, and a meme is born.

To Carly McClear, a sophomore, TikTok's setup fosters community. One such feature is the duet option, which allows users to upload a video of themselves using the same audio as the original creator, a process which ends in the two visual clips displayed side-by-side.

"You can do the same thing as another person, or you can base another idea off them." Carly said.

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MIDWAY PHOTO BY EMERSON WRIGHT

MEME ON. Freeing her hands, sophomore Maddie Kolb gets ready to film herself dancing to the latest TikTok meme. While many people use the app in persuit of internet fame, she mainly enjoys sharing her content with close friends, expressing herself through humor and lip-synching.

However, some feel the platform's supportive environment is threatened by a recent surge in outside mockery. Maddie Kolb, a sophomore, fears judgement from fellow students.

"It's low-key embarrassing if you're not famous," she said, re-

flecting on her peers' attitude toward TikTok users.

"I'm more hesitant now to make certain TikToks," she said, explaining how fears of mockery stifle her content. "I can't make certain jokes without worrying about exposing myself to people I don't want seeing them."

While she can see where some of the ridicule comes from, Maddie wishes people would give the platform a chance.

"Some TikToks can be very cringey," she said. "Lots of TikToks can also be really funny."

"I'm more hesitant now to make certain TikToks. I can't make certain jokes without worrying about exposing myself to people I don't want seeing them."

- MADDIE KOLB, SOPHOMORE

Though most of the ridicule comes from outside, Maddie said TikTok's "bullying problem" stems partially from within. Though generally innocuous, some use the platform's duet feature to mock other users, holding up cruel signs or dry-heaving to mock someone's physical appearance.

"Many trends are based on making fun of people who are different," Maddie said. Frequent targets include cosplayers, or users who film themselves dressed as their favorite movie or TV characters.

For her, there's more to TikTok than internet fame. She has no interest in joining the ranks of Ariel Martin or Cameron Dallas, the app's most famous users. Instead, the memories with friends make all the ridicule worth it.

"I mainly make TikToks to laugh at with my friends," Maddie said.

So, in spite of all the hate, these teens Fortnite-dance on, sharing fun audio clips and creative videos in colorful, meme-able protest.

Come for a family sushi dinner or a fun pizza lunch with all your friends!



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Late to the game

Although joining a sport later in a student's high school career may seem unconventional, it helps them find new communities and interests

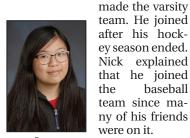
by MAX GARFINKEL

BUSINESS MANAGER

Tick Beach hits, throws and catches well enough to keep up with everyone on his baseball team. One would think that he had been playing baseball for most of his life as many of his teammates have, but Nick, a junior, just started seriously playing baseball this year.

It is unusual for students to join a sport for the first time as a junior or senior, but the students who do find friendship and sometimes even success.

Although Nick joined the school's baseball team this year, he



Yang

team. He joined after his hockey season ended. explained Nick that he joined baseball team since many of his friends were on it.

baseball coach Luke Zavala explained

that it is not unusual for athletes to join teams if their friends are playing that sport.

When a student joins a team later in their high school career, it is "From freshman year saying that baseball is the worst sport and that it's so boring, then to going out on the field and chatting and enjoying the sport has definitely been really surprising."

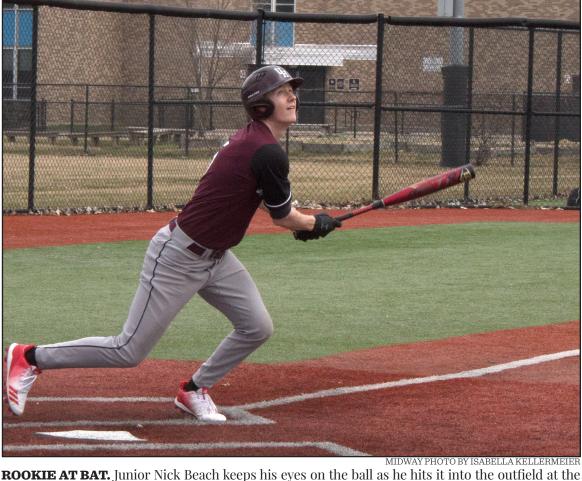
- NICK BEACH

up to the coach to decide the best way to incorporate them into the team. Mr. Zavala said his philosophy for assessing whether an athlete is ready for varsity is based purely on skill level. He said, even if their friends are on varsity it may not be best to put them on varsity.

"You don't want to put someone in a position that they won't be successful," he said. "That doesn't really serve the team, and it doesn't serve them as an athlete either."

Nick came to the team with some experience from years ago.

"I played baseball as a kid," Nick said. "I was a pitcher, so it wasn't like I had never played baseball before, or never picked up a glove, so it wasn't that I expected to get some varsity minutes, but I hoped that I could later in the season. I guess it just happened earlier than



ROOKIE AT BAT. Junior Nick Beach keeps his eyes on the ball as he hits it into the outfield at the varsity baseball game against Corliss High School April 6. Nick joined the team this year after his hockey season came to an end.

I expected."

For him, playing baseball is a lot more social than physical. He said that it is a lot slower-moving than hockey, so he is able to spend a lot of time chatting with his friends on the field. After previously joking with his friends that baseball was a "boring sport," Nick was surprised that he enjoys it as much as he does.

"From freshman year saying that baseball is the worst sport and that it's so boring, then to going out on

the field and chatting and enjoying the sport has definitely been really surprising," he said.

Junior Jenny Yang has also been surprised with how much she enjoys a sport she joined this year. Jenny joined the fencing team this winter after trying it for the first time in PE

"It's a really cool, niche sport," she said. "It's a very engaging, inthe-moment sport."

Although athletes may be late to the game if they join a team as an older student, they say the time spent with friends and fun on the field makes it worth it.

Jenny's friends being on the team was a major inspiration for her joining the fencing team.

She described practices as not only a place to develop her skills as a fencer, but also to have fun with her teammates.

"A lot of my friends are on the team," she said. "I think that if it was people I didn't like I would not do it since it's super intimidating."

un runs: Music, bubbles, obstacles enliven exercise

by ABIGAIL SLIMMON

SPORTS EDITOR

To most, running isn't considered fun or something to look forward to, but it doesn't have to be this way. Fun runs are held frequently all over the city, encouraging Chicagoans to get outside, stay active and even help raise money for charity. As the weather gets warmer and the school year nears the end, consider signing up for one of these runs with friends or family.

Night Nation Run

Where: Soldier Field

When: May 17

Runners get their blood pumping at this music running festival with a pre-show featuring mostly EDM performances and can buy glow paint and other light-up merchandise around the main stage. At 8 p.m., the 5k starts and runners enjoy views of the city with neon light shows and music around

them while they run along the lakefront. As runners get closer to the after-party the music gets louder and louder. The workout doesn't end after running 3.2 miles. Participants dance and sing along to DJs as confetti rains down.

Nolan Issa participated last year with a big group of his friends.

"Last year's Night Nation Run was awesome because it was a fun way to get out with friends and do something new and fun," Nolan said. "The music after party was a great motivator for us to power through the 5K to get there."

The Night Nation Run raises money for Stand Up To Cancer.

Bubble Run

Where: Chicagoland Speedway, Joliet When: May 25

The Bubble Run is a family-friendly 5k with rolling starts every 60-90 seconds, making the race easier to run due to less congestion throughout the course. Music blasting along the course encourages participants not just to run but to dance, too. Throughout the 5k, runners make their way through mountains of colorful bubbles. Food trucks and more foam machines greet runners at the end of the run.. The Bubble Run has not yet selected a Chicagoland charity to sup-

Warrior Dash

Where: Chicagoland Speedway, Joliet

When: July 13

Crawling through mud. Leaping over fire. Climbing up 20-foot towers. The Warrior Dash is an obstacle race you don't want to miss. Participants can register for 1 mile including five to eight obstacles for \$39, a 5k including 12 obstacles for \$59, or a 10k with 20-26 obstacles for \$70. Runners can expect crazy outfits, challenging obstacles and competitive spirit. The Warrior Dash raises money for the St. Jude Children's Research Hospital.

The Color Run

Where: Soldier Field

When: June 15

The Color Run is a 5k with the goal of both bringing people together and brightening their lives through color. The event is untimed to reduce the level of competitive-

Runners are encouraged to wear white because at each kilometer mark they'll be completely covered in colored powder. The end of the race brings photo opportunities, live music and food vendors.

"I did it a few years ago and it was great," Ashley Hannah said. "The color makes the running a ton easier.'

The Color Run raises money for Back On My Feet.

MIDWAY PHOTO BY MACY BEAL

GO FOR IT. Freshman James Sowerby hits the ball in a match against North Shore Country Day School April 8. James is the only freshman on varsity this season and plays second doubles along with Rohan Shah. The team has a 4-5 record so far this season.

U-High scores are listed first.

Girls Soccer, Varsity

Notable: The girls soccer team started their season

by losing to St. Ignatius 0-6 March 12. The team will play its

next game at F.W.	Parker April 3	30.
Payton Prep	April 22	0-0
Lane Tech	April 20	5-0
Hancock	April 18	1-3
Lisle Senior High	April 15	1-1
Tinley Park	April 13	6-0
Elgin Academy	April 12	8-0
DeLaSalle	April 5	4-0
North Shore	April 2	0-3
Willows	March 19	2-1
Whitney Young	March 16	0-2
British School	March 15	9-0
St. Ignatius	March 12	0-6

Girls Soccer, JV

Tinley Park	April 16	6-0
DeLaSalle	April 5	4-0
North Shore	April 2	7-0
Willows Academy	March 19	5-1
Whitney Young	March 16	2-7
St. Ignatius	March 12	0-3

Baseball, Varsity Notable: The baseball team traveled to Florida over spring break and played six games. Although the team struggled in Flordia, players made a huge improvement to their season

record once returning home.

Eigin	April 20	T0-8
F.W. Parker	April 18	9-2
Latin	April 16	0-3
Westmont	April 13	3-9
North Shore	April 8	9-1
Corliss	April 6	16-1
F.W. Parker	April 2	2-1
St. Charles	March 26	0-15
West Geauga	March 25	2-12
Elizabeth Forward	March 22	5-27
Central Valley	March 22	2-12
St. Pauls School	March 21	6-3
Harlan Community	March 14	11-0

Baseball, JV

Notable:		
Latin	April 16	18-10
Westmont HS	April 13	1-6
Morgan Park	April 3	15-1

Boys Tennis, Varsity

Notable: The boys tennis team is being lead by captains Jake Lim and Matthew Chang. The team will

play Latin at the Waveland courts

Wheaton	April 18	0-5
Elgin	April 16	2-3
Northridge	April 15	5-0
Brother Rice Inv.	April 13	2nd
North Shore	April 12	3-2
Sandburg	April 8	3-2
F.W. Parker	April 3	1-4
St. Ignatius	April 2	0-5
Streamwood	March 15	4-1

Boys Tennis, JV

oril 12 1-3
oril 8 2-3
oril 3 1-4
oril 2 1-4

Girls & Boys Track

Notable: Junior Ishmael Figueroa set a personal record in the 400m with

50.24 seconds, the third-fastest time in school history April 12. Boys Niles West Inv. Girls Andrew High 10th April 6 Boys Yorkville April 12 Girls Yorkville April 12

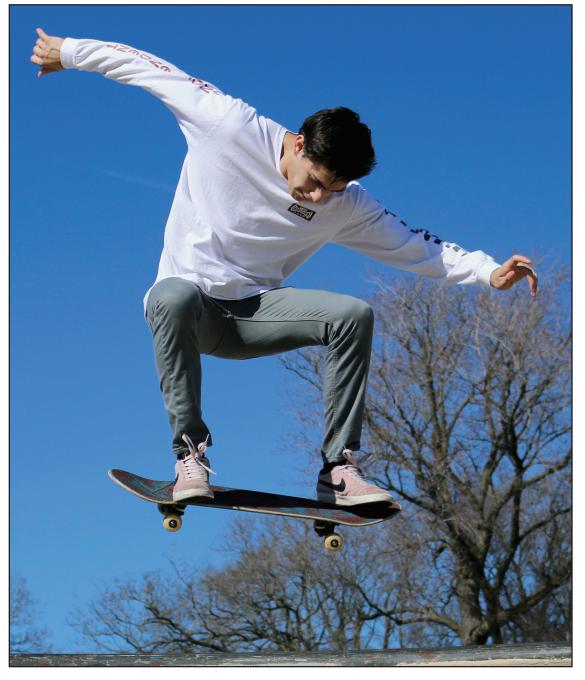
— COMPILED BY PETER PU AND ABIGAIL SLIMMON ILLUSTRATIONS BY NEENA DHANOA

Get on board with spring

As the weather warms up, students pull out their skateboards. Enjoying the sunny days, these skateboarders spend their time traveling around the city on four tiny wheels. Photos by Odysseas Nikas. Captions by Abigail Slimmon and Katerina Lopez.

TRICKS BY THE LAKE.

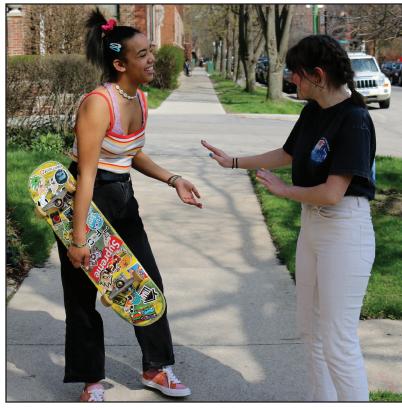
Practicing a jump at one of his favorite skating parks, Burnham Skating Park alongside Lake Shore Drive, junior Sebastian Ingersoll gets some air April 15. When Sebastian first started skating the summer before his freshman year, it was something fun to do with friends and his older brother. Last fall, most of his friends started to lose interest but Sebastian still tried to get out on his board as much as possible, even if he was alone. Sebastian explained that with his hectic gymnastics schedule it's difficult to set aside time to go out skateboarding. He also said he wants to push himself to try new things while skateboarding, but doesn't want to hurt himself and risk his ability to compete in gymnastics.



SKATING THROUGH HYDE PARK.

Senior Riley Kay longboards through her neighborhood on a sunny April 21. She first got into skateboarding in 7th grade but decided to switch to longboarding at the beginning of high school. Riley explained that skateboarding hurt a lot when she fell, and as she got older, those falls started to hurt her body more. She decided to switch to longboarding because there is less shock, and it is overall a smoother ride.

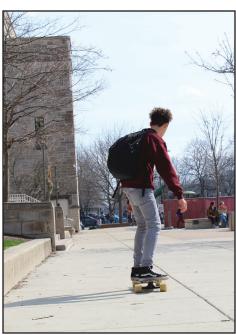




FUN WITH STICKERS. Sophomores Bella de la Cerna and Carly McClear walk down 58th Street on their way to skateboard, celebrating the warm weather on April 17. Bella says the stickers on her skateboard are a way to express herself. She collects them from various places such as street lamp poles and skate stores.

ON THE EDGE. Sophomore Miles Warshauer enjoys the blue skies by longboarding on the lakefront near Fullerton Beach April 21. He said he started skating with his older brother in middle school and has continued to do it even after his brother went away to college. He likes to longboard on the lakefront because it's near his house and has great views of the city.





AFTER SCHOOL SHRED SESSION.

After a day at school, freshman Malcolm Taylor leaves through Kenwood Mall on his skateboard April 18. Malcolm said he usually skates on a longboard when the weather is warm. "It's great for the road, because I can ride in between cars," Malcolm said. "I also love riding to the Point on nice days and doing homework by the lakefront." He first got into skateboaring because of his dad, and now it has become something they bond over. The two of them have a longboard collection with boards from all over the country.

WADDISONST

LAKE FRONT

W BELMONT AVE

W DIVERSEY PKWY

W FULLERTON AVE

Three ways to love Lakeview

From Wrigleyville to Boystown, lakefront parks to cozy shops, Lakeview offers many possibilities for discovery. Don't know where to start exploring? Here are some ideas.

by EMMA TRONE • EDITOR-IN-CHIEF

Baseball: Historic and exciting, a true immersion into the sport

Wrigley Field 1

1060 W. Addison St.

As the second-oldest baseball stadium in the country, Wrigley Field has a long and rich history that is intertwined with Chicago's.

After several years of major renovations, which are slated to end this year, the field now features a new exterior façade, brighter, more wheelchair-friendly concourses, and a digitized score

Wrigley Field offers guided outdoor walking tours on both game days and non-game days, which go in-depth into the ins and outs of theballpark's legendary history.

Do-Rite Donuts 2

1027 W Addison St

Right across the street from Wrigley Field, Do-Rite offers tasty, fresh donuts that are the perfect sugary snack before or after a game. The shop offers a range of donut flavors, from old-fashioned buttermilk to pistachio-meyer

For those that avoid gluten or are vegan, the shop provides three different gluten-free and three vegan doughnut options each day.

For those who are a little less health-conscious, order a fried chicken sandwich on a doughnut bun.

Wrigleyville Sports 3

959 W. Addison St.



SUGARY SNACKS. Customers line up to get a fresh doughnut across the street from Wrigley Field. The shop offers a wide range of flavors, including Candied Maple Bacon, Pistachio-Meyer Lemon, and Valrhona Chocolate Cake.

> Located mere steps away from the stadium, Wrigleyville Sports is a one-stop shop for all your Cubs gear needs. Besides the basics, like T-shirts and ball caps, the store also has more unique items like Cubs-engraved wallets and Cubs-branded flip flops. The store also has Blackhawks-, Bulls-, and yes, even White Sox-branded items.

Fun shopping: store after store with quirky, rare, and homemade items

Ann Sather Restaurant 1

3411 N. Broadway St.

The huge, gooey cinnamon rolls at Ann Sather are their specialty and their claim to fame, and shouldn't be missed.

The restaurant's Swedish-inspired breakfasts and other diner fare are low-priced, hearty, and are generously portioned. In addition to the cinnamon rolls, try the Swedish pancakes with lingonberries.

Foursided Card + Gift 2

2958 N. Clark St.

While Foursided is primarily a framing shop, they also offer a multitude of fun, pop-culture conscious gifts like Elton John, Madonna, and Michelle Obama prayer candles, Queer Eye ring dishes, and a Taylor

Swift-Hardy Boys parody book. Handcrafted, elegant statement jewelry is a prominent feature. The store also has an extensive antique section, and a whole wall full of beautiful, and often humorous, cards for every occasion.

Inkling Shop 3

2917 1/2 N. Broadway

Inkling is a gift shop defined both by its snark and its variety. Most of the shop is



QUIRKY CRAFTS. Inkling Shop is home to crafted items, including cards, rose quartz, jewelry, and more. The shop allows individuals to send in artwork for them to sell.

> composed of locally made jewelry, prints and cards, along with more spiritual items like rose quartz crystals, smudge sticks and essential oil rollerballs.

If you're looking for a Chicago-themed gift, like a city flag necklace or whimsical Wrigley Field poster, you're in the right

Check out their section of profane socks, and their make-your-own terrarium bar that features air plants, sea urchins, and citrine

LGBT: History and pride present in both the stores and the streets

Unabridged Bookstore 1

3251 N. Broadway

With tall shelves covered in handwritten, colorful recommendations, Unabridged Bookstore is inviting and personal-feeling. While Unabridged has historically been known for its sizable LGBT literature section since the bookstore's opening in 1980, at a size that's neither overwhelming or limiting, the store also has plenty of room for myriad other genres.

In addition to the historic LGBT section, the basement also has what they claim to be the best travel section in Chicago.

Center on Halsted 2

3656 N. Halsted St.

The Center on Halsted is the largest LGBT community center in the Midwest, with a mission to protect the health and wellbeing of the LGBT community in Chicago. The moditors a day since its opening in 2007.

Besides offering affinity support groups and STD testing, the Center also hosts dance lessons, storytelling shows and gallery shows of LGBT artists.

Legacy Walk 3

North Halsted Street between Belmont Avenue and Grace Street

Stretching a half-mile along North Halst-



HONORING HISTORY. These pylons line the road throughout the Legacy Walk, a stretch of Halsted Street ern, glass-paned building dedicated to honoring LGBT figures and events. The attracts around 1,000 vis- Legacy Walk is about half a mile long.

> ed Street, the Legacy Walk is an outdoor museum of LGBT heroes, historical figures and

> Nearly 40 bronze plaques mounted on rainbow pylons detail the stories of more famous figures like Harvey Milk, but also lesser-known trailblazers like the first American-born Chinese female physician, Margaret Chung. New placards are added each year on Oct. 11, National Coming Out Day.