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Graduating senior and U-High Midway artist Amber Huo is not a woman of many words, yet through her art she expresses beauty and appreciation for others.



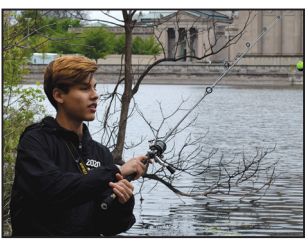
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Actor Rainn Wilson spoke about his company, SoulPancake, to U-High community members. Afterward, he talked to the Midway about his career and philosophies.



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Despite Chicago's urban environment, the city has one of the world's largest freshwater fisheries. U-High students and teachers fish to de-stress and connect with family.



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Graduation speaker heals through stories

Debra Gittler credits U-High experience for building her foundation

by GRACE ZHANG
ARTS EDITOR

Working in jails, cities, and countries with high violence rates, Debra Gittler seeks to give thorough education to those affected by trauma. As a founder of ConTextos, an educational organization established in El Salvador and Chicago, Ms. Gittler appreciates the experience learning at Lab, especially how it guides her work, personal life, and worldview.

Ms. Gittler, a 1998 U-High alumna, will share her experience and advice as the featured speaker at this year's U-High graduation June 7.

For Ms. Gittler, Lab's education is very profound and not just about learning. At Lab she gravitated toward the humanities, learning and understanding how to think critically, become a writer, express herself, and engage in meaningful conversations.

"I would say what has been a guiding force as I've moved forward is the education I had," Ms. Gittler said, "which encouraged me to be a deep thinker, have my own voice, and strong opinions based on real experiences. That is not just the foundation for my work now, but for much of my world view."

She explained that teachers encouraged questioning and taught her that learning was cumulative and iterative, and how different extracurriculars brought an understanding of working in teams and leadership. English teacher Darlene McCampbell, who was one of Ms. Gittler's influential teachers, is working with Ms. Gittler as a member on ConTextos' board.

"Working with her is inspiring because she has a mission and she knows how to

bring it into fruition," Ms. McCampbell said. "The people on the board believe in and want to help her fulfill the vision."

During her time at Lab, Ms. Gittler had also experienced the death of her sister. Seeing it as an opportunity to understand and navigate what the loss meant to her, she realized that the literature and writing taught at Lab had helped her, even though most of her classmates hadn't experienced the same type of loss.

Ms. Gittler was a teacher in the Bronx, New York, who then worked in El Salvador and Honduras in educational programs.

When she left those activities, she started ConTextos in 2011 to provide better education to kindergarteners through 9th graders in El Salvador, a country with one of the highest homicide rates, as well as high poverty, domestic violence, migration, and low literacy rates.

"When the environment started shifting, kids started engaging and sharing their ideas," Ms. Gittler said. "They wrote about was loss, they wrote about hurting and being afraid, and all of that resonates with me."

She realized that people experiencing trauma also inflict trauma onto others, and to respond to people living in environments with high levels of trauma was most meaningful.

Ms. Gittler started from providing educational opportunities at various schools to going into schools in areas labeled as gang territory, prisons, then finally expanding to Chicago, especially working in Cook County Jail.

"All of our work is based on 'hurt people hurt people,'" Ms. Gittler. "If we think about all these young people, and some of their behavior in ways that we can understand



Darlene McCampbell



PHOTO PROVIDED BY DEBRA GITTLER

READING AND WRITING. Debra Gittler reads to students at San Jorge School in rural El Salvador. ConTextos, Ms. Gittler's organization, originated in El Salvador.

what caused it, maybe we can heal it."

Outside of work, Ms. Gittler also often sees classmates from Lab also doing work in fields that is helpful to others, such as education or social justice. She said Lab's educational philosophy impacted her and her classmates.

"There was a common sense of values," she said. "Concepts of social justice and

fairness were things to be explored and demanded and worked for."

"What was planted is being a professional that brought justice, beauty, discovery or learning."

Citing Lab's education as motivation, Ms. Gittler said: "Lab really challenged us as students to consider a life of purpose and making a difference in the world."

MITES OF MAY



MIDWAY PHOTO BY ABIGAEL THINAKARAN

HIT ME UP. Graham Waterstraat and Julian Ingersoll compete at the Rites of May on May 19. This year, the school-wide event had more inflatables to attract high school students.

Council holds one meeting with appointed students

By IVÁN BECK
FEATURES EDITOR

The All-Schools Council, a group made up of administration and faculty from the primary, lower, middle and high schools, was given a larger role this year by Lab Schools Director Charlie Abelman, but four students added to the council only participated in one of the meetings.

The mission of the council has been the same for many years: to meet quarterly in order to discuss schoolwide goals and foster communication. However, Dr. Abelman said that in the past this goal was often not achieved, as the group rarely met.

In order to revitalize this group, which Dr. Abelman saw as extremely important, the director both re-established the group's meeting patterns, as well as took on two new initiatives. The first of these was to find a consulting firm to work with the council on strategic planning, and the other was to involve students in the council.

The student members, selected at the end of winter quarter through an interview, are junior Rachel Zemil, sophomores Ben Cifu and Anika Gupta, and freshman Zach Sharp.

Although the council has met four times this school year, students have only attended one meeting. They will continue on the council next school year.

"I felt like I was a very valued member of the council," Anika said. "They encouraged my involvement in discussions and I felt amazing to be a part of such a great group of administrators."

Dr. Abelman said Dialogos, the strategic planning firm selected by the council, will interact with stakeholders related to the schools and will have an "open and honest dialogue about the school" in order to discover the strategic priorities and vision Lab should have moving forward.

The firm will begin its conversations with members of the Lab community as soon as next week.



Charlie Abelman



Anika Gupta

Four years in a foreign land

Tuition, culture, specialized college education add to international appeal

by **PRIYANKA SHRIJAY**
EDITOR-IN-CHIEF

As students think about education after U-High and begin their college search, they might look beyond United States borders and consider international universities.

According to world language teacher Suzanne Baum, European institutions are excellent options in which students specialize earlier than in America. Her daughter Zoe, a 2017 U-High alumna, studies business in Spain at the Universidad de Carlos III in Madrid.

“Zoe is doing business, so that’s all she’s doing,” Ms. Baum said. “She has accounting, calculus and economics courses. She does have one history course and it has an economic slant. So I think it’s very specialized. Whereas, when you study in America you have usually four years of a liberal arts education.”

Because of this, Ms. Baum is working with Zoe to find novels and history texts to complement her focused education.

“Specializing too early actually gets you ahead of the game earlier, but then I think it could be a detriment to the future and graduate school,” she said. “You need to be able to read and analyze, critique, be very creative and not just memorize and regurgitate.”

Tuition at European universities is much less expensive than those of American universities, and according to Ms. Baum, the education is excellent.

“Not everyone goes to the universities in Europe, so it’s a very selective process. So being selected is quite an accomplishment in itself, and you get a very high quality

education at a low cost,” she said. “So Spain, the cost is 1,200 euros a year and that’s one of the most expensive universities that’s public in Europe. So for instance, Germany, once you’re accepted, it’s free.”

A factor worth considering is the cultural difference. In Ms. Warehall’s opinion, international exposure and cultural diversity in the student body are benefits of studying internationally. However, the language barrier can be difficult according to Ms. Baum. who found that her daughter’s dual citizenship and familiarity with the Spanish language eased her adjustment.

“Her program is in English but all of the TAs and extra help classes are in Spanish, so if she weren’t bilingual she really couldn’t have done this program,” she said.

According to Ms. Warehall, a student should think about what they are looking for in a college before taking location into account. Then, if the student fits an international school, they should consider it.

“If there is a student with whom I’m talking about her values and I’m thinking, ‘Wow this sounds just like the University of Edinburgh,’ then absolutely I would suggest it,” she said. “But usually one of the first questions I’ll ask is, ‘Are you open to international schools?’”

While few Lab students apply to European universities, many apply



Melissa Warehall



PHOTO PROVIDED BY ZOE REBOLLO BAUM

STUDYING IN SPAIN. 2017 U-High alumna Zoe Rebollo Baum studies with friends María López Aragón and Ines Consuegra Castellanos on their campus at the Universidad de Carlos III in Madrid. Zoe is a freshman studying business.

to Canadian universities each year.

Senior Jacob Shkrob will attend McGill University in Montréal in the fall. According to Jacob, adjusting to a new place will be an intimidating process.

“The whole process of becoming an international student is really daunting,” he said. “There are forms you need to fill out, permits you need to buy, and currency is-

sues that have to be sorted out.”

Jacob chose McGill because, while it offers a fresh start in a new country, it is also closer to his home than most other international universities.

He said, “I would say international colleges give you the cleanest slate you could ask for: new country, new customs, new rules, and even new time zones.”

Six students take gap year, more than in past

by **ABIGAIL SLIMMON**
SPORTS EDITOR

Whether members of the Class of 2018 take a gap year, attend a school outside of the United States or do something more traditional, each is about to leave U-High’s halls to start something new.

With a large range of interests across the Senior Class, almost every type of school is represented.

“When you look at the colleges that students have committed to attend, you will see a small liberal arts college in the Pacific Northwest and you’ll see a large research university like University of Michigan,” college counselor Abigale Wagner said. “There’s just such a range of interests in our students and a huge range of selectivity and especially geographical location.”

One continuing trend among Lab seniors is to go out of state for college: 77 percent of seniors have committed to schools outside Illinois, and three students have committed to schools outside the United States.

Six students will take a gap year, a big increase over previous years.

“In past years we’ve seen zero students, sometimes one, maybe two, do a gap year. So for us to have six students is really interesting,” Ms. Wagner said. “Every student’s plan and situation is different. Sometimes there are educational goals that the student has as well as other situations. It’s important to recognize that sometimes a gap year allows a student to mature and mentally prepare for the college process a little bit more.”

College counselors provided a list of post-graduation plans for the Class of 2018, current as of May 25, withholding those of students who did not provide permission to share.

Allegheny College, Meadville, Pennsylvania: Sageus Truitt
American University, Washington D.C.: Thomas Linquist
Amherst College, Amherst, Massachusetts: Luis de Pablo, John Grissom
Barnard College, New York City: Sophia Campbell, Elizabeth Meyer
Boston College, Chestnut Hill, Massachusetts: Kelly Slimmon
Boston University, Massachusetts: Tiangang Huang
Bryn Mawr College, Bryn Mawr, Pennsylvania: Emma Meyers, Sofia Mondragon
Butler University, Indianapolis: Miranda Mejia
California Institute of Technology, Pasadena, California: Hayward Melton
Carleton College, Northfield, Minnesota: David Anderson
Columbia University, New York City: Samuel Fleming, Michael Rubin, Chloe Schneewind
Denison University, Granville, Ohio: Katherine Stolz
DePaul University, Chicago: Daniel Martinez
Duke University, Durham, North Carolina: Samuel Morin
George Washington University, Washington D.C.: Olivia Issa
Grinnell College, Grinnell, Iowa: Christian Brookens
Hamilton College, Clinton, New York: Jonah Bauer
Harvard University, Cambridge, Massachusetts: Helena Abney-McPeck, Elbert Du, Isabel Levin, Jennifer Wang
Haverford College, Haverford, Pennsylvania: Talia Goerge-Karron
Knox College, Galesburg, Illinois: Ethan Bumpers
Lewis and Clark College, Portland, Oregon: Kyle Kay
Macalester College, St. Paul, Minnesota: Isabella Light
Marquette University, Milwaukee:

Briana Garcia
McGill University, Montréal: Zoe Goldberger, Jacob Shkrob
Mount Holyoke College, South Hadley, Massachusetts: Natalie Glick
New College of Florida, Sarasota: Jessica Franks
New York University, Oran Diermeier-Lazar, Sophie Hinerfeld, Tomer Keysar, Paryssatis Khazaie, Joshua Ulane, James Woodruff
Northwestern University, Evanston, Illinois: John McKee, Lillian Nemeth, Sam Rezaei, Jonathan Ruiz, Dheven Unni
Oberlin College, Oberlin, Ohio: James Dill, Eva Griffin-Stolbach,
Pitzer College, Claremont, California: Sarah Gray
Princeton University, Princeton, New Jersey: Jeremy Chizewer, Leah Emanuel, Harrison Shapiro, Ethan Tyler
Purdue University, West Lafayette, Indiana: Katherine Edwards
Reed College, Portland, Oregon: David Rice
Rice University, Houston, Texas: Bailey Litwin
Skidmore College, Saratoga Springs, New York: Milo Dandy, Madeleine Ward-Schultz
St. Louis University, Missouri: Kendall Cunningham
Stanford University, Stanford, California: Ayaan Asthana, Whitney Thomas
Swarthmore College, Swarthmore, Pennsylvania: Alice Huang, Horace Shew
Syracuse University, New York: Finn Conlon
Tufts University, Medford, Massachusetts: Florence Almeda, Alexandra Ingrassia, Camille Rehkemper
University of California, Berkeley: Ashwin Aggarwal
University of California, Los Angeles: Cole Summerfelt
University of Chicago, Chicago:

Aida Basic, Arjun Dhar, Clemente Figueroa, Victoria Gin, Alicia Haydon, Michael Hellie, Erica Hsieh, Anna Kenig-Ziesler, Sonny Lee, Thanh Nguyen Ngo, Maya Paloma, David Pan, Emma Picker, Sahar Siddiqui, Sharanya Srinivasan
University of Denver, Denver: Tia Polite
University of Illinois at Urbana-Champaign: Samy Abdelsalam, Matt Atassi, Nathan Blevins, Vivian Liang
University of Iowa, Iowa City: Ileana Minor
University of Michigan, Ann Arbor: Bentley Hoffmeister, Amber Huo, Jacob Leslie, Alexa Patrick-Rodriguez
University of Missouri, Columbia: Mizan Raoul
University of Pennsylvania, Philadelphia: Olivia Cheng, Chantalle Dupont, Nicole Horio, Teresa Xie
University of Pittsburgh, Pennsylvania: Fionn Stamatakis
University of Puget Sound, Tacoma, Washington: Marc Fohran
University of Toronto, Ontario: David Runesha
University of Wisconsin, Madison: Matan Diermeier-Lazar
Vanderbilt University, Nashville, Tennessee: Nicola Han, Bryce Palmer
Vassar College, Poughkeepsie, New York: Clara Dandy
Williams College, Williamstown, Massachusetts: Anna Peterson
Yale University, New Haven, Connecticut: Giacomo Glotzer, Aden Goolsbee, Roxanne Nesbitt
Students who did not provide permission to include college plans: John Blocker, Taylor Bogert, Wilson Hayward, Amanda Levitt, Olivia Levitt, Miranda Mireles, Megan Moran, Guinevere Pandolfi, Rachel Schonbaum, Elena Sparrow, Terrance Travis, Elizabeth Van Ha, Sean White.

= BRIEFS =

New Dean will work with teachers to innovate

U-High has hired a dean of teaching and learning to help teachers design and structure curriculums to follow current educational practices.

Noah Rachlin, currently a history and social science teacher at Phillips Academy in Andover, Massachusetts, will hold this position starting July 1.

Mr. Rachlin will be an academic administrator and will primarily support and collaborate with U-High faculty and department chairs, according to Principal Stephanie Weber. He will work with these groups to design the modern curriculums.

Mr. Rachlin brings experience from his time as a fellow at Phillips Academy Andover’s Tang Institute, which according to its website is “an ideas lab dedicated to developing and sharing innovative approaches to teaching and learning.”

As a fellow, Mr. Rachlin helps students cultivate tools to be better learners as well as structures professional development for faculty.

“There has been a lot of change in the the U-High community in the last several years,” Ms. Weber said, “and I think Mr. Rachlin is going to help us focus in on the academics and excellence that makes U-High unique.”

— AMANDA CASSEL

Clubs prepare for next school year, elect leaders

As the school year comes to an end, clubs are getting ready for the 2018-19 academic year by electing new leaders.

New club board members are listed below.

Asian Students’ Association: Hongjia Chen, president; Nikita Kumar, vice president; Rama Kakera, secretary; Esha Mishra, public relations director.

Black Students’ Association: Saige Porter, president; Lea Runesha, vice president; Destiney Williamson, treasurer; Mikaela Ewing and Yanni Simmons, liaisons; Robert Coates and Soundjata Sharod, public relations representatives.

Jewish Students’ Association: Nathan Appelbaum, president; Rachel Zemil, vice president; Lily Peterson, secretary; Gershon Stein, treasurer.

Latinos Unidos: Sofia Kouri, president; Andrea Chavez, vice president.

Model United Nations: Jamal Nimer and Alexis Tyndall, secretaries general; Stanley Shapiro, Ananya Asthana and Franzi Wild, junior board members; Mili Shah and Shiva Menta, directors general.

Muslim Students’ Association: Mohammed Alausa, president.

Refugee Club: Devyani Dharanipragada and Claire Duncan, co-leaders; Naina Jolly, events coordinator; Alex Pietraszek, publicist; Henry Cassel, treasurer; Hongjia Chen, Anjali Prachand, Alia Thomas, Amanda Cassel and Naomi Corlette, board members.

— NICHOLAS EDWARDS-LEVIN

Prom to be at the Museum of Contemporary art

The Prom will be held for seniors on June 2 at the Museum of Contemporary Art in the Gold Coast.

The Prom Committee sold nearly 160 tickets to seniors and their invited guests at a price of \$108. Committee president Anna Peterson said the price is lower than in past years.

“I’m excited to see everyone dressed up,” Anna said, “and I’m looking forward to spending the evening with everyone and enjoying our last school event together.”

— EMMA TRONE



SELF-REFLECTION. Amber Huo created her self-portrait using watercolor and digital tools. Amber enjoys working with different media in her artwork.

Yearlong project to end with folk performance

by **GRACE ZHANG**
ARTS EDITOR

After inviting in filmmakers, hosting performances, and collaborating with teachers from all schools, the music department concludes the “American Epic” Project this week by showcasing the featured recording machine and live performances.

The project evolved separately from the Kistenbroker artist-in-residence programs, but brought in directors Bernard MacMahon and Allison McGourty to present “American Epic,” a film about the earliest recording machines and practices. The machine was brought to the Corvus Gallery in Gordon Parks Arts Hall, and Nicholas Bergh, the engineer, started to put it together in the gallery May 29.

“You can walk by and just check it out as it’s being put together,” Rozalyn Torto, music department chair, said.

The recording machine is unique in that it is built with all original parts and is not just a replica of machines from the 1920s. Mr. Bergh searched the country for separate and loose parts from those original machines, but this one is the only one left in existence.

Students were given the opportunity to audition May 23 and then winners will record on the machine, completing the recording all in only one take.

On May 29, the Old Town School of Folk Music paired with Lab to host a faculty-only guitar social.

On June 1, Hubby Jenkins, an African-American music educator and performer, will perform with his group, the Carolina Chocolate Drops. The Grammy Award-winning group aspires to preserve traditions and trace roots of folk mu-

“It’s like this whole project shows you if you have an interest in something, you can build a career around it, even if it’s kind of niche.”

— ROZALYN TORTO,
MUSIC DEPARTMENT CHAIR

sic and educate their audience.

“His knowledge of folk music, specifically old-time African American music, is just really profound,” Ms. Torto said. “He’s like an educator and a performer at the same time.”

Throughout the week and the year, the music department collaborated with history and science teachers to bring in Mr. Bergh, Mr. MacMahon and Ms. McGourty to introduce context to music from the early 20th century. The music department invited middle school humanities classes and Michael Wong’s science classes to see the machine, as well as primary school students in Earl Shapiro Hall. In the high school, Ms. Torto and history teacher Naadia Owens paired to teach artwork and music from post-Civil War to the Great Depression, as well as introduce Hubby Jenkins.

The music teachers hope that the experience of bringing American Epic to Lab will be a catalyst for future courses or collaborations across subjects and classrooms, as well as inspire students to pursue their passions.

“It’s like this whole project shows you if you have an interest in something, you can build a career around it, even if it’s kind of niche,” Ms. Torto said, citing Hubby Jenkins and filmmakers of “American Epic” as examples. “I think that speaks to Lab students, because you might just build your own path.”

Artist spreads joy

Amber Huo creates ideas, beauty and friendships with art

by **PRIYANKA SHRIJAY**
EDITOR-IN-CHIEF

Sitting quietly in the corner of her classroom, twirling her mechanical pencil around her thumb, looking down at her masterpiece, Amber Huo ponders what to draw next.

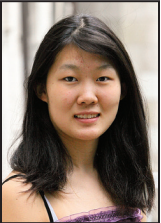
Amber is a person of few words, but as an artist who draws daily, her expression is limitless.

Amber got her artistic start in middle school when her group of friends developed an interest in drawing anime. Drawing every day since then, she has developed her illustration, painting and digital art skills through practice and classes.

“I took mixed-media last year, and I’m taking advanced drawing and painting with Mr. Wildeman right now,” she said. “I also took this watercolor course at the School of the Art Institute of Chicago over the summer.”

Amber has put her skills to good use, illustrating for the U-High Midway every month this year. She most enjoys drawing for other people as opposed to herself, so the bulk of her illustrations go to her friends.

“I like that when I give other people drawings, I can make them happier,” she said. “It feels like I’ve done something important, like turning in a homework assignment you’ve worked hard on — a sense of accomplishment I guess.”



Amber Huo

“I’m not really good with words, so I try to make up for it by contributing artwork. You can express a thought through a drawing that maybe you can’t through words.”

— AMBER HUO

For Amber’s friend Jenny Wang, a senior, Amber does just that.

“Over the years, Amber has drawn a lot of pictures of me and my face,” she said. “Every time she does, I am both extremely shocked and incredibly grateful because such an amazing artist like Amber has decided that my face and features are worthy of being observed and illustrated.”

For Jenny, Amber’s attention to details is awe-inspiring.

“It’s always fun and exciting to be immortalized in artwork, but particularly artwork that has been crafted so meticulously and thoughtfully like Amber does, with such beautiful results,” she said.

Amber embraces that ability to translate beauty from the physical world or her thoughts onto a piece of paper.

“I’m walking around reading a book and I think, ‘That would look good on paper,’ I’ll make a note of it,” she said. “I like the idea that I can take something that was normal before and make it prettier or that you have an image in your head and you can make it real on paper.”

As well as creating beauty, Amber has realized that a picture truly is worth a thousand words.

“I’m not really good with words, so I try to make up for it by contributing artwork, she said. “You can express a thought through a drawing that maybe you can’t through words.”

‘PIPPIN’



MIDWAY PHOTOS BY ELENA LIAO

BRING JUSTICE TO THE ROYALS. Pippin, played by junior Jacob Beiser, and the company sing “Morning Glow” as Pippin is crowned king after stabbing his corrupt father, played by senior Bryce Palmer. “Pippin” sold out two of its performances — Friday, May 18, and Saturday, May 19.

BATTLEFIELD GLORY. Katya Edwards, Nicole Horio and Anna Schloerb dance to “Glory” during the battle scene in the spring musical “Pippin.” Student choreographers incorporated a significant amount of dance in this year’s musical.

Let it Rainn: Actor Rainn Wilson explained that achieving happiness cannot be solved with a formula or uniform approach



SUPER SELFIE. Rainn Wilson, an actor known for his role as Dwight Schrute in “The Office,” takes a selfie with U-High students who attended the optional assembly May 24. Wilson spoke about his production company, SoulPancake, and its role in his efforts to change the world.

by **EMMA TRONE**
EDITOR-IN-CHIEF
by **IVAN BECK**
FEATURES EDITOR

At an assembly May 24, actor Rainn Wilson spoke about acting, his experiences and lessons he learned in life. Mr. Wilson, who graduated from New Trier High School, returned to Chicago to perform in the Steppenwolf Theatre play “The Doppelgänger,” for which he plays both a British copper-industrialist and a kindergarten teacher. “It’s really a lot of fun, and it’s funny,” Mr. Wilson said, “but it’s also a dark skewering of politics and international economics.”

After his talk to U-High, Mr. Wilson sat down with The Midway for a few questions. His answers were edited for length and clarity.

On “The Office,” Dwight is a very particular type of role. Have you been limited by, or typecast based on that role?

It’s always a challenge when you get to be well known as a character on a television show. I’m super grateful for Dwight. It allowed me to buy a house, and incredible doors have opened up, I’ve met incredible people from being on that show and playing that role, and I’m super, super grateful. But, yeah, it is a little bit limiting in that people view me, especially in Hollywood, pretty much as just playing that kind of role or roles just like it. But I’ve played dozens of roles before Dwight, and I’ll play dozens of roles after I play Dwight, and people will either see that or they won’t. I’m developing some things for television, for the future that are really interesting roles that will be very different than Dwight.

What do you consider to be the most important aspect of being successful in what you do?

I think the most important aspect of being successful is that you have to recognize that part of it is from your own efforts, but part of

your success is that you just happen to be in the right place at the right time. That brings a certain humility, and then your obligation is to give back. Whether you’re religious or nonreligious, I think everyone can agree that service to others is really the highest expression of what it is to be a human being, it’s something to strive for and emulate.

Would you talk a little about the charity, Lide Haiti, that you helped start with your wife?

My wife and I visited Haiti in 2009, and visited a bunch of schools and really fell in love with the country and were very moved by what was happening there. Two months later was the earthquake. Over 200,000 people died in a matter of minutes. We knew that we needed to do something, that we needed to give back. Girls in Haiti are treated essentially like work animals. So this population, that has been so subjugated, really deserves to have a special focus put on it. We do scholarships for school, we do tutoring, we help girls pass their tests, get their uniforms together and what they need to succeed in school, besides teaching them art, poetry, photography, drama, and other things that allow them to find their voice and find their expression. We work in about 13 locations with almost 500 girls.

How do you think people should discover what they really love doing?

You try doing a lot of different things, and you read a lot of books and you take a lot of trips, and find what is true for yourself. You don’t inherit the truth of your parents, and you don’t inherit the truth of the society around you. You have to find what’s true and what works for you, and whatever ignites you. If something excites you, and you feel like, “Oh, I can do that. I can do that well, and I can make a difference,” you should absolutely be drawn like a moth to the flame.

MIDWAY PHOTO BY ELENA LIAO

‘Fortnite’ draws non-gamers, entering mainstream

by **JACOB POSNER**
EDITOR-IN-CHIEF

Junior Marc Mulligan plays “Fortnite” for four hours a day on average, and last month at Junior Retreat, he wanted to continue playing, so he brought his Xbox. But he needed a TV to play.

“It comes time when they want us to turn the lights off, and then I come back into our little cabin, and people are talking to me like, ‘Oh did you find anything,’ and I’m like, ‘No, and I have a raging ‘Fortnite’ addiction and I lugged 15 pounds of Xbox up here, and I can’t find a freaking TV,’” Marc said.

But Marc is not the only one who plays “Fortnite” regularly.

“Fortnite” is a third-person shooter similar to “Player Unknown Battlegrounds,” except players can build walls, floors and roofs — the components of a fort — during a match to create barricades or traverse difficult terrain.

The game has spread like wildfire through the U-High community because of the qualities that make the game so addictive: creativity, self-reliance and variability. It has even begun attracting celebrities to join in — Drake, recognizing the economic potential, played with a popular Twitch streamer, Ninja.

Developed by Epic Games, “Fortnite” was released July 17, 2017, but didn’t become popular until a free “Battle Royale” game mode came out Sept. 26, 2017. The purpose of the “Battle Royale” mode is to be the last player standing among 100 rivals — or

the last group if playing in squad mode, where players compete in groups of four or fewer. Players travel around the map, collecting guns, materials for fort-building and medical supplies. They must take care to stay within the eye of the storm — a circle that shrinks as the game progresses, forcing players closer to one another until a final showdown.

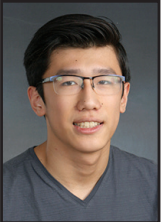
“Battle Royale” has made the game incredibly popular. According to a Chicago Tribune article, “‘Fortnite’ generated \$223 million in revenue across all platforms in March, up 73 percent from February, according to game researcher SuperData.” While this version of the game is free to play, Epic Games makes money from selling skins — costumes for players’ characters.

Kendrick Xie, a sophomore who streams his “Fortnite” gameplay on Twitch, thinks of “Fortnite” as a gateway game.

“A lot of people didn’t even play video games before ‘Fortnite,’ but now people from school and a bunch of people on my swim team play it, too,” he said.

Besides the fort-building and loot-collecting, Kendrick said the long breaks between action bring people together.

“Just like one of your friends is playing some other guy that you



Kendrick Xie

“I come back into our little cabin, ... I’m like, ‘No, and I have a raging ‘Fortnite’ addiction and I lugged 15 pounds of Xbox up here, and I can’t find a freaking TV,”

— MARC MULLIGAN, JUNIOR

don’t talk to much, and you just join him, and then you get to know the other guy,” Kendrick said.

Gabe Fioramonti-Gorchow, a junior player, said the game is easy to get into.

“They’re quick games. You can leave whenever. Every game has a clear winner. No two games are the same,” Gabe said. “You’re gonna get new guns, loot, and you can be really creative with your building.”

Those who play regularly seem to play quite a lot. Marc and Gabe agreed that the game can be incredibly addictive.

“It’s kind of addicting, to be honest,” Gabe said. “Sometimes I’m not even enjoying it, and I’ll still keep playing.”

Marc said the game has spread quickly because of its target market.

“One of the biggest things that has helped ‘Fortnite’ is just the infective matter of its popularity,” Marc said. “With their main market, teenagers and young children, a major thing is the influence of your peers. If your friends play it, you’re probably gonna end up playing it too.”



MIDWAY PHOTO BY MICHELLE HUSAIN

HALLWAY GAMING. Beginning her game of “Fortnite Battle Royale” by gliding down to the surface, junior Aly Latherow plays in the junior hallway during open time May 22. Players were able to register for “Fortnite” on iOS beginning March 12.

Mentor, Listener, Counselor

Ronald Tunis will retire next week, after 24 years of counseling here

By **SAMIRA GLAESER-KHAN**
MANAGING EDITOR

On the afternoon of the annual boys basketball team picture, three boys tumble into counselor Ronald Tunis' office to ask for help in tying neckties.

Mr. Tunis welcomes them with familial warmth and makes sure each boy looks perfect.

During his 24 years at U-High, Mr. Tunis embraced his natural talent for making people feel welcome and pursued the principles of his faith by listening to each student with all of his heart. Next week, Mr. Tunis will retire from his counseling role.

Mr. Tunis said that even when he was in high school, students gravitated toward him when they needed to talk.

"I remember as a student it seems like I always had this knack where kids would always come to me and ask me for advice," he said. "So looking back, counseling was sort of a natural fit."

When he became a Christian at age 23, Mr. Tunis fully recognized the positive potential of talking

"He listens with his heart, his mind, and with his whole being. when you are talking to him, he is just completely focused on you."

— KATY SINCLAIR,
MUSIC TEACHER



Katy Sinclair

with people and helping them through their problems.

"I ended up falling in love with a young lady when I was 21, and it just so happens that she was a Christian," Mr. Tunis said.

While they did not marry, he appreciates her impact on him.

"It was her mentoring that did it for me. To this day I love her to death for what she did for me. Being a Christian, I believe that we are our brother's keeper and that I can help others by listening and comforting."

Mr. Tunis feels students have taught him how important it is for



MIDWAY PHOTO BY ELENA LIAO

TALKING IT THROUGH. Junior Teddy Neer talks with counselor Ronald Tunis in the conference room of the U-High Learning and Counseling office. Teddy explained that Mr. Tunis has always been a kind figure in the Lab community, and that he will miss his presense next year. In his time at Lab, Mr. Tunis has been a counselor for hundreds of students.

young people to feel they are taken seriously.

"You guys just want to know that you matter, that you're listened to, and that I understand what you're going through. That's all you ask," he said.

Mr. Tunis applies this principle to his work as the faculty adviser of the Black Students' Association along with counselor Camille Baughn-Cunningham and history teacher Naadia Owens.

"I think that the students in BSA enjoy seeing something that looks

like them," he said. "Some of the conversations we have informally, when I listen to them, I can feel and understand many of the things that are on their hearts and minds."

Mr. Tunis' colleagues such as his great friend Katy Sinclair will miss his perceptive presence.

"He listens with his heart, his mind, and his whole being. When you are talking to him, he is just completely focused on you," Ms. Sinclair, music teacher, said.

After retiring, Mr. Tunis is con-

sidering either working as a part-time counselor at a suburban school or offering free couples therapy at his church. Before that, however, Mr. Tunis wants to cross some things off his bucket list.

"When I was a young man I always had this dream of driving to California in a Corvette," he said, "and I own a Corvette, and that's what I would like to do soon. The other bucket list item I have is to run with the bulls in Spain. My family thinks I'm absolutely crazy, but that's what I would like to do."

Technology director retires after 36 years

by **IVÁN BECK**
FEATURES EDITOR

"Lab is a building full of passionate people who care very deeply about what they do," Curt Lieneck, director of information and technology, said. "The passion and the thinking out loud and the commitment to serving students well is what I think I'll miss the most"

Mr. Lieneck is retiring after being a member of the Lab Schools community for 36 years. His role at Lab has been as a facilitator of continuous change, as he headed a department that went from being brand new to one of the most integral facets of the school.

Mr. Lieneck started at Lab in 1982 as a lower school teacher, where he taught 3rd grade, kindergarten, and 4th grade. While teaching 4th grade, he became interested in technology, so in his next year at Lab he moved to the Information Services Department.

"Back in those days, it was unusual for someone who didn't come from a hardcore technology background to be involved with technology, and so it was definitely a gradual and incremental growth over a period of years that helped me understand what the job really was," Mr. Lieneck said, "how I could serve the schools to the the best of my abilities."

Two individuals who were instrumental in Mr. Lieneck's experience at Lab were Dave Stafford and Christopher Jones, two administrators who supported the advancement of technology in the school.

Recently, Mr. Lieneck has been integral in several shifts the school has experienced. One of these changes was the laptop program for middle school students. Mr. Lieneck explained that when a suggestion to add more iCarts for 6th through 8th grade students was made, he realized that there



PHOTO PROVIDED BY CURT LIENECK

CELEBRATING THEIR CYCLING. Director of Information and Technology Curt Lieneck and music teacher Bradley Brickner pose for a photo after completing a part of their cycling trip. The two have done many biking rides and trips over the years they have known each other.

"It was unusual for someone who didn't come from a hardcore technology background to be involved with technology."

— CURT LIENECK,
DIRECTOR OF INFORMATION
AND TECHNOLOGY

would be more laptops than Middle Schoolers if the plan was enacted. Therefore, he proposed a policy that students would be able to use personal laptops, provided by Lab, for the duration of the school year.

Another shift Mr. Lieneck facilitated was the addition of tech-

nology to Gordon Parks Arts Hall. His help in determining how the building could be technologically efficient allowed for classrooms to be productive, state-of-the-art spaces.

In addition to his role in the Lab community, Mr. Lieneck has several passions separate from his work. One that he pursued greatly is cycling. Mr. Lieneck often is joined by Brad Brickner, a music teacher at Lab, as well as Scott Griffin, associate operations director who works at Earl Shapiro Hall, for many of his trips.

"I started cycling just because it was fun and relaxing," Mr. Lieneck explained. "With other friends I've done some fairly long rides. We did

a week long ride for Habitat for Humanity in Indiana. We covered 360 miles in a week."

Throughout his time at Lab, Mr. Lieneck defined the school's connection with technology, and worked to make sure that his vision of technological modernity throughout the school came true.

"I hope that my legacy would include continuing to have a strong infrastructure that serves the school's needs well," Mr. Lieneck said. "We rarely do what's easiest for us, in favor of doing things that are more effective than they might be efficient, and so keeping that strong tech support backbone in place I think would be a good legacy to have."

11 additional faculty, staff leaving Lab

After years of dedicating their creativity and energy to Lab, some staff and faculty members are leaving or retiring next week.

Marie Randazza, a nursery school teacher, is retiring after 24 years at Lab. She said she loved exploring Gothic architecture on the University of Chicago campus with her students.

"Little kids really like the gargoyles," she said, "so it was really fun to see the gargoyles through each successive year's eyes because every group had its own little take on their explorations of gargoyles. Some of them liked to pretend they were gargoyles, other ones just liked to draw the gargoyles that they saw, some of them liked to make up their own gargoyles."

Other staff and faculty retiring include **Cathy Gruber**, lower school counselor, 10 years at Lab; **Joanne Reott**, lower school office manager, 17 years; **Liz Trevino**, nursery and kindergarten teacher, 29 years; and **Donna McFarlane**, a second grade teacher.

Other staff and faculty leaving include **Kate Gorsky**, lower school academic specialist; **Donna Mandel**, nursery school teacher; **Nicole Power**, lower school homeroom teacher; **Joan VandeVelde**, lower school P.E. teacher; **Casey Waddell**, assistant teacher; and **Brandy Wales**, lower school computer science teacher.

The All-Schools Retirement Party was scheduled for May 31 from 3:30-5 p.m. at the Sherry Lansing Theater.

— JACOB POSNER

We need to stop overlooking global colleges

As the Midway sees it...

The University of Tokyo. Imperial College London. ETH Zurich. These colleges, as well as countless other international schools, rival the prestige and educational quality of America's highly selective universities, often at a fraction of the cost. However, with only three members of the Class of 2018 attending schools outside of the United States, it's clear that the majority of U-High students are cut off from a world of opportunity. As the world and the workforce become more globalized, now is as good a time as any for students to consider college abroad. The U-High community should encourage international colleges as an equivalent option to the standard, four-year domestic experience.

Shifting the paradigm around college should start at home. Parents should have an open mind about international college plans, even though they deviate from the norm. Post-college employability and cost are often among the most pressing concerns surrounding the college process for parents, but



MIDWAY ILLUSTRATION BY AMBER HUO

the international factor can easily be incorporated into existing discussions about these topics. European colleges in particular are often tuition-free, or have yearly tuition that's a fraction of the cost of even public universities in America. In the 2017 Global University Employability Ranking conducted

by Times Higher Education, 73 of the top 100 schools on this list were outside of the United States. As integral guides in the college process, college counselors have a responsibility to help students explore a variety of schools, and that should include international options. By devoting time in Junior

College Workshop to explain the process for applying to colleges internationally or more freely including international schools on individual college lists, students would be more likely to see these schools as legitimate options, especially students who have strong interest in international affairs,

have family members in foreign nations, or who are in a more limiting financial situation. Students themselves are ultimately responsible for taking advantage of the college opportunities that fit them best. While U-High students often create and perpetuate an environment where success means acceptance into name-brand schools, it's up to individuals to break the norm and create their own definition of success, under their own specifications around their college experience. If you're interested in adapting to other cultures, alleviating the financial burden that often comes with American college tuition, or simply having a completely clean slate, you might be a perfect fit for an international institution. As U-High students continue to grapple with how to define college success, the option of attending an international school should be a natural component of these conversations. Parents, students, and college counselors jointly have the ability to expand the scope of the college search, from the typical to new horizons. This editorial represents the opinion of the Midway's Editorial Board.

Beware of risks when sending nude photos

by KATERINA LOPEZ
ASSISTANT EDITOR



Late on a Saturday night, a teen girl sits in her bedroom when she receives a Snapchat from the older guy she likes. She opens it, excited, until she reads the content of the Snapchat. "Want to send me nudes?" it reads. She hesitates. What if the pictures get out? She finally decides to send the picture, hoping that doing so will make the guy like her. This situation is all too familiar for many teenage girls. Sending nudes is a current and popular way of being close to someone, but

beware, especially when sending nudes, because people can take advantage of you or your pictures. That girl could come to school the next day and find that the photos she intended for one person have been shared with many. While this can happen between any two individuals, research from Journal of the American Medical Association Pediatrics reports that boys and girls participate equally in photo sharing, but girls feel more pressure to participate. Some guys will manipulate girls into sending nudes by feigning romantic interest. Others will use blackmail to receive nudes by threatening to spread rumors if they don't get a picture. After receiving the nudes, guys often feel entitled to use them however they

please. Beware that the guy may want the nudes for a reason other than having a relationship. If an authority figure finds out that you've been sending nudes, you might get in serious legal trouble. In Illinois, the age of consent is 17 years old. If you are under 17 and are caught sending nudes, you can face child pornography charges and have to register as a sex offender. This means that even if someone coerced you into sending nudes, you might still get into trouble. Many teens aren't aware of the legal risks of sending or receiving nudes, but the reality is that the legal risks outweigh any benefits. Without knowing the risks, it can be hard to say no to an older guy. When I was a freshman, I was

approached by multiple senior guys who claimed they just wanted to talk. Since I was so naïve, I believed they actually like me and was happy that these popular and attractive guys were talking to me. They started to get more and more sexual, asking me to do things I didn't want to. Now I realize they were trying to take advantage of my naivité. This didn't just happen to me or happen that year. A boy may try to take advantage of a younger girl because he sees her as an easy target to get what he wants without realizing the emotional damage it could do to her. Think twice about asking for or sending nudes. Anticipate to what could happen, whether getting in legal trouble or getting a broken heart.

Parents: Tell your kids to find a college they love

by JACOB POSNER
EDITOR IN CHIEF



Unrealistic anxieties to succeed, forced overwork, lack of enjoyment — and, suddenly, a world of opportunity. Those were my feelings before and after my parents told me I should find the school that fits me best. There's a lot of pressure to get into a really good school after U-High. Many of our parents went to very competitive schools, many of our parents pressure us into going to hyper-competitive schools, and many of our seniors will go to very good schools. Even for those students whose parents don't explicitly tell them they must attend

one of the highest-ranked colleges, pressure remains. To work against this unnecessary pressure, parents need to sit down with their kids and tell them to find the school that fits them best. My parents both went to Yale University for undergraduate degrees. They never told me I had to go to Yale, but before they told me I should find a college that fits me best, I felt an unending pressure to accomplish. I have never had a free period — except for biology freshman year, but that was only for fall and winter quarters. I expected myself to try everything, and then I stuck with more than I could handle: eight of mostly the hardest classes along with journalism, theater, an outside orchestra and an independent study. While it might be different for others, this was too

much for me. After my parents told me I should find the college that fits me best, I slowly allowed myself to quit activities I didn't enjoy and just contributed stress — an independent study and two clubs. Next year, I'm taking fewer classes, and only ones that I'm interested in. It felt like I was in an educational arms race. If I got a 95 percent on a test and a classmate got a 97 percent, I felt a subconscious, illogical urge to do better. I wouldn't feel satisfied, but that I needed to get a higher grade. Instead of enjoying study and finding projects outside of school, I felt like I was burdened with endless work. I didn't have enough time to delve into projects — simply reading a book, working through math problems, English papers, Ger-

man projects. Furthermore, there's a feeling around Lab that it should be easy to get into the top schools in the U.S. because so many of our seniors go to highly competitive institutions. But it's not. It's getting harder and harder to get into elite colleges. "In addition to the sheer number of applicants applying, the expectations for candidates have increased," Angela Dunnham, a college admissions counselor at InGenius Prep, said in a Business Insider article. We need to rethink success. It's not about where you ago, but finding a subject and falling in love with it. That can be done at any of the top 100, 200, 300 schools. If you're a parent, tell your kid to find the college they love — if you're a kid, heed my experiences and slow down.

QUICK Q

What are your plans for the summer?

OLIVIA ISSA, SENIOR:



"I'm most excited to launch the Hyde Park Refugee Project summer camp. I'm helping organize the camp and counseling there this summer for kids and teens ages 5 to 18."

GABRIEL FIORAMONTI-GORCHOW, JUNIOR:



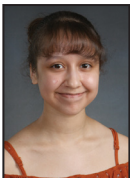
"I'm gonna try to get a job for the first two months of the summer, and for the last month, I'm going to go work for my family friend's motorcycle company in India."

JOANA ROSE, SOPHOMORE:



"I am going to work at Brookfield Zoo and speak to guests about endangered species and ways they can help out. It's a really fun time for me to get a look at what I want to do with my life later on, and I enjoy being surrounded by people with similar interests."

VERONICA GORDINA, FRESHMAN:



"I am going to visit my family on a ranch in Guadalajara, Mexico. My favorite things to do there are eat and spend time in nature."

— COMPILED BY AUDREY MATZKE AND AMANDA CASSEL

U-HIGH MIDWAY

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EDITORIAL POLICY: In a time when the press is criticized, the U-High Midway seeks to inform, educate and serve the community of University High School. The Midway is created by students, for students.



MIDWAY PHOTO BY TOSYA KHODARKOVSKY

CASTING OFF. Marcelo Gutierrez-Miranda casts off into the Jackson Fishing Area, behind the Museum of Science and Industry in Hyde Park. Despite Chicago’s heavily urban environment, Lake Michigan and the city’s countless lagoons, ponds, and reservoirs offer one of the world’s largest freshwater fisheries.

TEAM RESULTS

U-High scores are listed first.

Baseball, Varsity

Notable: The varsity baseball team broke U-High baseball history by advancing to the sectional finals after a win against Chicago Christian May 23. Sophomore Eli List pitched a shutout with three strikeouts and only eight hits. The team ended the season with a sectional loss against Herscher High School May 26.

Herscher	May 26	0-13
Chicago Christian	May 23	1-0
Cristo Rey, Reg. Champ.	May 19	15-5
Dunbar, Reg. Semi	May 16	28-0
Ignatius	May 11	3-9
Latin	May 10	4-5

Girls Soccer, Varsity

Notable: The team made history by advancing to the state semifinals. The team finished in fourth place after a loss to Belleville Althoff Catholic. The team had a 12-8-3 season record. Belleville Althoff, State May 26 0-1

North Shore, State Semi	May 25	0-1
Aurora Central, Super-Sec.	May 22	1-0
Lisle, Sec. Champ.	May 19	3-2
Cristo Rey, Sec. Semi	May 15	5-0
Noble, Reg. Champ.	May 11	7-0

Boys Tennis, Varsity

Notable: The team tied for state champion for the first time in school history and are the first U-High team sport to win a state title since 1914. Sophomore Arjun Asokumar became singles state champion. Sam Fleming and Danesh Patel made it to the semifinals of the consolation round.

State	May 26	1st
Sectionals	May 19	1st
Northridge	May 14	5-0
ISL Championships	May 12	2nd

Boys Track and Field

Notable: Junior Abraham Zelchenko finished 13th in the 3200m with an 8-second personal record. Sophomore Ismael Figueroa ran a 51.86 400m.

Gone Fishing

BY MAX GARFINKEL
BUSINESS MANAGER

The water is still in Burnham Harbor, the sailboats float past McCormick Place as they exit. The Sears Tower and the Centennial Wheel on Navy Pier protrude from the skyline. People jog alongside the water.

Then a lone fisherman casts line between the docks. As he reels in, quickly twitching the rod to entice the fish with his lure, the tip of his rod jerks toward the water as he yanks it. The line screams out of the reel for a second while the fish flees, but then he starts pulling it in. He reels the fish to the sea wall and lifts it onto the cement. He compares the smallmouth bass to his foot, and the tail extends slightly past his toe.

The fisherman smiles as he takes the hook out of the fish’s lip. Then he takes a picture with it and releases it back into the water. He continues to grin as he watches it swim away.

Even in Chicago, where many people don’t even know that fishing is possible, anglers still find ways to fish and enjoy one of the largest freshwater fisheries in the world. While many at Lab know very little about fishing, some use it as a way to relax from their stressful lives.

Chemistry teacher Zachary Hund enjoys fishing in and around

Chicago.

He said he started fishing when with his dad when he was young and now gets out to fish when he gets the chance. He explained what he enjoys about fishing is the peacefulness.

“It’s a chance to get away from everything that’s going on, and to go somewhere that’s peaceful, that’s quiet, and to do something that doesn’t require a lot of thought,” he said. “It’s just a relaxing activity.”

Dr. Hund remembers fishing with his dad when he was younger in a small reservoir pond behind the company where his dad works. He said his dad bought him a little “Mickey Mouse” fishing rod which he used to catch small catfish while he watched the ducks. He said that his son is now old enough that he is excited to start teaching him how to fish.

“Fishing is one of my favorite pastimes with my dad, so hopefully I can do the same with my son,” He said, “It’s not just about fishing, but it’s also a time to connect on a personal level when it’s just the two of you there.”

For many people fishing brings a sense of nostalgia with it as they remember good times fishing with their family and friends.

For sophomore Quari Ewing, fishing creates a way for her to spend quality time with her grand-

Chicagoans fish in local lakes and ponds as a way to relax, spend time with family and revive childhood memories

“It’s a chance to get away from everything that’s going on, and to go somewhere that’s peaceful, that’s quiet, and to do something that doesn’t require a lot of thought.”

— ZACHARY HUND,
SCIENCE TEACHER

father. She started fishing with him when she was 8.

“It’s something that he always did, and for a while I was grossed out by the idea,” she said, adding that when she got older she became more comfortable with it and came to enjoy it.

Quari said, “I don’t get to see him as much, but we still go fishing and that’s something that brings us together.”

Many fishers the hobby becomes something that they look forward to all winter. They look forward to spending time outdoors with their family and the excitement of hooking a fish.

Senior John Grissom enjoys fishing for the thrill of reeling in big fish.

“It’s all about the reward at the end of the day.” He explained that for him, “It’s all about catching the fish, and once you get a fish on you want to get it again and again and again.”



MIDWAY PHOTO BY MICHELLE HUSAIN

STATE STUNNER. Anotonio Feliciano hustles to the ball during a match May 14 at U-High’s home courts. Him and his doubles partner, Ayaan Asthana, competed at state May 24.

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4 ways to do the Second City

With summer break a week away, check out these summer plans. Look at U-High’s favorite spots using our curated itineraries.

WRITTEN AND COMPILED BY NIKHIL PATEL, MIRA COSTELLO, AUDREY MATZKE, NICKY EDWARDS-LEVIN, AMANDA CASSEL AND ELLA BEISER.

ELEGANT EXPLOITS

To get your day going, start off with a refreshing Starbucks coffee on Michigan Avenue and Huron. From there, get your steps in and walk about a half mile north to Water Tower Place. Check some of their most classic and popular stores, Forever 21, American Eagle Apparel, H & M or Sephora. As you get tired, take a quick 15-minute walk to the nearby AMC River East 21 in Streeterville. Indulge on popcorn and drinks and watch a new release. As mid-day nears, wander down Michigan Avenue to the Nutella Bar and grab a crêpe or other pastry. Cap off your day with an afternoon walk along Maggie Daley Park.



MIDWAY PHOTO BY YANNI SIMMONS

EATALY EXTRAVAGANZA. There’s a huge variety of available items at the Nutella Bar, which offers a wide selection of pastries covered in Nutella. Open from 7:30 a.m. to 10 p.m., it’s located at Eataly, which is on 43 E Ohio St. Lines can often be long, but many U-High students believe the lines are worth the wait.



MIDWAY PHOTO BY YANNI SIMMONS

BOARDWALK BEAUTY. The Lincoln Park Zoo transformed, man-made pond walk that includes many of Chicago’s native species.

HEALTHY HANGOUTS

Not every day needs to be packed with sugar and sweets. If you’re looking for some healthy choices, start your day with a nutritious 10 a.m. brunch at the Blue Door Farm Stand. Then, you can make your way over to the Lincoln Park Zoo and check out the brand new penguin chick. When you’re done, rent a Divvy bike for \$3 per half hour and head south on the Chicago Lakefront Trail. You can catch great vistas of the Chicago Skyline and check out the Ohio Street Beach before heading to Navy Pier for a salad at Freshii. But be careful, the crowds and prices at Navy Pier often aren’t ideal.

BREEZY & BRIGHT

A Chicago summer’s day isn’t complete without fun in the sun, but it needs to start off on the right note. Hit Fabiana’s Bakery in Hyde Park for a hot or cold beverage and a lemon bar or specialty Brazilian chocolate cake. Walk to Promontory Point and enjoy the lake, sun and breeze. As you work your way into the afternoon, grab a cool lunch at Roti or Aloha Poke in Harper Court. To finish the day, take the Metra on 53rd up to Millennium Park. Enjoy an afternoon with Buckingham fountain and the Bean. To cap the day, spend the evening at a free concert or movie in the park’s Jay Pritzker Pavilion.



MIDWAY PHOTO BY YANNI SIMMONS

PLEASANT PAVILION. Jay Pritzker Pavilion, located in Millennium Park, offers a host of concerts and shows while also being a place available for picnickers to lay out a blanket and relax in the sun.



MIDWAY PHOTO BY EMERSON WRIGHT

GLOBAL GOODIES

FOREIGN FEATURES. The Navy Pier Crystal Gardens, a one-acre botanical garden, offer a glimpse into the foreign fauna of the world.

Let’s face it. We all love the Windy City, but staying home all summer can be a drag. Plain Air Cafe is a perfect way to start a day of worldwide activities. Though pricey, their signature fluffy French toast is well worth it. Navy Pier also offers some alluring foreign features. From the Crystal Gardens to the Niu Japanese Fusion Lounge, there’s something for ev-

erybody. After time on the shoreline, head to 5411 Empanadas on Franklin Street in the Loop. It offers a wide variety of zingy, Argentinian options, as well as tasty desserts. Just 15 minutes away, Wentworth Avenue’s Legend Tasty House is home to top-rated, rolled Thai ice cream! Head here to cool off after your summery excursion.

For those days that you want to stay in...

Binge watch a show on U-High’s must-see list like “Riverdale,” “Game of Thrones” or “Jane the Virgin.” With a show like “Riverdale,” watch high schoolers deal with high school drama while you enjoy summer break. “Riverdale” is loosely based off of the “Archie Comics” and follows the ever-classic Archie, Jughead, Cheryl, Betty and Veronica as they navigate their dramatic high school experiences. “Game of Thrones” will keep you on the edge of your seat while kings, queens, knights and renegades, liars and honest men learn that “when you play the game of thrones, you win or you die. Inspired by the best-selling novel “A Song of Ice and Fire,” catch up before the final season next year.

For a less serious summer-binge, check out “Jane the Virgin.” Inspired by a Venezuelan telenovela, the CW comedy follows Jane Villanueva: a devout Catholic, hardworking Latina, who gets pregnant after accidentally being artificial-

ly inseminated at a routine doctor’s appointment. An amusing show that never ceases to impress and surprise, “Jane the Virgin” would make an excellent summer binge choice. While relaxing with a show of your choice, cool off with a refreshing summer snack. Combine partially freezing water with some diced fruit and your favorite fruit juice for a homemade sorbet. If it’s still too hot, you can get crafty with some discarded art supplies and make a handy hot weather, do-it-yourself fan with just a paper plate, popsicle stick and some folding skills. If you cut the paperplate in half, and stick a popsicle stick to the back, you can use your new contraption to help alleviate the sweltering heat. On a rainy day, break out a console, PC or smartphone and play this season’s hit game, “Fortnite.” Get ready for its new “Save the World” game mode by grinding your way to the top of the leaderboards with its free “Battle Royale” mode.