

FIRST-DAY MIDWAY

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GSB cuisine morphs into U-High fare

By David McAlpine
Editor-in-Chief

Walking into the cafeteria today, many U-Highers were shocked and surprised at what they saw. Walls that were once white and blue are now bright yellow, green and orange. The typical school lunch line and dining fare will be replaced by fresh food that looks as if it was from the Graduate School of Business—and that's because it is.

Late last Spring, the Laboratory Schools signed a seven-year contract with food distributor Aramark, which serves more than 420 K-12 schools and school districts nationwide, not to mention a popular lunch spot among U-Highers: the GSB Food Court.

According to Lab Schools Food Services Director Todd Jagow, Aramark wishes to bring everything the Food Court has to offer to the Lab Schools, but on a different scale.

"We want to keep everyone in one spot, which is right here in the cafeteria," Mr. Jagow said. "We're aiming to provide the same quality of food, almost the same thing everyone is used to at the GSB, just on a smaller scale. It's just so that no one has to walk across the street anymore."



Mr. Jagow

The cafeteria will still offer one main lunch line but diners can choose from multiple stations including a pizza station, a deli, a grill and an entree of the day, including such choices as Baked Cod topped with spinach and fresh tomatoes, and Grilled Chicken Thighs with Caesar potato salad and corn on the cob.

"We're going to carry the same basic things daily, such as hamburgers, chicken sandwiches and hot dogs, in addition to a weekly special at each of the sections," Mr. Jagow explained. "Also, every day will have a main entree that changes day to day, eventually going into what we call a cycle menu, where the cycle repeats at the beginning of the month. We're also still going to offer the a la carte station off to the side of the entrance as well as a salad bar outside."

Complementing the salad bar, Aramark has made efforts to provide U-Highers with nutritional, balanced meals by helping foster a more nutritious environment.

"There will be no soda and no candy sold by us anywhere in the school," Mr. Jagow said. "We've tried to limit fried foods to a bare minimum and anything that is fried is fried in

(continues on back page)



Photo by Jeremy Handrup

NEW FACULTY MEMBERS started school early, arriving for an Orientation Week two weeks ago. From left are: Top row—Ms. Camille Baughn-Cunningham, Ms. Shauna Anderson, Mr. Francis Javier Saez de Adana, Mr. Luis Pascasio, Mr. Paul Horton; bottom row—Mr. Colin Rennert-

May, Ms. Cynthia Jurisson, Ms. Megan Olson and Mr. Pote Pothongsunan. Missing from the photo are Ms. Kate Akers and Ms. Barbara Wolf. Mr. Horton and Ms. Wolf aren't exactly new; they've taught here before.

Eleven faculty join the family today

By Cydney Weiner
Editor-in-Chief

Some of you have met them, but most of you haven't yet. So here they are.

Eleven faculty members who debuted today include six new teachers, a librarian, a Community Learning Coordinator, a counselor and two teachers who have been here before.

Returning after leaving in 1998 for Iowa with his family, History Teacher Paul Horton taught in Atlanta for the past five years. Mr. Horton's family will live in Atlanta for one more year before joining him in Chicago when his son enters 6th grade in the Middle School next year.

"This year I'll be teaching Early World and Modern History," Mr. Horton said. "I had been teaching but also training history teachers at a clinical laboratory school before moving to Atlanta, where I taught at an Episcopal school. I came back because I realized how stupid I was to leave in the first place."

Also returning is Ms. Barbara Wolf, English, who will teach Mrs. Darlene McCampbell's courses fall quarter while she is on sabbatical.

Moving to Chicago only recently from Virginia, Math Teacher Shauna Anderson said she's excited to be closer to her family

in Indiana and teach in a serious academic environment.

"The Math Department is wonderful," Ms. Anderson said. "I love how Middle School teachers and High School teachers share the same office. I taught math for three years at the Madeira School, but it's nice to be in Chicago close to Indiana; it's like I've come full circle."

Teaching at Hyde Park Academy for the past four years, English Teacher Megan Olson also taught in the Netherlands for a semester in 2002.

"I'm most excited to teach 'Catcher in the Rye' for the first time," Ms. Olson said. "Originally I had wanted to be an opera singer and study vocal performance. But secretly I think I had always wanted to be a teacher. I really love the sense of community, passion and enthusiasm here for learning. And it will also be nice to be able to walk to work."

Born and raised in the Philippines, Community Learning Coordinator Luis Pascasio came to Ohio University about 10 years ago for his Masters Degree. Dabbling in directing, which he says he does on the side, Mr. Pascasio belongs to a Filipino-American theatre organization that tackles social issues, which he joined when he moved to Chicago after he finished school.

"The community program is crucial," Mr. Pascasio said. "Before this I had

worked at Senn High School in the After School Department. I am so enthused because I feel anything that happens in the community people can learn from, grow from and become better human beings, especially at such an impressionable age."

Returning to U-High for the first time as a faculty member, Counselor Camille Baughn-Cunningham, '84, worked in the Counseling Department at Francis Parker last year.

"Before that I was the Staff Psychologist and Associate Director of the Counseling Center at DePaul University," Ms. Baughn-Cunningham said. "This year we're focusing on drug and alcohol education and how to develop decision-making and problem-solving strategies in order to make healthy choices."

"We're going to take a much more complex approach than the 'just don't do it' one. While that's ideal, it isn't realistic. The rest of the Counseling Department will help and be involved. With Mr. Bachand gone, I have big shoes to fill."

Newcomers not already mentioned include Ms. Kate Akers, librarian; Ms. Cynthia Jurisson, history; Mr. Pote Pothongsunan, science; Mr. Colin Rennert-May, English; and Mr. Francisco Javier Saez de Adana, science.

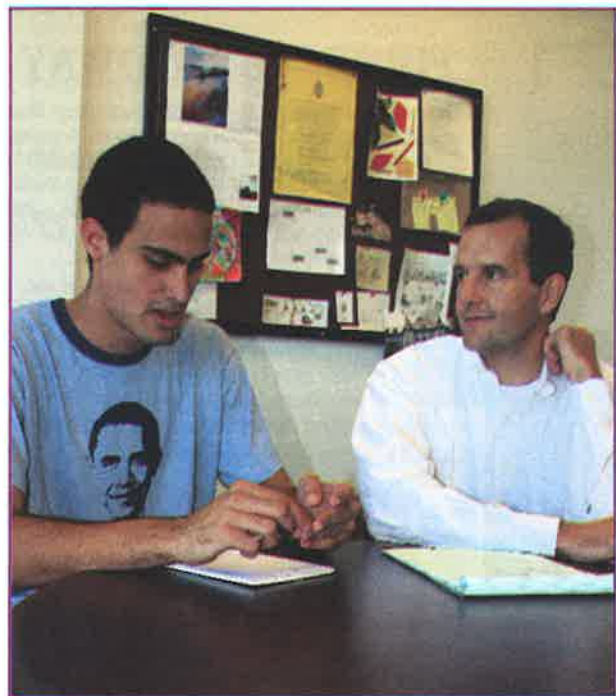


Photo by Jeremy Handrup

IN THE PRINCIPAL'S OFFICE before the school year starts, Student Council President Daniel Hornung and Principal Matt Horvat discuss the First Day Assembly.

Council projects include new website

■ **Revived Curriculum Booklet, assemblies also on agenda**

By Cydney Weiner
Editor-in-Chief

Back-to-school festivities aren't over yet today. The Parents' Association is sponsoring a family dinner and reception 4:30-6:30 p.m. in the courtyard and Blaine Hall lobby.

Lab Schools Director David Magill and Principal Matt Horvat will give welcoming speeches at 5:30.

Inspired by the summer reading book, "The Interpreter of Maladies" by Jhumpa Lahiri, U-Highers had their pick for lunch today from Cantonese, Indian and Thai entrees served in Judd 126 sponsored by Dean of Students Larry McFarlane.

Earlier in the morning, the book was discussed by a student panel in an assembly at International House sponsored by Mr. Horvat. Each student on the panel had a background of more than one culture.

"In the book the stories revolve around bi-culturalism," Mr. Horvat said. "I think many kids here are also having those experiences, being bi-cultural themselves. Someone who may act very American in one particular way may have a different home life with different customs and traditions."

After the assembly students had the opportunity to discuss

the book in small groups. They also met teachers in 10-minute class sessions and were treated to a First Day Assembly headlined by the Dance Team and the Jesse White Tumblers sponsored by Student Council in Kovler Gym.

Looking forward to more organized events, Student Council President Dan Hornung said Homecoming will kick off all-school activities this year.

"Homecoming will be on Saturday, October 6 at Ida Noyes," Dan said. "There will be a different D.J. and a change of location, but I'm sure the dance will still be successful. The dances have worked and they've been popular. There's no need to change them."

U-Highers can expect a revived Curriculum Booklet and a student website from Student Council this year, Dan said.

"We've been working with the Journalism Department since last spring to make sure the Curriculum Booklet gets out," Dan explained. "In addition, there is now a Student Council website where everyone can see what their representatives are discussing so that Student Council is accessible and everyone can take part if they want to."

"There will also be six all-school assemblies at rotating class times this year. The topics haven't been determined but a committee in conjunction with Mr. Horvat is in the process of figuring those out. I think we can do some pretty interesting things if people are willing to engage in them."

AS THE MIDWAY SEES IT

Students hold key to making year great

U-Highers, the key is in your hands. Last year, U-Highers set a high standard in excellent events which added up to a great school experience.

Artsfest, for example, set a new precedent by attracting most U-Highers to show up with creative, new workshops and exciting opening and closing assemblies.

For Spirit Week, U-Highers got excited about its fun projects, including decorating each floor in a different grade's colors.

A Diversity Initiative also made progress. After several years of disappointing programs and committees, an outside evaluator was brought in to examine and report on both the Schools' concepts of diversity and the significance of those concepts and what needed to be done to encourage and nurture a diverse student body and faculty.

A Diversity Task Force involving representatives from all facets of the school community will now take the initiative forward. And that group has student representation. Student Council took the initiative last year to sponsor discussion forums on the issue of diversity and press for student activism. That effort paid off.

New Principal Matt Horvat also contributed to the positive school year, creating a new,

youthful spirit to the school and getting to know students personally.

This year, with 11 new faculty members, 45 new students and with the legacy of five longterm teachers retiring last Spring, the U-High community may seem a little off center. U-Highers now especially need to keep the U-High environment a place everyone can all enjoy and be proud of.

A year of change could be one of opportunity. If the student body takes on the responsibility of welcoming newcomers, the community could build on last years' positives.

The new food service operator in the cafeteria, Aramark, also can contribute to a year of opportunity. Food Coordinator Todd Jagow is opening the door for better eating patterns and better nutrition, already eliminating doughnuts, candy, chips and sodas from the offerings. A new food plan also includes less expensive, healthier and better menu choices.

Most U-Highers seem to be looking forward to the change. But, again, welcoming a new food staff includes keeping the cafeteria a place everyone can enjoy, which includes throwing trash away and keeping the space clean, things many U-Highers have neglected in the past.



Art by Eric Cochrane

Significantly, Student Council has reintroduced a buddy program to help freshmen and new U-Highers feel comfortable. And is planning many ambitious projects.

With that kind of spirit this year can turn out every bit as great as last year did. And, who knows. Maybe it will turn out even better!

Contribute your voice to the Midway

One Tuesday a month, nine times a year, at precisely 2:35 p.m., the hallways fill with eager U-Highers, faculty and staff members awaiting the freshly-printed new issue of the Midway.

Students sit on stairs or congregate in the High School lobby flipping through pages, while others grab two or more copies for their parents and families.

Once the commotion dies down and the High School office and library are completely stocked with papers, the lobby is left spotless while the community waits for the next issue. No school newspapers all over the floor in this school.

The Midway is planned, reported, written, designed and photographed by journalism and photojournalism students. Striving to keep parents, student and faculty informed, we preview and follow events while spotlighting newsworthy people from the school and community. We examine relevant issues, tackle controversial topics and strive to capture the atmosphere of the school simultaneously.

While journalists in private schools can be subject to administrative review before the publication of the paper, a tradition was established more than 40 years ago that the Midway's faculty advisers are the only people who see the paper before it is published.

These adults, Journalism Teacher Wayne Brasler and Photojournalism Teacher Liese Ricketts, act as teachers, not censors.

But administrators are also part of the publishing

team, giving advice on difficult situations, offering story ideas and giving opinions about specific issues.

The entire faculty, in fact, is regularly contacted by the Midway for story ideas. These interviews, or what we call "beat reports," produce story ideas and also inform us about any personal news the person may want the community to know.

Students, parents and faculty members are also urged to participate in the Midway. First Person stories about personal experiences and guest opinion columns are encouraged, as well as letters to the editors.

Simply write a proposal or letter, place it in a sealed envelope, sign it and place it in Mr. Brasler's box in the High School office. We will contact you.

The Midway been named among the top 20 high school newspapers in the nation 23 times and dozens of its stories have been named best in the nation. The Midway also pioneered vigorous editorial pages and coverage of issues including drug use and race relations.

It's important for readers to understand the Midway must fulfill certain legal requirements. We cannot print libel, obscenity or anything that could reasonably be construed as resulting in disrupting the orderly running of the school.

What we can print is real news. The community relies on us to do that and not just provide public relations. And we will continue to be real. You can count on it.

SAY WHAT?

What are you looking forward to most this year?



Emma

EMMA COWEN, senior: I'm looking forward to, after 13 years at Lab, finally being at the top of the food chain. It's refreshing to know that I'm finally a senior and that soon enough I can kick back with my friends and relax about school.



Nate

NATE WISE, junior: I'm looking forward to starting the college experience and helping the soccer team to a successful season. Being an upperclassman should be fun, and I'm also looking forward to having a good time at Homecoming and Formal.



Oliver

OLIVER ELFENBAUM, sophomore: I'm excited to not be a freshman anymore. I'm also looking forward to Chemistry with Mr. Catlett; I hear he's a phenomenal teacher. It should be a great year.



Danielle

DANIELLE VERDIRAME, freshman: I'm excited to be on the varsity volleyball team, and just to be part of the team. It's nice being able to start over, getting a chance to meet new people, and I'm also excited to be back at school with my sister Christina.

Six chiefs lead Midway staff

RETURNING EARLY to school last month, the Midway's six new editors-in-chief with other staff members produced this first-day issue.

The paper will return with its first regular edition Tuesday, October 23, in a new design.

In the photo the editors-in-chief from left are Cydney Weiner, Dana Alfassa, Amanda Pappas, Mona Dasgupta, Robin Shapiro and David McAlpine.

The photo editor is Eva Jaeger

The paper's business and ad manager will be Kyle Brunke.

Pages will be edited as follows:

News: Tom Stanley-Becker, Graham Salinger, Kyle Brunke, Robin Shapiro and Rohini Tobaccowala; features: Amanda Pappas; editorials: Cydney Weiner; commentary: Julie Carlson; reviews: Nathan Bishop; City Life: Anna Katia Zbikowski; Arts, Marissa Miles-Coccaro; in-depth: David McAlpine; sports: Dana Alfassa, Gabe Bump and Matt Luchins;



Photo by Jeremy Handrup

and Photofeatures: Mona Dasgupta.

Investigative editors include:

Cydney Weiner, political; and Tom Stanley-Becker, student government.

Amanda Pappas will write the popular Character Sketch feature. Other columnists and critics are as follows:

Opinion: Kyle Brunke and Marissa Miles-Co-

carro; current events: Anna Katia Zbikowski; fashion: Rohini Tobaccowala; dining: Mona Dasgupta; sports: Gabriel Bump; film: Julie Carlson; music: Nathan Bishop and Linda Huber; theatre: Gretchen Eng; T.V. and radio: David McAlpine; books: Linda Huber.

The paper's artists will be Eric Cochrane and Lauline Gough.

FIRST DAY MIDWAY

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EDITORS-IN-CHIEF

Dana Alfassa
Mona Dasgupta
David McAlpine
Amanda Pappas
Robin Shapiro
Cydney Weiner

STORY PRODUCERS for this issue

Gabe Bump
Kyle Brunke

PHOTOGRAPH EDITOR

Jeremy Handrup

ARTIST

Eric Cochrane

ADVISERS

Editorial and business: Mr. Wayne Brasler
Photojournalism: Ms. Liese Ricketts



"I knew we had a lot of talent on the team but I didn't expect the energy we had at MPA. Energy will help us win during the season."
—Becca Foley, senior



AS LINCOLN PARK High School Defender Grey Shank, senior, pushes the ball downfield, Midfielder Zach Reneau-Wedeen, sophomore,

charges after him in an attempt to retrieve the ball, August 25, at home. Varsity Maroons came away victorious, 6-0.

Photo by Jeremy Handrup

Soccermen kick off playing to strengths with success

By Gabe Bump
Associate editor

Already four goals ahead of Lincoln Park High School during the first game of the season, August 25, Junior Nate Wise dribbles past a defender before crossing the ball to Sophomore Zach Reneau-Wedeen, who coolly heads the ball into the back of the net.

That type of flawless execution will ensure that boys' varsity soccer will grow on last year's success, reaching the sectional final, believes Coach Mike Moses.

"If we execute and follow through, this should be a better season than last year," Coach Moses said. "On the whole it seems like the players are grasping the system better than last year. There's more of an understanding of where to be on the field."

Nate is cocaptain with Senior Ben Picker and Juniors Phil Bohan and Morgan Murphy.

Tomorrow the Maroons will have to play as if they were the best team in the league if they plan on beating a physical Providence High School team, predicts Coach Moses.

"If we play in the system, we can beat anybody."

Coach Moses said. "We have to move off the ball, show for the passes, slow down and control our first touch. There going to be big and physical, so we can't play in the air. We never play to the strengths of the other team."

J. V. Coach Tom Piane expects his players to do the same they've done in recent years: win just about every game.

"Last year we just missed out on winning the ISL because we lost our only game of the year to Lake Forest Academy, who were undefeated in the ISL," Coach Piane said. "But this year were just as good if not better and I expect to win ISL. We're playing like a cohesive unit; there isn't just one or two players that control the game."

Scores not previously mention are as follows:

Carver Academy, August 25, home: Varsity won 4-2; **Chicago Christian**, August 27, home: Varsity tied 1-1, j.v. won 5-1; **St. Ignatius**, August 29, away: Varsity tied 0-0, j.v. won 1-0; **Riverside-Brookfield**, August 31, home: Varsity tied 0-0, j.v. won 3-0; **Whitney Young**, September 1, home: Varsity won 1-0, j.v. tied 1-1; **Northridge College Prep**, September 4, away: Varsity won 2-0, j.v. won 9-0.

Tennis girls take on returning nemesis

By Dana Alfassa
Editor-in-Chief

Facing Mother McAuley, who last season triumphed in Sectionals ahead of Morgan Park High and U-High, girls' varsity tennis needs to utilize its match play experience to defeat the Mighty Macs, 4:30 p.m., today, away, believes Captain Alex Guynn, senior.

"Mother McAuley had a lot of powerful seniors last year so the team dynamic will have shifted for them this year," Alex said. "Their one heavy hitter, Annie McCarthy, graduated, so our number one singles player Gabbie Clark will have a much easier time against whoever replaces Annie this year. Gabbie will also benefit from her traveling in national opens this summer and tournament play."

The team of six returnees and two freshmen, Rachel Sylora and Maggie Cartan, won its opening match against Timothy Christian 7-0, August 27, at home.

"Match play is very different than taking one-on-one lessons or hitting balls with a friend," Coach Gerold Hanck said. "In match play the points count and

there's pressure, which is excellent experience for the girls to have. Alex has a lot of experience as a three-time state qualifier and she has won the Sectionals doubles title three times. She should play very well with Rachel at number one doubles."

Last year varsity finished with an 8-5 overall record, placing 5th in the Independent School League behind Woodlands, Lake Forest Academy, Parker and Latin.

Also facing Mother McAuley at 4:30 p.m., today, away, the j.v. squad of 12 returnees and four freshmen has focused on footwork and communication in practices, according to Coach Julijana Lazarevich.

"Doubles requires lots of drills where the players have to constantly rotate their positions and cover for their partner," Coach Lazarevich said. "It helps the singles players look for angles and with aiming. It's like playing chess almost."

Scores not previously mentioned are as follows:

Woodlands, August 28, away: Varsity lost 2-3, j.v. won 5-0; **Parker**, August 30, home: Varsity won 4-1, j.v. won 6-0.



CROSS COUNTRY runners get wet during a rainy August practice but Coach Bud James stays dry, having come prepared.

get right with them and fill the shoes of those who are no longer here."

Having competed with larger schools during the previous season, the Maroons find themselves back in class AA, a category containing schools with smaller enrollments.

"New competitors like Northridge College Prep will definitely change things in the conference alignment," Coach James believes. "They're a good team and should be an interesting challenge during the season."

Swimmers prepared to take on Caxys

By Mona Dasgupta
Editor-in-Chief

"We've been working a lot on our individual medleys which will definitely help us defeat Lake Forest Academy," said Senior Linnea Madsen of the varsity swim team. "LFA has a really well rounded team. Working on our individual medleys lets us practice all our strokes, that's why it will help us. We beat LFA last year, so I'm confident we can do it again this year."

The Maroons face the Caxys 4:30 p.m., tomorrow, away.

Linnea is captain with fellow seniors Hillary Gimpel, Polina Ryzhik, Sarah Sandmel, Hannah Solomons-Strauss, Liwen Xu and Anna Katia Zbikowski.

The 11-member squad, coached by Mr. Paul Gunty, began its season with the Bremen Pentathlon, August 27, away, placing 5th out of 6.

"Only six girls went to the Bremen Pentathlon," Linnea said. "I went with Anna Katia, Liwen, juniors Caroline Bank and Aimee Lucido and freshman Chi Luppescu. The hardest team there was St. Ignatius. They're always a really tough team. They have a large squad and out number us 4-1."

The Maroons faced Morton High School, September 5, away and University High-Urbana, September 8, at home. Results came past Midway deadline.

J.V.ers also face LFA 4:30 p.m., tomorrow, away. J.V. Coach Mike Cunningham said he believes the team can win.

"There are nine girls on j.v. this year," Coach Cunningham said. "In order to defeat LFA, we'll be working on event training, technique and stroke refinement. We beat them last year and can do it again this year."

Volleyball girls enter fray with new strategies

By Mona Dasgupta
Editor-in-Chief

Working on offensive strategies, varsity volleyballers are practicing six new plays as they face longtime rival Latin 5:30 p.m., tomorrow, in Upper Kovler Gym.

"We've been scrimmaging and practicing different hitting strategies including fakes and lots of various quicks," said Senior Becca Foley, cocaptain with Junior Christina Verdirame. "Last year we beat Latin in both the games we faced them in. I think we can pull through and beat them again tomorrow."

"We've also switched some of our formation up and people are playing different positions than they have in the past. Even with these new positions and two new coaches, I think we'll have a winning team."

U-High sports star Clarissa Booth '96, who excelled in volleyball at U-High (and was Midway sports editor) and later coached j.v. for two seasons, has returned this year to coach varsity. Ms. Cynthia Treadwell, who played college volleyball at the University of Tennessee and Chicago State, will be the assistant coach. Coach Treadwell also coached varsity volleyball at south suburban Thornton High School for two years.

The nine member squad, with seven returning players and one freshman, began its season winning 25-13, 25-23 against Morgan Park Academy, August 28, away. The Maroons placed 7th out of 8 in the Timothy Christian Tournament, August 31-September 1, away. Varsity took on Willows September 4, at home and North Shore Country Day, September 7, at home. Scores were after Midway deadline.

Last year the Maroons finished with a 9-3 overall record and placed 2nd in the Independent School League behind Morgan Park Academy. The team ended their season losing in the last round of Regionals to Hinsdale Central.

Also facing Latin 4:30 p.m., tomorrow, in Upper Kovler Gym, Kiara Davis, cocaptain with Amelia Acosta, both sophomores, believes the team needs to maximize its strong serves to defeat Latin.

"Like varsity, j.v. also has a new coach this year, Kelly Storm, who is a 6th grade humanities teacher at Lab," Kiara said. "There are 16 girls on j.v. and a lot of them are freshmen. There are a lot of new things as a team we have to get used to. We have really been focusing on making our serves over. If the serves don't go in, the team does push ups."

With star gone, golfers focus on keeping winning goals

By Kyle Brunke
Associate editor

Within the expansive greeneries of "River Oaks," U-High's home golf course in Calumet City, the Maroons have been mastering the unique contours of its emerald fairways in preparation for tomorrow's match against Lake Forest Academy, 4:30 p.m., away.

Amassing an overall 6-11 record, the Maroons placed 4th in the Independent School League Tournament last season. With the departure of five seniors, including IHSA Class A and Class AA State Finals competitor Nick Kogelman, the team is relying on the experience of five upperclassmen combined with the addition of three joining members.

"I'm spending a lot of time getting used to the students and their styles of play," first-year coach Tony Harris said. "I end up having to rely on the more experienced players to teach the new guys. We've got a good team with potential for a winning season. Older players are very valuable in this kind of situation."



Photo by Jeremy Handrup
WINNING THEIR first match, August 29, at Morgan Park Academy volleyballers triumphed 25-23, 25-23. Becca Foley is one of two captains.

Runners rebuild with strong talent

By Kyle Brunke
Associate editor

Along the humid sidewalks of the Midway, the boys' and girls' cross country teams have been running for an arduous month, preparing for a season that begins tomorrow against Chicago Hope Academy and Francis Parker, 4:30 p.m., at home.

Finishing 2nd in the Class AA Regionals and qualifying for Sectionals last season, the runners will compete without graduates Iain McDonald, Ben Worcester, Peter Bush and Hugh Montag. With eight new members and 14 returnees from the triumphs of last year, the cross country teams are planning to make up for their loss with new talent.

"There remains talented people on the team," Coach Bud James said. "Phillip Verma, Jarus Singh and Donald Traubert should have standout seasons and the newcomers will



U-Highers roam the globe over the summer

...and return with tales about memorable experiences

By Dana Alfassa
Editor-in-Chief

Planes circle loudly overhead as soldiers march single file down a crowded Champs-Elysees. Senior Stephanie Holmes, along with Senior Sage Mahoney, stands among thousands of Parisians singing and waving a tricolored flag in celebration of Bastille Day, July 14. Studying at the Sorbonne for a month, Stephanie and Sage are like many U-Highers who flocked to Europe this summer vacation.

"On Bastille Day we took the Metro down to the Champs-Elysees to watch a military parade early in the morning," Stephanie said. "We had to squeeze past these barricades to be able to watch the French soldiers march down the street and to get a good view of the planes and fireworks at the end. That night, there was an unbelievable fireworks show at the Eiffel Tower where I've never seen so many people in one place in my entire life."

"THERE WERE these giant screens which showed some famous guy singing and had lyrics posted up so that everyone could sing along to certain songs. They even played Disney songs and 'Diamonds Are A Girl's Best Friend,' so Sage and I sang along with everyone. When it was over, lots of the Metros were closed and lots of the streets were blocked off so it took forever to make it back to our hotel. We literally walked shoulder to shoulder with thousands of people all trying to get to different places."

As part of Global Young Leaders, a youth leadership organization, Senior Jenny Harris traveled to Hungary, the Czech

Republic, Austria and Slovakia for three weeks in July.

"We visited this farm outside Budapest where I watched an old Hungarian man use a large butcher's knife to kill a chicken," Jenny said. "Later that evening we watched the same man turn long skewers with about 30 chickens squeezed together on them over a fire. It was horrifying. I had been thinking about becoming a vegetarian for a while before that, but that was the defining moment."

PLAYING THE FLUTE with the Chicago Youth Symphony Orchestra, Senior Anne Sawyer toured Poland and the Czech Republic, visiting Wroclaw, Leipzig, Warsaw and Prague for 10 days in June.

"I think I was most amazed by how beautiful Prague was at night," Anne said. "It was surreal, almost like something out of a fairy tale. I would take pictures of every building we passed."

Three days after Anne returned home, she left to study at Oxford for a month.

"WE TOOK one field trip to London where we saw the National Gallery and the Tate Modern which was fascinating," Anne explained. "We also visited Stratford to visit Shakespeare's grave. We saw several plays including a production of 'Midsummer Night's Dream,' which had a jungle gym structure for a setting and a production with a modern twist on Hamlet in an Oxford castle."

In June, nine Middle School and High School students, accompanied by German Teacher Annette Steinbarth, traveled to Germany. Students attended classes at the Königin-Katherina-Stift in Stuttgart and stayed with families for three weeks. Seniors Gretchen Eng and Becca Foley stayed with the German exchange students who visited U-High last

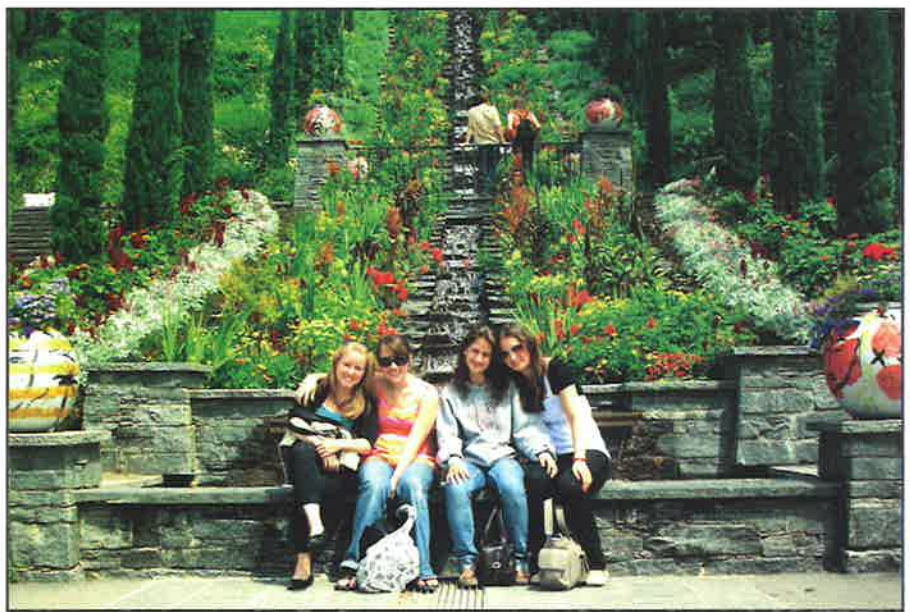


Photo courtesy of Gretchen Eng

ON THEIR last day in Germany, Gretchen Eng and Becca Foley visit the gardens of a small island on Lake Constance with their exchange students.

April.

"Becca and I spent most of our free time shopping with our exchange students Ana and Pia on a street called Königstrasse," Gretchen said. "It's kind of their 'Magnificent Mile' except that there are no cars at all on the street. It's really meant to be this big commercial street with lots of banks and huge high-end boutiques. On one end there is an international train station and an area called Schlosspark where there is this big Versailles-like castle. Becca and I would just sleep on the benches there and read German magazines and have coffee outside the cafes."

"WE EVEN spent some time there instead of in class after I had this really awful experience with an Italian teacher at the school we visited. I was playing solitaire in the corner of the classroom one day and she came up to me and asked if this was how

Americans spent their class time. I was so embarrassed that from then on, we went shopping even more."

Thirteen students, accompanied by Middle School Spanish Teachers Becky Lopez and Beverly Graham, toured Spain on a 13-day trip sponsored by the World Languages Department in June.

"The program that we were with really showed us the culture beautifully," Senior Lauren Stewart said. "I really enjoyed taking a cooking class in Cadiz where we learned to make a rice dish called Paella. That's something I got to take home with me and since the trip, I've actually made the dish at home with my family. We also took a salsa dancing class for about three or four hours, which was another breath of the culture. It made me want to take salsa classes here too."

Brief-ly

Yearbook photos to be taken early next month

Seniors can start practicing their smiles for when their portraits are taken early next month for the 2008 U-Highlights.

They will be photographed in the courtyard outside Blaine Hall 8:30 a.m. to 3:30 p.m. Monday, October 8 through Friday, October 12.

Underclassmen will be photographed 8 a.m. to 3:30 p.m. Thursday, October 4 in the Journalism Office, Judd 14, through the door at the west end of the cafeteria.

Schedules will be posted on class bulletin boards.

All students will receive order forms either at home or at school later this month.

The 2007 yearbook, edited by Senior Liwen Xu and '07 graduate Michael Hernandez, is expected to be delivered early next month. The staff worked on the book through August 20, two months longer than expected.

"Readers will understand why when they see the yearbook," Michael said.

The 2008 editors-in-chief are Ben Picker and Rebecca Steuer.

■ **OPEN HOUSE** -Students visiting the Lab Schools for Recruitment Open House, Sunday, October 21, may find they have some help making decisions for next year. Admissions Director Michael Veitch says that students recruiting students is the goal this year.

The Open House will follow the annual High School Parent's Night, Tuesday, October 2.

"We visit about 30 to 50 middle schools each year and invite as many 8th graders to apply to Lab as possible from all over the city," Mr. Veitch said. "People are into gathering comparative information and we want to give them a sense of what to compare. The big new wrinkle this year is getting Student Council and more students involved in recruiting students. The input of older students is very important and we have all kinds of ideas about getting them involved in the process. One idea would include having lunch gatherings once a week or so, in which an older student would serve as a mentor to a group of candidates and would answer any questions they may have."

"Last year we started having a student activity presence, as well, in the recruitment process. In addition to Model U.N., we'd like to have a variety of clubs hold tables at the Open House so that we can match students' interests. It's important for them to know there's something great here for everyone. Every year we are told that the best part of the Open House is the student tour so we definitely want to get more students involved."

■ **NEW MAGAZINE** -Later this week, the first issue of the Lab Schools' newest publication Lab Life, is expected to be sent to all members of the school community.

A replacement for both Lab Notes, the alumni newsletter, and Lab Directions, the parent newsletter, Lab Life was created to focus the resources and time required by both former publications towards one project.

The freshly-designed, all-color publication will help get all the relevant stories out to everyone in the Lab Schools community, believes editor and '81 U-High graduate (and U-Highlights editor-in-chief) Catherine Yachnin Braendel, Middle and Lower School parent.

"We're going to be writing about things that are relevant across the board in terms of parents and alumni," Ms. Braendel said. "We're still going to have many of the features of both previous publications, but a lot more, too. There will be a Class Notes section with alumni news as well as features on outstanding faculty, alumni, parents and students."

"We're even going to pull a column from a recent issue of the Midway. There is always so much happening to exemplify the rich and vibrant life at the Lab Schools, so to try and capture it all is very exciting."

■ **RETREATS ABOUND** -Attempting a myriad of team-building activities, the freshman class went on its Getaway last week as part of an attempt to get everyone acquainted before the school year got underway.

The event was created three years ago to give freshmen coming from other schools an opportunity to meet their classmates. This year it took place August 31, as before at Camp Duncan YMCA in northwest suburban Ingleside.

"It's just a day to get together, but as a class," said Dean of Students Larry McFarlane. "Getaway is another chance for people to get to know each other and maybe even strike up a budding friendship."

Repositioned from the end of the week, Sophomore Retreat will take place Monday, September 24-Wednesday, September 26 at Perlstein Resort in Lake Delton, Wisconsin to avoid Rosh Hashanah and Yom Kippur, according to Mr. McFarlane.

"We have lots more volunteer opportunities this year that we're really excited about," Mr. McFarlane said. "Hopefully we can come back without being exhausted."

Forty-five U-Highers join student body

By Dana Alfassa
Editor-in-Chief

Forty-five new students were expected to start school at U-High today, most in the freshman class.

With the numbers still changing right up to the opening of school this morning, 501 U-Highers were expected to comprise the student body this year.

By grade, enrollment is as follows: Seniors 127; juniors, 133; sophomores, 118; and freshmen, 123.

New to U-High are the following:

SENIOR-Artemis Khazacie.

JUNIORS-Walter Bourdagh, Kayla Ginsburg, Iona Hall, Alyce Kanabrocki, Lawrence Plaschka, Madhav Suresh, Anjali Uhlig. Former Middle School student Ellen Ruddick-Sunstein is returning to the Lab Schools.

SOPHOMORES-Calder Coalson, Julia Goldsmith-Pinkham, Julia Liao.

FRESHMEN-Adrian Aldana, Joseph Allen, Ariane Carter, Bianca Carter, John Chen, David Chung, Sean Cusack, Gabi Delgado, Ali Drake, Anjali Gundeti, Sasha Karapetrova, Berislav Kristo, Shacara Ledbetter, Ling Li, Noam Lichtenstein, Zoe McDaniel, Austin Morris, Alex Nirenberg, Jonathan Portugal, Benjamin Postone, Veronica Ramirez, Vince Sanders, Lia Sanfelippo, Clarice Tayui, Jimmy Torpy, Michael Turner, Jan Uhlig, Jay Upadhyay, Danielle Verdairame, Peter Zhang.

Freshmen who are returning to the Lab Schools after Middle School are Ian Everson, Odette Popko and Delia Privitera.

Cafeteria

(continued from front page)

zero trans fat oil and all pizza is put on whole wheat crust rather than white wheat."

In addition to changing the food, Aramark also has changed the ways meals can be bought. Meal plans come in quantities of 50, 100 and 150 meals, with plan holders being able to use only one meal a day. Flex spend dollars can also be purchased, money added to the plan holders' accounts to be used in either the cafeteria or for snacks.

"Everyone is going to have a PIN number with their meals or flex spend dollars attached to it," Mr. Jagow said. "Each person can only use their meal plan to get one meal a day, which means an entrée, two sides and a beverage. Flex spend dollars can be added either by bringing a check to school or online through an account parents can sign up for. Once the account balance falls below a certain amount, we'll send out an e-mail and a letter notifying the parent. It's a really flexible system that allows people to have lots of options at a great convenience."