GSB cuisine morphs into U-High fare

By David McAlpine
Editor-in-Chief

Walking into the cafeteria today, many U-Highers were shocked and surprised at what they saw. Walls that were once white and blue are now bright yellow-green and orange. The typical school lunch line and dining fare will be replaced by fresh food that looks as if it was from the Graduate School of Business—and that’s because it is.

Late last spring, the Laboratory Schools signed a seven-year contract with food distributor Aramark, which serves more than 420 K-12 schools and school districts nationwide, not to mention a popular lunch spot among U-Highers: the GSB Food Court.

According to Lab Schools Food Services Director Todd Jagow, Aramark wishes to bring everything the Food Court has to offer to the Lab Schools, but on a different scale.

“We want to keep everyone in one spot, which is right here in the cafeteria,” Mr. Jagow said.

“We’re aiming to provide the same quality of food, almost the same thing everyone is used to at the GSB, just on a smaller scale. It’s just so that no one has to walk across the street anymore.”

The cafeteria will still offer one main lunch line but diners can choose from multiple stations including a pizza station, a deli, a grill and an entire range of the day, including such choices as Baked Cod topped with spinach and fresh tomatoes, and Grilled Chicken Thigh with Caesar potato salad and corn on the cob.

“We’re going to carry the same basic thing daily, such as hamburgers, chicken sandwiches and hot dogs, in addition to a weekly special at each of the sections,” Mr. Jagow explained.

“All day, every day will have a main entree that changes day to day, eventually going into what we call a cycle menu, where the cycle repeats at the beginning of the month. We’re also still going to offer the a la carte station, off to the side of the entrance as well as a salad bar outside.”

Complementing the salad bar, Aramark has made efforts to provide U-Highers with nutritional, balanced meals by helping foster a more nutritious environment.

“There will be no soda and no candy sold by us anywhere in the school,” Mr. Jagow said.

“We’ve tried to limit fried foods to a bare minimum and anything that is fried is in

Eleven faculty join the family today

By Cyndy Weiner
Editor-in-Chief

S
ome of you have met them, but most of you haven’t yet. So here they are.

Eleven faculty members who debuted today include six new teachers, a librarian, a Community Learning Coordinator, a counselor and two teachers who have been here before.

Returning after leaving in 1998 for Iowa with his family, History Teacher Paul Horton taught in Atlanta for the past five years. Mr. Horton’s family will live in Atlanta for one more year before joining him in Chicago when his son enters 6th grade in the Middle School next year.

“This year I’ll be teaching Early World and Modern History,” Mr. Horton said.

“I had been teaching but also training history teachers at a clinic I had volunteered at a clinic in the Middle School before moving to Atlanta, where I taught at an Episcopal school. I came back because I realized how much I was to leave in the first place.”

Also returning in Ms. Barbos Wolf, English, who will teach Mrs. Darlene McCampbell’s courses full quarter while she is on sabatical.

Moving to Chicago only recently from Virginia, Math Teacher Shaun Anderson said she’s excited to be closer to her family in Indiana and teach in a serious academic environment.

“The Math Department is wonderful,” Ms. Anderson said. “I love how Middle School teachers and High School teachers share the same office. I taught math for three years at the Madelin School, but it’s nice to be in Chicago close to Indiana; it’s like I’ve come full circle.

Teaching at Hyde Park Academy for the past four years, English Teacher Megan Olson also taught in the Netherlands for a semester in 2002.

“T’m most excited to teach ‘Catcher in the Rye’ for the first time,” Ms. Olson said.

“Originally I had wanted to be an opera singer and study vocal performance. But secretly I think I had always wanted to be a teacher. I really love the sense of community, passion and enthusiasm here for learning. And it will also be nice to be able to walk to work.”

Born and raised in the Philippines, Community Learning Coordinator Luis Facciano came to Ohio University about 10 years ago for his Masters Degree. Dabbling in directing, which he says he does on the side, Mr. Facciano belongs to a Filipino-American theatre organization that tackles social issues, which he joined when he moved to Chicago after he finished school.

“The community program is crucial,” Mr. Facciano said. “Before this I had

Mr. Jagow

IN THE PRINCIPAL’S OFFICE before the school year starts, Student Council President Daniel Hornung and Principal Matt Horvat discuss the First Day Assembly.

Council projects include new website

By Cyndy Weiner
Editor-in-Chief

Back-to-school festivities aren’t over yet today. The Parent’s Association is sponsoring a family dinner and reception 4:30-6:30 p.m. in the courtyard and Blatee Lobby.

Lab Schools Director David Magill and Principal Matt Horvat will give welcoming speeches at 5:30. Inspired by the summer reading book, “The Interpreter of Maladies” by Jhumpa Lahiri, U-Highers had their pick for lunch today from Canteen, Indiana and Thai entries served in Jad 126 sponsored by Deans of Students Larry McFadden.

Earlier in the morning, the book was discussed by a student panel in an assembly at International House sponsored by Mr. Horvat. Each student on the panel had a background of more than one culture.

“In the book the stories revolve around bi-culturalism,” Mr. Horvat said. “I think many kids here are also having those experiences, being bi-cultural themselves. Someone who may act very American in one particular way may have a different home life with different customs and traditions.”

After the assembly students had the opportunity to discuss the book in small groups. They also met teachers in 10-minute class sections and were treated to a First Day Assembly headlined by the Dance Team and the Jesse White Tumblers sponsored by Student Council in Kovler Gym.

Looking forward to more organization, Student Council President Dan Hornung said Homecoming will kick off all-school activities this year.

“Homecoming will be on Saturday, October 6 at Ada Noyes,” Dan said. “There will be a different D&D and a change of location, but I’m sure the dance will still be successful. The dances have worked, and they’ve been popular. There’s no need to change them.”

U-Highers can expect a revised Curriculum Booklet and a student website from Student Council this year, Dan said.

“We’ve been working with the Journalism Department since last spring to make sure the Curriculum Booklet gets out,” Dan explained. “In addition, there is now a Student Council website where every student can see what their representatives are discussing so that Student Council is accessible and everyone can take part if they want to.

“There will also be six all-school assemblies at rotating class times this year. The topics haven’t been determined but a committee in conjunction with Mr. Horvat is in the process of narrowing down the final list. I think we can do some really interesting things if people are willing to engage in them.”

Revised Curriculum Booklet, assemblies also on agenda

Photo by Jeremy Mandryk

NEW FACULTY MEMBERS started school early, arriving for an Orientation Week two weeks ago. From left are: Top row—Ms. Camille Baughn-Cunningham, Ms. Shauna Anderson, Mr. Francisco Javier Saez de Adana, Mr. Luis Pascacio, Mr. Paul Horton (bottom row—Mr. Colin Remnett-

May, Ms. Cynthia Jurissone, Ms. Menzel-Gons and Mr. Pote Potothounsan. Missing from the photo are Ms. Kate Akers and Ms. Barbara Wolf. Mr. Horton and Ms. Wolf aren’t exactly new—they’ve taught here before.

Photo by Jeremy Mandryk
Contribute your voice to the Midway

One Tuesday a month, nine times a year, at precisely 2:35 p.m., the hallways fill with eager U-Highers, faculty, and staff members awaiting the freshly-printed new issue of the Midway. Students sit on stairs or congregate in the High School lobby flipping through pages, while others grab two or more copies for their parents and families. Once the commotion dies down and the High School office and library are completely stocked with papers, the copy is left in the hands of the custodians for the next issue. No school newspapers all over the floor in this school.

The Midway is planned, reported, written, designed and photographed by journalism and photojournalism students working in teams to keep parents, students and faculty informed, we preview and follow events while spotlighting newcomer from the school community. We examine relevant issues, tackle controversial topics and strive to capture the atmosphere of the school simultaneously.

Writing in private schools can be subjective to administrative review before the publication of the paper, a tradition was established more than any 40 years ago. The Midway's faculty advisor and only one dedicated to the paper before it is published. These adults, Journalism Teacher Wayne Bradley and Photojournalism Teacher Lanie Kicke, act as

Six chiefs lead Midway staff

RETURNING EARLY to school last month, the Midway’s six new editors-in-chief with other staff members produced this first-day issue. The paper will return with its first regular edition Tuesday, October 23, in a new design. In the photo the editors-in-chief from left are: Sydnee Weimer, Dana Alfalfa, Amanda Pappas, Mona Dasgupta, Rob-in Shapiro and David McElpine. The photo editor is Eva Jaeger. The paper’s business and ad manager will be Kyle Brunke. Pages will be edited as follows: Kyle Brunke, Rob-in Shapiro, Amanda Pappas, and Mona Dasgupta. Investigative editors will be Eva Jaeger, Kyle Brunke, Robin Shapiro and Robin Toobakowitch. Features: Amanda Popple, photography; Cydney Weimer, writing; Sydnee Weimer, photography; Ju-lie Clarnesen, reviews; Nathan Bishop, City Life: Anna Kato Zikravski, Arts; Montesino Miles-Cocarce, in-depth; David McElpine, sports; Dana Alfalfa, Gabe Bump and Matt Laichten; and Photojournalists: Mona Dasgupta. Investigative editors include: Cydney Weimer, political, and Tom Stanley Becker, student government. Amanda Pappas will write the popular Character Sketch feature. Other columnists and critics are as follows:

Opinion: Kyle Brunke and Montesino Miles-Cocarce.

Swimmers prepared to take on Caxys
By Mona Dangupta
Editor-in-Chief

“We’ve been working a lot on our individual medleys which will definitely help us defeat Lake Forest Academy,” said Senior Linnea Madsen of the varsity swim team. “LFA has a really well-rounded team. Working on our individual medleys lets us practice all our strokes, that’s why it will help us. We beat LFA last year, so I’m confident we can do it again this year.”

The meet takes place this evening at 4:30 p.m., tomorrow, away.

Linnea is captain with fellow seniors Hillary Gumpel, Polina Ryzhik, Sarah Sandmel, Hannah Solomon-Szaran, Liwen Xu and Anna Katsika Zikovitz. Her coach is coach John White, member and assistant coach to Head Coach Ben Paul County. As he went to the Brenn Pentathlons, August 27, away, placing 5th out of 6. “Only six girls went to the Brenn Pentathlons,” Linnea said. “I went with Anna Katsika, Liwen, juniors Caroline Bank and Aimee Lucido and freshman Ch Lupsnec. The hardest team there was St. Ignatius. They’re always a really tough team. They have a huge squad and a lot of numbers.”

The Maroons faced Morton High School, September 5, away, and University High-Urbasa, September 8, at home. Results came past Midway deadline.

J. V. also face LFA on Thursday, September 19, away, away. J.V Coach Mike Cunningham said he believes the team can win.

“There are nine girls on j.v. this year,” Coach Cunningham said. “In order to defeat LFA, we’ll have to work on our passing, stroke refinement. We beat them last year and can do it again this year.”

Volleyball girls enter fray with new strategies
By Mona Dangupta
Editor-in-Chief

Working on offensive strategies, varsity volleyball girls plan to attack the Maroon’s offensive game this season. They plan to attack the Maroons as they face longtime rival Latin 5:30 p.m., tomorrow, in Upper Kohler Gym.

“I’ve been working on strategizing and practicing different hitting strategies including fakes and lots of various quicks,” said Senior Becco Foley, co-captain with Freshman Verinna JVR.

“Last year we beat Latin in both sets. This year we want to keep that up. I think we can pull through and beat them again tomorrow.”

“We’ve also switched some of our formation up and people are playing different positions than they have in the past. Even with these new positions and two new coaches, I think we’ll have a winning team.”

U-High sports star Clarissa Booth ’96, who excelled in volleyball at U-High (and was All-State sports editor) is back for her senior year. For two seasons, has returned this year to coach varsity. Ms. Cynthia Treadwell, who played college volleyball at the University of Illinois at Chicago State, will be the assistant coach. Coach Treadwell also coached varsity volleyball at south suburban Thornton High School for two years. The team member squad, with seven returning players and one freshman, began its season winning 25-13, 25-23 against Morgan Park Academy, August 28, away. The Maroons placed 7th out of 8 in the Timothy Christian Tournament, August 31-September 1, away. Varsity took on Willows September 4, at home and North Shore Country Day, September 7, at home.

Scores were after Midway deadline.

Swimming the Maroon’s have a 9-3 overall record and placed 2nd in the Independent School League behind Morgan Park Academy. The team ended their season losing in the last round of Regionals to Hinsdale Central.

Also facing Latin 4:30 p.m., tomorrow, in Upper Kohler Gym, Kiara Davis, co-captain with Amelia Acosta, both sophomores, believes the team needs to maximize its strong serves to defeat Latin.

“Like varsity, j.v. also has a new coach this year, Kelly Storm, who is a 6th grade humanities teacher at Lab,” Kiara said. “There are 16 girls on j v. and only seven of them are freshmen. There are a lot of new things as a team we have to get used to. We have been really focusing on making our serves over. If the servers don’t go in, the team doesn’t push up.”

With star gone, golfers focus on keeping winning goals
By Kyle Brulke
Editor

Within the expansive groveery of “River Oaks,” U-High’s home golf course in Calumet City, the Maroons have been mastering the unique contours of its emerald fairways in preparation for tomorrow’s match against Lake Forest Academy, 4:30 p.m., away.

Amaising an overall 6-11 record, the Maroons placed 4th in the Independent School League Tournament last season. With the departure of five seniors, including HSAA Class A and Class A State Finals competitor Nick Kugelman, the team is relying on the experience of five upperclassmen combined with the addition of three joining members.

“I’m spending a lot of time getting used to the students and their styles of play,” first-year coach Tony Harris said. “I am up to relying on the most experienced players to teach the new guys. We’ve got a good team with potential for a winning season. Older players are very valuable in this kind of situation.”
U-Highers roam the globe over the summer...and return with tales about memorable experiences

By Dana Affalza
Editor-in-Chief

Panes circle loudly overhead as this one single file moves down the crowded Champs-Élysées. Senior Stephanie Helms, along with Senior Sadie Flack and a group of Parisian singing and waving a tri-colored flag in celebration of Bastille Day on July 14. Studying at the Sorbonne for a month, Stephanie and Sadie are like many U-Highers who flock to Europe this summer vacation.

"On Bastille Day we took the Metro down to the Champs-Élysées to watch a military parade early in the morning," Stephanie said. "We had to squeeze past these barricades to be able to watch the French soldiers march down the street and get to see a good view of the planes and fireworks at the end. It was an unbelievable fireworks show at the Eiffel Tower where I've never seen so many people in one place in my entire life.

"THERE WERE these giant screens which allowed some famous guys singing and had lyrics posted up so that everyone could sing along to certain songs. They even sang songs like 'Diamonds Are A Girl's Best Friend,' so I sang along with everyone. When it was over, they closed the streets and lots of the streets were blocked off so it took forever to make it back to our hotel. We literally walked shoulder to shoulder with thousands of people all trying to get to their destinations places.

As part of Global Young Leaders, a youth leadership organization, Senior Jenny Lewis traveled to Hungary, the Czech Republic, Austria and Slovakia for three weeks in July.

"We visited this farm outside Budapest where I watched and helped on a man gather a large butcher knife to cut a chicken," Jenny said. "Later that night we watched the same man sit around for 10 hours turning long skewers of meat that were skeptical of him over a fire on the same skewers. I had been sitting in a room with a vegetarian for a while before that, but that was the defining moment.

FICA Y THE FLUTE, with the Chicago Youth Symphony Orchestra, Senior Anne Sawyer toured Poland and the Czech Republic, visiting Warsaw, Leipzig, Warsaw and Prague for 10 days in June.

"I think I was most amazed by how friendly Prague was at night," Anne said. "It was surreal, almost like something out of a fairy tale. I would take pictures of every building we passed.

Three days after Anne returned home, she left to study in Oxford, England.

"WE TOOK one field trip to London where we saw the National Gallery and the Tower of London. It was fantastic," Anne explained. "We also visited Stratford to visit Shakespeare's grave. We saw several plays including 'Macbeth' and 'As You Like It,' which had a jungle gym structure for a setting and a production with a modern twist on Hamlet in a small theater!"

In June, nine Middle School and High School students, accompanied by German Teacher Annette Steinbahr, traveled to Germany. Students attended classes at the König- lische Schule and stayed with families for three weeks. Seniors Gretcheng Engel and Becca Foley stayed with the German exchange students who visited U-High last April.

"Becca and I spent most of our free time shopping with our exchange students. An Italian teacher and a Pia on a street called Königstrasse," Gretcheng said. "It's kind of their 'Magnificent Mile' except that there are no cars at all on the street. It's really meant to be this big commercial street with lots of banks and huge high-end boutiques. On one end there is an international train station and an area called Schlosspark where there is this Versailles-like castle. Becca and I would just sleep on the benches there and read German magazines and have conversations over the cedes.

"WE EVEN spent time there instead of in class after I had this really awesome experience with an Italian teacher at the school we visited. I was playing solitary in the corner of the classroom one day and she came up to me and asked if this was how Americans spent their class time. I was so embarrassed that at then on, we went shopping.

Thirteen students, accompanied by Middle School Spanish Teachers Becky Lopez and Beverly Graham, toured Spain on a 13-day trip sponsored by the World Languages Department in June.

"The program that we were with really showed us the culture beautifully," Seniors Lauren Stewart said. "I really enjoyed taking a cooking class in Cadiz where we learned to make a rice dish called Paella. That's something I got to take home with me. It was a great trip. We actually made the dish at home with my family. We also took a salsa dancing class for about three or four hours, which was another breath of the culture. It made me want to takealsa classes here too."

Photo courtesy of Gretchen Engel

ON THEIR last day in Germany, Gretchen Engel and Becca Foley visit the gardens of a small island on Lake Constance with their exchange students.

Fourty-five U-Highers join student body

By Dana Affalza
Editor-in-Chief

Forty-five new students were expected to start school at U-High today, most in the last decade. By grade, enrollment is as follows: Seniors 127; juniors, 133; sophomores, 138; and freshmen, 133. New to U-High are the following:

LOS MIERES - Estefania Mejia

CARRASCO - Cadiz Cristo, Julio Goldsmith-Pinkham, Julian Lee


Freidhaim who is returning to the Lab Schools after Middle School is Ken Evenson, Oded Polerno and Daiva Pravitz.

Cafeteria

(continued from front page)

zero trans fat and oil and pizza is put on whole wheat crust rather than white wheat.

In addition to changing the food, Aramark also has changed the ways meals can be bought. Meal plans come in quantities of 30, 100 and 150 meals, with plan holders being able to use only one meal a day. Flex spend dollars can also be purchased, money added to the plan holders' accounts to be used in either the cafeteria or for meals.

"Everyone is going to have a PIN number with their meals flex spend account attached to it," Mr. Jagow said. "Each person can only use their meal plan to get one meal a day, which means an entire, two sides and a beverage. Flex spend meals can be added either by bringing a check to school or online through an account parents can sign up for. Once the account balance falls below a certain amount, we'll send out an e-mail and a letter notifying the parent. It's a really flexible system that allows people to have lots of options at a great convenience."

Senior Yearbook photos to be taken early next month

Seniors can start practicing their smiles for when their portraits are taken early next month for the 2008 U-Highlights. All seniors will be photographed by Blaine Hall 8:30 a.m. to 10:30 p.m. Monday, October 8 through Friday, October 12.

Seniors will be photographed 8 a.m. to 3:30 p.m. Thursday, October 4 in the Journalism Office, Judd 14, through the door at the west end of the cafeteria.

School stations will also be photographed. All students will receive order forms either at home or at school.

The 2007 yearbook, edited by Senior Iwen Xu and '07 graduate Michael Hernandez, is expected to be delivered early next month. The staff worked on the book through August 20, two months longer than expected.

"Readers will understand why when they see the yearbook," Michael said.

The 2008 editors-in-chief are Ben Picker and Rebecca Steuer.

OPEN HOUSE - Students visiting the Lab Schools for Recruitment Open House, Sunday, October 1, may find themselves helping decision making for their school community. A representation for both Lab Notes, the alumni newsletter, and Lab Directions, the parent newsletter, Lab Life was created to focus the resources and time required by both publications towards one project.

The freshly-designed, all-color publication will help get more current information out to everyone in the Lab Schools community, believes editor and '81 U-High graduate (and U-Highlights editor-in-chief) Catherine Yvarien Brandle, Managing Editor.

"We're going to be writing about things that are relevant across the board in terms of parents and alumni," Ms. Brandle said. "We're still going to have many of the features of both previous publications, but a lot more, too. There will be a Class Notes section with alumni news as well as features on outstanding faculty, alumni, parents and students.

"We're even going to pull from a column from a recent issue of the Midway. There is always so much happening to exemplify the rich and vibrant life at the Lab Schools, so try and capture it all is very exciting.

RETREATS ABOUND - Attempting a myriad of team-building activities, the freshman class went on a Getaway last week as part of an attempt to get everyone acquainted before the school year got under way.

The event was created three years ago to give freshmen coming from other schools an opportunity to meet their classmates. This year it took place August 31, as before, at Camp Duncan YMCA in northwest suburban Ingleside.

"It's just a day to get to know, but as a class," said Dean of Students Mr. Getaway is another chance for people to get to know each other and maybe even strike up a building friendship.

Repositioned from the end of the week, Sophomore Retreat will take place Monday, September 24-Wednesday, September 26. In addition to U-High, Getaway is designed to avoid Ron Hashahash and Yom Kippur, according to Mr. McFarlane.

"We have lots more voluntary opportunities this year that we're really excited about," Mr. McFarlane said. "Hopefully we can come back without being exhausted."